

Nonprofit Organizations with Support Groups or other services & resources

South Peninsula Behavioral Health Services Groups

Supportive process groups for adult (18+) SPBHS clients, facilitated by mental health professionals. A brief intake process is all that's required to get started; costs can be billed to insurance or paid on a sliding scale.

Office: (907) 235-7701

After-hours/Weekend Mental Health Clinician:
(907) 235-0247 (call 911 in an emergency)

More info at spbhs.org

Anger Management & Addiction

Learning to manage issues of anger around addiction.

Depression & Anxiety

Developing the skills to manage your symptoms.

LGBTQ Support Group

Support & discussion in a safe environment.

South Peninsula Haven House

3776 Lake St #100, Homer

Office: (907) 235-7712

24-hour Confidential Help Line: (907) 235-8943

Emergency shelter, crisis intervention & resources including legal advocacy for women affected by domestic violence/sexual assault & their children. Services for men available - call office to inquire.

More info at havenhousealaska.org

Homer R.E.C. Room

3957 Nielsen Circle, Homer

Youth resource & enrichment co-op offering a variety of events & support for ages 12-18. Adult staff always present during events & hangouts.

(907) 235-3436 • recroom@kbfpc.org

[f homerrecroom](https://www.facebook.com/homerrecroom) [i recroomhomer](https://www.instagram.com/recroomhomer)
homerrecroom.org

Unicorn Union (LGBTQIA+ Group)

Thursdays, 5:00pm-6:00pm for LGBTQ+ youth ages 12-18 (with REC Room coordinator & a licensed SPBHS therapist). Contact Sierra at (907) 235-3436 or by email (above) for location and info.

Opioid-Related Resources

The Exchange (Megan's Place)

Safe, free & confidential resource for clean needles, used needle disposal, free naloxone (overdose) kits & training, referrals for free HIV & Hepatitis C testing.

Phone: (907) 841-7204

Email: homerexchange@gmail.com

1st & 3rd Tuesdays monthly, 5:00pm - 7:00pm
SPH Training Center, 203 W. Pioneer Ave, Homer

Narcotics Anonymous Meetings

Step Into Freedom NA Meeting

Thursdays, 7:00pm-8:00pm

Glacierview Baptist Church (outbuilding)
960 E. End Rd., Homer

Contact: (907) 756-3530

For Families & Friends

Nar-Anon Family Groups

Worldwide fellowship & 12-step program for those affected by someone else's addiction.

www.nar-anon.org

Parent-to-Parent Support Group

For those affected by their child's or grandchild's addiction. Contact Pamela: (907) 299-3606 or Jane: (907) 299-0608

Medication for Addiction Treatment Services

MAT is available for adults experiencing substance use disorders (including alcohol).

Homer Medical Center MAT Program

Call or text (confidential): (907) 299-1264
4136 Bartlett Street, Homer

NTC Recovery Outreach

Contact Annette (confidential): (907) 740-3330
Offices in Homer and Ninilchik

All Things Recovery Coalition

Working together to address addiction issues and support recovery. **Anyone can participate!**

Email skpallthingsrecovery@gmail.com

or call (907) 756-3530 to get involved.

More info at allthingsrecovery.org

Homer Area Support Group & Resources Guide



Careline Alaska: 877-266-HELP (4357)
Alaska's suicide prevention & "someone to talk to"
24-hour confidential free helpline.

More info: carelinealaska.com

CALL 911 IN AN EMERGENCY

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12-Step Groups

Alcoholics Anonymous:

Kenai Peninsula AA Info: (907) 283-5722

aahomer.org - local meeting schedules & info

Anchor Point Alcoholics Anonymous

Contact: (907) 299-3317

Mon, Wed, & Fri, 7:00pm-8:00pm

Anchor Point Chamber of Commerce Visitors Center
34175 Sterling Hwy., Anchor Point

Homer End of the Road Group

Contact: (907) 235-6822

Meeting in person daily, noon-1pm and 8-9pm

126 W. Pioneer Ave. Suite 1, Homer

Homer Unity Group

Contact: (907) 299-6226

Tues, Thurs, & Fri, 6:30pm-7:30pm

On Zoom (info at aahomer.org)

and in person at Homer United Methodist Church
770 E. End Rd., Homer (Downstairs)

