

Homer Area Support Group & Resources Guide

updated: December 2021



Nonprofit Organizations with Support Groups or other services & resources

CICADA (Cook Inlet Counseling)
1230 Ocean Drive, Homer
(907) 235-8319

Substance use disorder treatment services for adults & adolescents. Offices in Homer & Kenai.
More info at www.alaskacicada.org

Homer R.E.C. Room
3957 Nielsen Circle, Homer
(907) 235-3436

Youth resource & enrichment co-op offering a variety of events & support for ages 12-18. **Adult staff always present during events & hangouts.**

[f RECRoom.HomerPeerEducators](https://www.facebook.com/RECRoom.HomerPeerEducators) [i recroomhomer](https://www.instagram.com/recroomhomer)
recroom@kbfpcc.org • homerrecroom.org

LGBTQ+ Virtual Hangout

Wednesdays, 4:30pm-5:30pm for LGBTQ+ youth ages 12-18 (with a licensed SPBHS therapist).

Set Free Alaska, Inc.—Homer
1130 Ocean Drive, Suite A
Office: (907) 235-4732
Men's Residential Program (907) 235-4733

Outpatient substance use disorder treatment services for men & women, and a men's only residential treatment facility located in Homer.

More info at setfreealaska.org

South Peninsula Behavioral Health Services Support Groups

These therapist-facilitated supportive process groups are for **adult** SPBHS clients only, requiring a short intake process to get started.

Office: (907) 235-7701

After-hours/Weekend Mental Health Clinician: (907) 235-0247

More info at spbhs.org

Anger Management & Addiction

Managing the anger that often surrounds addiction.

LGBTQ Support Group

Support & discussion in a safe environment for adults.

Depression & Anxiety

Overcoming symptoms of depression & anxiety.

South Peninsula Haven House
3776 Lake St #100, Homer
Office: (907) 235-7712
24-hour Help Line: (907) 235-8943

Emergency shelter, crisis intervention, child advocacy center & resources for people affected by domestic violence or sexual assault.

More info at havenhousealaska.org

For Families & Friends

Nar-Anon Family Groups

Worldwide fellowship & 12-step program for those affected by someone else's addiction.

www.nar-anon.org

Parent-to-Parent Support Group

For those affected by their child's or grandchild's opiate addiction.

Contact Annie: (907) 299-0541
or Jane: (907) 299-0608

Medication for Addiction Treatment Services

Assessments and Medication Assisted Treatment Programs (MAT) for adults experiencing substance use disorder, including alcohol.

Homer Medical Center MAT Program

Call or text (confidential): (907) 299-1264
4136 Bartlett Street, Homer

NTC Recovery Outreach

Contact Annette (confidential): (907) 740-3330
Offices in Homer and Ninilchik

All Things Addiction Coalition

(Southern Kenai Peninsula Opioid Task Force)

Local organizations & community members working together to address issues around addiction. Anyone can participate!

Email skpopioidtaskforce@gmail.com or call (907) 756-3780 or to get involved.

More info at allthingsaddiction.net and on Facebook: [f SKPOpioidTaskForce](https://www.facebook.com/SKPOpioidTaskForce)

Careline Alaska: 877-266-HELP (4357) Alaska's 24-hour confidential, free suicide prevention & "someone to talk to" helpline.

More info: carelinealaska.com

CALL 911 IN AN EMERGENCY

To add or change info, or request copies—contact: wellness@sphosp.org

12 Step Groups

Alcoholics Anonymous:

Kenai Peninsula AA Info/Helpline:
(907) 283-5722

aakenaipeninsula.org - meeting schedule (including online meeting info)

Anchor Point Alcoholics Anonymous

Contact: (907) 299-3317 for men
or (907) 299-0214 for women
Sundays, 2:00pm - 3:00pm,
Wednesdays & Fridays, 7:00pm - 8:00pm
Anchor Point Chamber of Commerce Building
34358 Old Sterling Hwy., Anchor Point

Homer End of the Road Group

Contact: (907) 235-6822
Meeting in person daily and online via Zoom
(info at link above)
Noon - 1:00pm & 8:00pm - 9:00pm
126 W. Pioneer Ave Suite #1, Homer

Homer Unity Group

Contact: (907) 299-6226
Tues, Thurs, & Fri, 6:30pm - 7:30pm
Regular Zoom meetings (info at link above),
contact for in-person meeting information.

