

American Heart Association Heartsaver First Aid Course

Course Description

Heartsaver First Aid Online is a self-directed course that uses interactive lessons and videos to teach you comprehensive first aid knowledge. This program is for anyone with limited or no medical training who needs an AHA course completion card. You will learn:

- First aid basics
- Medical emergencies
- Injury emergencies
- Environmental emergencies

First Aid instruction includes bandaging, bleeding, wounds, choking, shock, seizure, fainting, broken bones, sprains, burns, bites, stings, poison, and temperature-related conditions, to name a few.

Intended Audience: Anyone wishing to know about First Aid.

Purchase: Course may be purchased on line: <http://www.onlineaha.org/courses>

Select Heartsaver First Aid Online Part 1

Cost: \$28.00 for on-line part 1. Cost of Part 2 Skills Check-off is free to SPH employees, \$35.00 for non-employees.

Part 2 Skills Check-off: Contact SPH Education Department for a required skills check-off. This should take approximately 15 minutes and consists of demonstrating “Removing Gloves, Finding the Problem, Using an EpiPen, Stopping Bleeding and Bandaging”.

Upon successful completion of Part 1 and Part 2, an AHA First Aid card will be issued.