

# Frequently Asked Questions

## How do I get my results?

Test results can be viewed and downloaded on the South Peninsula Hospital Patient Portal within 24 hours from the time of your visit. Or, if you choose, your results will be mailed to you within one week from the date of your visit.

## What if a result is significantly abnormal?

A member of the laboratory staff will contact you directly by phone and/or send the results via certified mail to the address you have provided. That is why it is important that you provide up-to-date information at registration.

## What do I do if I am contacted about a test result considered significantly outside the normal range?

A result significantly outside the normal range indicates a immediate need for follow-up with your physician because of potentially significant health concerns. You will be advised to seek medical attention **IMMEDIATELY**.



Services and materials are provided by South Peninsula Hospital for information purposes only and are not a substitute for medical advice, diagnosis or treatment.

## Should I continue to take my medicine before getting my test?

Absolutely. It is important that you continue to take any medication as prescribed. If you have diabetes, you should follow your normal medication and eating patterns.

## Should I tell my doctor about my results?

Yes. We strongly recommend that you discuss these results with your personal physician. They draw on medical training and experience to diagnose disease using lab tests in addition to other factors, including medical and family history. You should discuss the results of your test for appropriate follow-up which may include treatment.

## Will the hospital send a copy of my results to my physician?

No. You will be responsible for providing this information to your health care providers.

## Do I need to fast?

The lab staff will provide you with this information based on the tests you request. (Fasting means you do not consume anything except water, plain tea, or black coffee—no juices.)

**Call 24 hours in advance of your visit.**

**DIABETICS NOTE: Do not fast. Follow your normal medication and eating patterns.**

**SOUTH PENINSULA HOSPITAL**  
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South Peninsula Hospital  
**LABORATORY**

**REQUEST-A-TEST**



South  
Peninsula  
Hospital

# SOUTH PENINSULA HOSPITAL LABORATORY

**Monday - Friday**

8:00 am to 6:30 pm

**Saturday**

8:00 am to 2:00 pm

**Phone:** (907) 235-0338

**Location:** *Upper level of the hospital—use the main entrance.*

Payment is required at the time of service. We accept cash, personal checks and credit cards.



If you choose to submit the claim to your insurance company, we will be happy to provide you with a receipt.

Registration at the hospital front desk is required prior to your visit to the lab.

## Tests Provided by Request-A-Test

### **Comprehensive Metabolic Panel**

Includes liver and kidney function testing, diabetes screen and electrolytes.

### **Lipid Panel**

The blood's "fats": cholesterol, triglycerides, LDL (the "bad" cholesterol) and HDL (the "good" cholesterol). This data is used to calculate your **cardiac risk factor**, or LDL/HDL ratio.

### **TSH (Thyroid Stimulating Hormone)**

A screening test for thyroid function, important to a variety of metabolic functions in the body.

### **Glucose**

The blood sugar level. A screen for hyperglycemia (high) or hypoglycemia (low) blood sugar level.

### **Hemoglobin A1C**

A test to monitor the glucose control of diabetics over the last 2-3 months.

### **CBC (Complete Blood Count)**

Checks hemoglobin, hematocrit, & red blood cell counts—indicators of anemia. Provides the white blood cell count, which can indicate the presence of an infection.

### **Vitamin D**

Tests Vitamin D level. Among other functions, Vitamin D aids in the absorption of calcium, helping to form and maintain strong bones.

### **Urinalysis**

A screening test for metabolic and kidney disorders and urinary tract infections.

### **Pregnancy Test (Blood/Urine)**

### **Quick Screen for Strep Throat**

### **Blood Type (Includes ABO/Rh)**

### **PSA (Prostate Specific Antigen)**

A method of screening for prostate cancer.

### **Drugs of Abuse Urine Screen**

Screen for THC, cocaine, amphetamine, methadone, barbiturates, benzodiazepine, opiates, PCP, methamphetamines, tricyclics, and acetaminophen/paracetamol.

### **Chain of Custody Drug Screening (NIDA Certified)**

For pre-employment or Coast Guard Licensure.



### **PREPARE FOR YOUR TEST:**

#### **Lipid Panel:**

Need to fast for 10-12 hours.

#### **Blood Tests:**

Wear sleeves that roll up easily.

#### **Urine Tests:**

Be prepared to provide a urine sample.