Living in the Solution Women's AA Meeting

Contact: (907) 299-4073
Meeting in person and online via zoom
(online meeting info at link above)
Wednesdays, 6:30pm - 7:30pm (Closed)
126 W. Pioneer Ave Suite #1, Homer

Ninilchik Group of AA

Contact: (907) 953-0273
Tues. & Thurs., 7:00pm - 8:00pm
St. Peter the Fisherman Methodist Church
15811 Sterling Hwy., Ninilchik

Seldovia Group of AA

Contact: (907) 399-8223
Wednesdays, 5:30pm - 6:30pm
Seldovia Bible Chapel

Non-12 Step Support Groups

Caregiver Support Group

For those involved in the care of loved ones: guest speakers, caregiver training, & support network.

Contact: (907) 235-7655
2nd & 4th Thursdays, monthly, 2:30pm - 3:30pm
Homer Senior Citizens Center (back entrance)
3925 Svedlund St., Homer

Hospice of Homer Bereavement Support

For anyone suffering loss or experiencing bereavement.
Hospice of Homer, E Pioneer Ave #3

Contact: (907) 235-6899

Widows Support Group

For women who have lost their spouse or life partner.
Every other Tuesday, **1pm-2pm**

Parents Bereavement Group

For parents who have lost a child or children.
Every over Saturday, **1pm-2pm**

Parent-to-Parent Support Group

For people affected by their child's or grandchild's opiate addiction.
Contact for info: Annie at (907) 299-0541
or Jane at (907) 299-0608

Parkinson's Support Group

For people diagnosed with Parkinson's and their caregivers.
Contact for info: (907) 235-7655

Al-Anon Family Groups

For friends & families of alcoholics.

Contact: (907) 299-2028
Meeting online via Zoom, visit al-anon-ak.org or contact for more information.

Co-Dependents Anonymous

An anonymous fellowship whose common purpose is to develop healthy relationships.

Contact: (907) 399-6243
Meeting in person (contact for info)
Homer United Methodist Church
770 E End Road, Homer

Step Into Freedom Group of Narcotics Anonymous (Homer)

Contact: (907) 756-3530
Mondays, 7:30 - 8:30pm
Thursdays, 7pm - 8pm
Glacierview Baptist Church (outbuilding)
960 E. End Rd., Homer

Overeaters Anonymous

For people with problems related to food.
Contact: (907) 299-6404
Meeting online via Zoom—visit alaskaooa.org or call for more information.

Sex and Love Addicts Anonymous

A 12-step program for living life without acting out.
Please contact for location/information:
By phone: (907) 843-1290
or email: safehavenhomer@gmail.com
Thursdays, 7:00pm - 8:00pm (Closed Meeting)

Opioid-Related Resources

The Exchange (Megan's Place)

Safe, confidential resource for clean needles, used needle disposal, **free naloxone (overdose) kits**, referrals for **free HIV & Hepatitis C testing**.

Phone: (907) 841-7204
Email: homerexchange@gmail.com
1st & 3rd Tuesdays monthly, 5:00pm - 7:00pm
SPH Training Center, 203 W. Pioneer Ave, Homer

Step Into Freedom NA Meeting

Mondays, 7:30 - 8:30pm
Thursdays, 7pm - 8pm
Glacierview Baptist Church (outbuilding)
960 E. End Rd., Homer
Contact: (907) 756-3530

Alaska Region of Narcotics Anonymous

A nonprofit fellowship of men and women for whom drugs had become a major problem.
Statewide Help Line 1-866-258-6329
www.akna.org