



# Trauma Informed Care: ACEs are not Destiny

## Compassionate Community Workshop: Understanding & Responding to Trauma

Training jointly provided by the **Alaska Resilience Initiative** in partnership with **The National Council for Behavioral Health**, **Southern Kenai Peninsula Resilience Coalition**, and **South Peninsula Hospital**.

Location: Land's End Quarter Deck Conference Room			
Date	Time	Nursing Contact Hours	Audience
September 29	3:30pm - 7:30pm	3	Open to community members – required for TIC-CITs
September 30	9:00am - 5:30pm	3.25	Required & open to TIC-CITs only

**Presenters:** Karen Johnson, MSW, LCSW, Director of Trauma-Informed Services and Linda Henderson-Smith, PhD, LPC, Director of Children and Trauma Informed Services.

**Target Audience:** Nurses, Care providers, Trauma-Informed Care Learning Community Core Implementation Teams (TIC-CITs)

**Description:** Trauma is a near universal experience of individuals who seek assistance from health care providers. An individual's experience of trauma impacts every area of human functioning — physical, mental, behavioral, social, and spiritual. It is now the expectation that all health care workers and community service providers view the people they serve through the trauma lens and competently intervene in this area. The good news is that trauma is treatable and organizations can become trauma-informed in order to best meet the needs of the people they serve. This training teaches participants about trauma, its prevalence and impact, including the latest information on trauma and the brain. Participants learn about trauma-informed approaches, the seven domains of a trauma-informed care organization, how trauma impacts the work force and ways to build resilience among staff.

**Learning Objectives:** At the end of this training, participants will:

1. Be able to define trauma;
2. Be aware of the prevalence of trauma;
3. Increase understanding of the ACEs study;
4. Be aware of the how trauma impacts the human stress response;
5. Be able to describe a trauma-informed practice and organization;
6. Be aware of the signs of compassion fatigue and ways to build staff resilience;
7. Be aware of the National Council's 7 Domains of Trauma-Informed Care.

**Criteria for Successful Completion for Nursing Contact Hours:**

- Attend September 29, 3:30p – 7:30 p (3 contact hours)
- Attend September 30, 9:00a – 1:00p (3.25 contact hours)

NOTE: this day is for TIC-CITs only

- Sign the roster each day
- Fill out the evaluation each day

**To register for September 29 event:**

- Go to [www.sphosp.org](http://www.sphosp.org)  
Follow link under community events
- SPH employees go to SIS  
Follow link on homepage



**Disclosure:** The presenters and planners have identified no conflict of interest for this activity.

*South Peninsula Hospital is an approved provider of continuing nursing education by the Montana Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation*