



## Lifeline: Peace of Mind with the Push of a Button

Lifeline is a telephone system that can be accessed with the push of a button in the event of an in-home emergency.

With Lifeline, individuals living alone have the confidence of knowing help is a button push away, while friends and family can rest assured that their loved ones are safe and secure in their home.

For more information, visit [www.sphosp.org/services/home-health-services](http://www.sphosp.org/services/home-health-services) or call our office at (907) 235-0369.

*Note: HomeSafe with AutoAlert Cellular connection is not available in this area.*

## Contact Us

We are located at 203 W Pioneer Avenue in Homer. Our phone number is (907) 235-0369.

A referral from your provider is required to access Home Health services. For more information, contact Ivy Stuart, Home Health director, at (907) 235-0297, or speak with your primary health care provider to request a referral.



South  
Peninsula  
Hospital

Home Health Services

203 W Pioneer Ave., Homer, AK 99603  
Phone: (907) 235-0369 • Fax: (907)  
235-0810 [sphosp.org](http://sphosp.org)

## Home Health Services



Live Alone with Confidence



South  
Peninsula  
Hospital



## Independence for Home-Bound Individuals

South Peninsula Hospital Home Health is a network of programs designed to meet the needs of elderly and disabled home-bound individuals choosing to remain at home in their community.

Our goal is to help clients become independent in their homes by providing:

- Disease process education/teaching
- Wound care
- Ostomy care
- Observation and assessment
- Medication management

## Home Health Services

We work closely with each client, their family, physicians and other agencies to provide an individualized care plan for people of all ages. Based on each client's care plan, we provide intermittent skilled services as prescribed by their physicians.

Our services include:

- Skilled nursing care
- Physical therapy
- Speech therapy
- Occupational therapy

## Skilled nursing:

- Wound care
- Medication management
- Disease education/teaching
- Caregiver training

## Physical therapy:

- Home exercise programs
- Fall prevention
- Gait/transfer training
- Caregiver training
- Recommendation of durable medical equipment

## Occupational therapy:

- Increase independence and improve daily life activities
- Improve quality of life through meaningful activities
- Adaptive equipment recommendations
- Environmental assessments
- Caregiver training

## Speech therapy:

- Restore function in communication, cognition and swallowing difficulties
- Caregiver training

... and much more!

