

# Homer Area Support Group & Resources Guide



updated: March 2020

**CALL 911 IN AN EMERGENCY**

**CARELINE: 877-266-HELP (4357)**

Alaska's Suicide Prevention & "someone to talk to" 24-hour confidential free helpline. **More info:** [carelinealaska.com](http://carelinealaska.com)

## 12-Step Groups

Free to attend. Most meetings are open to anyone unless noted as "Closed". Please contact them for more information.

### Alcoholics Anonymous:

**24-Hour Kenai Peninsula AA Info/Helpline:**  
**(907) 283-5722**

#### Anchor Point Alcoholics Anonymous

Contact: (907) 299-3317  
**Sundays, 2:00pm-3:00pm,**  
**Wednesdays & Fridays, 7:00pm-8:00pm**  
Chamber of Commerce Building  
34358 Old Sterling Hwy., Anchor Point

#### Homer End of the Road Group

Contact: (907) 283-5722  
**Daily, Noon-1:00pm & 8:00pm-9:00pm**  
126 W. Pioneer Ave, Suite #1, Homer

#### Homer Unity Group

Contact: (907) 283-5722  
**Tues, Thurs, & Fri, 6:30pm-7:30pm**  
Homer United Methodist Church  
770 E End Rd., Homer

#### Living in the Solution Women's AA Meeting

Contact: (907) 299-4073  
**Mondays, 5:30pm-6:30pm (Open Meeting)**  
**Wednesdays, 6:30-7:30pm (Closed Meeting)**  
Homer United Methodist Church  
770 E End Rd., Homer

#### Ninilchik Group

Contact: (907) 953-0273  
**Tues. & Thurs., 7:00-8:00pm**  
St. Peter the Fisherman Methodist Church  
15811 Sterling Hwy., Ninilchik

#### Seldovia Group

Contact: (907) 399-8223  
**Wednesdays, 5:30-6:30pm**  
Seldovia Bible Chapel  
357 Iliamna St., Seldovia

### Al-Anon Family Groups

An anonymous fellowship for friends & families of alcoholics.

Contact: (907) 299-2028

**Tuesdays, Noon - 1:00pm**  
**Thursdays, 5:30 - 6:30pm**

Homer United Methodist Church  
770 E End Rd., Homer

### Co-Dependents Anonymous

An anonymous fellowship of people with a common purpose to develop healthy relationships.

Contact: (907) 756-3104

**Sundays, 6:00pm - 7:00pm**  
**Wednesdays, Noon - 1:00pm**

Homer United Methodist Church  
770 E End Rd., Homer

### Narcotics Anonymous:

**Alaska Region of Narcotics Anonymous**  
**Statewide Info/Helpline: (866) 258-6329**

#### Ninilchik Group

Contact: (907) 258-6329  
**Mon. & Wed., 7:00-8:00pm**  
St. Peter the Fisherman Methodist Church  
15811 Sterling Hwy, Ninilchik

#### North Pioneer Group

Contact: (907) 258-6329  
**Thurs. & Sat., 7:00-8:00pm**  
Homer Christian Church,  
865 E. End Road, Homer

### Overeaters Anonymous

For people with problems related to food.

Contact: (907) 299-6404

**Fridays, Noon - 1:00pm**

Homer United Methodist Church  
770 E End Rd., Homer

### Sex and Love Addicts Anonymous

A 12 step program designed to live life without acting out.

**Please contact for location/information:**

By phone: (907) 843-1290

or email: [safehavenhomer@gmail.com](mailto:safehavenhomer@gmail.com)

**Thursdays, 7:00pm - 8:00pm (Closed Meeting)**

## Non 12-Step Support Groups

Free to attend; led by fellow members.  
Please contact them for more information.

### Bereavement/Grief Support Group

Open to those suffering loss and experiencing bereavement.

Contact: (907) 235-6899

**Tuesdays, 12:00pm-1:00pm**

Hospice of Homer  
265 E. Pioneer Avenue, #3, Homer

### Caregiver Support Group

For family members involved in giving care for loved ones.

Contact: (907) 235-4555

**2nd & 4th Thursdays monthly, 2:00pm-3:30 pm**

Homer Senior Center  
3935 Svedlund St., Homer

### Parent-to-Parent Support Group

A safe, confidential place for those affected by their child's or grandchild's opiate addiction.

