



South Peninsula Hospital
Long Term Care
4300 Bartlett Street
Homer, AK 99603
(907) 235-0233

Long Term Care

Dear Resident, Family Member, and/or Legal Representative:

Friday, October 16, 2020

The LTC facility had another employee test positive for COVID-19. And, as you know from my letter on October 11, because of the last positive employee and the COVID-positivity rate on the Kenai Peninsula, we have returned to Phase I. This phase requires total lockdown of the facility and very restricted visitation. As a result of the positive employee test yesterday, we are again following the State Department of Epidemiology recommendations for testing. We are now required to test all employees and persons serving the LTC facility from SPH on a weekly basis.

STATE ALERT LEVELS – The current statewide [alert level](#), based on the average daily case rate over 14 days per 100,000 population, is high at 22.18 per 100,000. Regional alert levels are noted as **High** (>10 cases/100,000)

- **Kenai Peninsula Borough: 10.04 per 100,000 population**

Daily health screens including temperature checks for all staff continue. Twice daily temperature checks for all residents continues and we closely monitor for any sign or symptom of viral illness.

We ask that each of you supporting a loved one in the LTC facility and your community pay careful attention to the information published by State of Alaska Department of Public Health:

- *Do the 3 W's: Wear a mask, watch your distance, and wash your hands.*
- *Avoid the 3 C's: Crowded places, close contact settings and confined/enclosed spaces. Keep contacts limited and social circles small. Avoid indoor gatherings.*
- *Don't ride in cars with people who are not in your household bubble.*
- *Limit your errands/outings.*
- *Watch out for COVID-19 symptoms. Get tested even if you have just one symptom or mild symptoms.*
- *Don't be around others if you are not feeling well. Stay home and isolate immediately.*
- *If you test positive, let close contacts know so they can protect others.*
- *Quarantine quickly if you are exposed to COVID-19, for a full 14 days.*
- *Consider getting tested 5-14 days after any possible exposure.*
- *Protect our health care system – get your flu shot, stay safe.*

Please call us with questions. We appreciate your patience as we keep the residents safe.

Respectfully,

Barbara L. Bigelow, LTC Administrator
907.821.1990

c: Cathy Myers, MSN, RN-BC; Director of Nursing (907.235.0230)
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SPH Public Website **Modes of Communication for this publication: SPH website and US Mail/email**

