

# Rotary Health Fair Blood Test Options

Below are brief descriptions and costs of the laboratory tests offered. The explanations are not meant to provide a diagnosis; rather offer a brief explanation of the specific tests and some medical conditions they may indicate.

**Wellness Package (save \$10!) \$170 (regular price \$626)**

**Includes:**

- **Basic Panel** – Chemistry Panel, Lipid Panel, Hemogram
- **TSH** – Thyroid Stimulating Hormone
- **Vitamin D Level**

**Basic Panel (part of Wellness Package) \$55 (regular price \$361)**

- **Chemistry Panel** – blood sugar, electrolytes, liver & kidney function
- **Lipid Panel** – cholesterol, triglycerides, LDL, HDL
- **Hemogram** – white and red blood cell count, platelet count, hemoglobin, hematocrit

**TSH (part of Wellness Package) \$50 (regular price \$115)**

This screening provides information on thyroid function; important to a variety of metabolic activities in the body.

**Vitamin D Level (part of Wellness Package) \$75 (regular price \$150)**

Vitamin D helps in the maintenance of normal levels of calcium & phosphorous. Aids in calcium absorption which helps to form and maintain strong bones. May provide protection from osteoporosis, hypertension, cancer and some autoimmune diseases.

**Cardiac CRP \$55 (regular price \$123)**

This tests a protein that increases during systemic inflammation, and may be used by clinicians to help inform treatment for patients with moderate to high risk factors for cardiovascular disease.

**PSA – Prostate Specific Antigen (Men) \$50 (regular price \$131)**

PSA is one method of screening for prostate cancer. *The decision to have a PSA blood test should be made after discussing screening information with your medical provider.*

**Hemoglobin A1C \$50 (regular price \$120)**

Hemoglobin A1C indicates your average blood sugar level for the past two to three months. The higher your blood sugar levels, the higher the A1C. The results may be used in conjunction with other blood tests for the diagnosis of prediabetes (levels between 5.7-6.4%) or diabetes (6.5% or higher).

**Thyroid Free T4 \$55 (regular price \$167)**

Free T-4 level (especially combined with TSH test) helps evaluate thyroid function.

**Testosterone \$55 (regular price \$130)**

Main sex hormone in men. Levels normally drop with age; however, result can help diagnose other health concerns.

**Hepatitis C Screening \$50 (regular price \$162)**

This screening tests for antibodies to the Hepatitis C virus. *Positive result can mean an acute or chronic infection and requires follow up testing with primary medical provider.*

**\* PLEASE DISCUSS LAB RESULTS WITH YOUR HEALTH CARE PROVIDER \***

Check out the website [www.labtestsonline.org](http://www.labtestsonline.org) for a comprehensive explanation of tests.