Contact: (907) 299-0541

**Call for meeting locations/times**

### Parkinson's Support Group

For people with Parkinson's and their caregivers.

Contact: 235-6349

**1st Friday monthly, 1:00pm**

Homer Senior Citizens Center  
3935 Svedlund St., Homer

### Postpartum Mothershare

A free support group for all postpartum mothers & babies.

Contact: (907) 299-7133

**Mondays, 3:30pm-5:00pm**

Homer Birth & Wellness Center  
3902 Shelford St., Homer

### Widows Support Group

For women who have experienced the loss of a spouse or life partner.

Contact: Pam - (907) 235-3698

**Saturdays, 10:30am-11:30am**

Hospice of Homer  
265 E Pioneer Ave. #3, Homer

To request a PDF or printed copies, and to add or change info contact:  
[wellness@sphosp.org](mailto:wellness@sphosp.org)  
or (907) 235-0970

## South Peninsula Haven House

3776 Lake St #100, Homer  
(907) 235-7712

Emergency shelter for women affected by domestic violence/sexual assault & their children.

Services for men available: call (907) 235-7712

**24-hour Help Line: (907) 235-8943**

[havenhousealaska.org](http://havenhousealaska.org)

## CICADA (Cook Inlet Council for Alcohol and Drug Abuse)

1230 Ocean Drive, Homer  
(907) 235-8319

Alcohol & drug abuse treatment services for adults & adolescents. Offices in Homer & Kenai.

**More info at** [www.alaskacicada.org](http://www.alaskacicada.org)

## South Peninsula Behavioral Health Services Support Groups

Supportive process groups facilitated by a therapist that include a short intake process. Can be billed to Medicaid, all forms of insurance, or paid for on a sliding scale.

**Call (907) 235-7701 or inquire at:**  
**3948 Ben Walters Ln., Homer**

**Anger Management & Addiction**—Focused on addiction & managing anger.

**Seeking Safety**—A women-only group focused on trauma, addiction & recovery.

**LGBTQ Support Group**—Support & discussion in a safe environment for adults.

**Depression & Anxiety**—Developing the skills to overcome symptoms of depression & anxiety.

## Opioid-Related Resources

### The Exchange

Safe, confidential resource for clean needles, used needle disposal, free naloxone kits & referrals for free HIV/Hepatitis C testing.

**Contact by phone (907) 235-3436 or**  
**Email: [homerexchange@gmail.com](mailto:homerexchange@gmail.com)**

**1st & 3rd Tuesdays monthly, 5:00pm - 7:00pm**  
SPH Training Center, 203 W. Pioneer Ave, Homer

### Narcotics Anonymous Meeting (HOMER)

Contact: (907) 748-7005

**Thursdays & Saturdays, 7:00pm - 8:00pm**  
Homer Christian Church, 865 E End Rd., Homer

### Ninilchik Narcotics Anonymous Meeting

Contact: (907) 631-8912

**Mondays & Wednesdays, 7:00pm - 8:00pm**  
St. Peter the Fisherman United Methodist Church  
15811 Sterling Hwy., Ninilchik

### Alaska Region of Narcotics Anonymous

A nonprofit fellowship of men and women for whom drugs had become a major problem.

**Statewide Help Line 1-866-258-6329**  
[www.akna.org](http://www.akna.org)

## NTC Recovery Outreach Medication Assisted Treatment Programs

**(907) 740 - 3330**

**Offices in Homer & Ninilchik**

**Medication Assisted Treatment Programs (MAT)** for adults experiencing **substance use disorder**.

Substance use disorder assessments available.

**Call or text Annette at (907) 740-3330**

## Southern Kenai Peninsula Opioid Task Force

All are invited to participate. Please email [skpoidtaskforce@gmail.com](mailto:skpoidtaskforce@gmail.com) to participate.

**More info: (907) 756-3780**

**Visit on Facebook**

[@SKPOpioidTaskForce](https://www.facebook.com/SKPOpioidTaskForce)

## Nar-Anon Family Groups

Worldwide fellowship & 12-step program for those affected by someone else's addiction.

[www.nar-anon.org](http://www.nar-anon.org)

## Parent-to-Parent Support Group

For those affected by their child's or grandchild's addiction. Contact: (907) 299-0541

**Call for meeting locations/times**