Living in the Solution Women's AA Meeting

Contact: (907) 299-4073

Wednesdays, 6:30pm-7:30pm

Homer United Methodist Church

770 E End Rd., Homer (Downstairs)

Ninilchik Group of AA

Contact: (907) 953-0273

Tues. & Thurs., 7:00pm-8:00pm

St. Peter the Fisherman Methodist Church

15811 Sterling Hwy., Ninilchik

Seldovia Group of AA

Contact for info: (907) 399-8223

Narcotics Anonymous:

Statewide Info/Helpline: (866) 258-6329

akna.org - statewide meeting schedule

Step Into Freedom Group of NA (Homer)

Contact: (907) 756-3530

Thursdays, 7:00pm-8:00pm

Glacierview Baptist Church (outbuilding)

960 E. End Rd., Homer

Co-Dependents Anonymous

An anonymous fellowship whose common purpose is to develop healthy relationships.

Contact for info: (907) 756-3104

Sun, 6:30pm-7:30pm & Wed, 1:30pm-2:30pm

126 W. Pioneer Ave. Suite 1, Homer

Overeaters Anonymous

A community of people who are recovering from unhealthy relationships with food through shared experience, strength, and hope.

State & online meeting info: oa-alaska.org.

Contact for local meeting info: (907) 235-5253

Sex and Love Addicts Anonymous

For anyone seeking help with an addictive compulsion to engage in or avoid sex, love, or emotional attachment.

Contact by phone: (907) 843-1290

or email: safehavenhomer@gmail.com

Thursdays, 7:00pm-8:00pm

Visit slaafws.org for more information, resources & meetings.

Non 12-Step Support Groups

Alaska Eating Disorders Alliance

Helping Alaskans address and overcome eating disorders through education, support, & advocacy.

akeatingdisordersalliance.org/support-groups

AKEDA Support Groups are online, free & confidential, registration at link above.

National Eating Disorder Association toll-free, confidential helpline: 1-800-931-2237

Family & Friends Support Group

For those supporting a loved one experiencing an eating disorder or in the process of recovery.

Third Saturdays, monthly, 9:30am-10:30am

Individual Support Group

For Alaskans aged 18+ experiencing an eating disorder or desiring additional support in recovery.

Thursdays, weekly, 5:30-6:30pm

Caregiver Support Group

Guest speakers, training, & support for those involved in the care of loved ones.

Contact: (907) 235-7655

2nd & 4th Thursdays, monthly, 2:30pm-3:30pm

Homer Senior Citizens Center (back entrance)

3925 Svedlund St., Homer

Hospice of Homer Grief Support

For anyone suffering loss or experiencing bereavement. **One-on-one support and correspondence support is also available.**

Hospice of Homer, E Pioneer Ave #3

Contact: (907) 235-6899

Grief Support Group

If you have lost someone, this group is for you.

First & third Saturdays, monthly, 1:00pm-2:00pm

Widows/Widowers Support Group

For those who have lost their spouse or life partner.

Every Tuesday, 1:30pm-2:30pm

Parent-to-Parent Support Group

For people affected by their child's or grandchild's addiction. **Contact Pamela:** (907) 299-3606

or Jane: (907) 299-0608

Parkinson's Support Group

For people diagnosed with Parkinson's and their caregivers. **Contact for info:** (907) 299-1413

Visit adparksinson.org for more info & resources.

Substance Use Disorder Treatment Facilities & Services

(Medication for Addiction Treatment & additional opioid-specific resources located on back panel)

Set Free Alaska, Inc. - Homer

1130 Ocean Drive, Suite A Office: (907) 235-4732
Men's Residential Treatment Program: (907) 235-4733

Outpatient substance use disorder treatment services for men & women, and a men's only residential treatment facility located in Homer.

More info at setfreealaska.org

Cook Inlet Counseling (CICADA)

1230 Ocean Drive, Homer
Office Phone: (907) 235-8001

Outpatient treatment services including referrals for residential treatment, and substance use disorder counseling for adults and adolescents.

More info at cookinletcounseling.org