

Health Status Assessment

MAPP of the Southern Kenai Peninsula, Alaska



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Tested for a STD other than HIV during past 12 months	9.7%	
Saw a dentist in the past 12 months	72.6%	
	69.2%	
Must avoid foods because of allergic reaction	22.0% 17.8%	
Been told by a doctor they have asthma	20.8%	
Overweight or obese	34.3% 29.8%	
Obese	17.1% 14.8%	
Healthy weight	63.8%	
ricularly Weight	68.1%	
	0% 10% 20% 30% 40% 50% 60% 70% 80% 90% 100%	
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Welcome To Our Community Health Needs Assessment

THANK YOU FOR BEING A PART OF OUR COMMUNITY.

MAPP stands for Mobilizing for Action through Planning and Partnerships. MAPP is a health improvement coalition that facilitates citizens who are committed to making their community a better place for everyone. To do that, MAPP provides information about emerging health issues and opportunities, convenes conversations to develop a shared vision for well-being, and serves as a catalyst for community members to take action on projects that support the shared vision. Then MAPP monitors and shares progress on our shared community measures so we'll know when we've been successful.

The MAPP of the Southern Kenai Peninsula (SKP) is proud to present its 2023 Community Health Needs Assessment (CHNA) Report. This report summarizes a comprehensive review and analysis of health status indicators, public health, socioeconomic, demographic and other qualitative and quantitative data from the Southern Kenai Peninsula. This report also includes secondary/disease incidence and prevalence data from the Kenai Peninsula Borough, Alaska and United States. The data was reviewed and analyzed to determine the top priority needs and issues facing the region overall.

The primary purpose of this assessment was to identify the health needs and issues of the Southern Kenai Peninsula community. The CHNA also provides useful information for public health and health care providers, policy makers, social service agencies, community groups and organizations, religious institutions, businesses, and consumers who are interested in improving the health status of the community and region. The results enable the hospital, as well as other community providers, to more strategically identify community health priorities, develop interventions, and commit resources to improve the health status of the region.

Improving the health of the community is the foundation of the mission of the MAPP of the Southern Kenai Peninsula, and an important focus for everyone in the service region, individually and collectively. In addition to the education, patient care, and program interventions provided through the hospital, we hope that the information in this CHNA will encourage additional activities and collaborative efforts to improve the health status of the community.



Acknowledgment

The MAPP (Mobilizing for Action through Planning and Partnerships) of the Southern Kenai Peninsula (SKP) would like to thank the workgroup, Steering Committee and community residents who participated in the Community Health Needs Assessment Process.

This Community Health Needs Assessment was funded in part by MAPP of the Southern Kenai Peninsula, South Peninsula Hospital, and a sub-grant award of the State of Alaska Healthy & Equitable Communities funds from the City of Homer.

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Acronyms

AK Alaska

CDC Centers for Disease Control & Prevention
CHNA Community Health Needs Assessment

HA Healthy Alaskans
HP Healthy People
KP Kenai Peninsula

KPB Kenai Peninsula Borough

MAPP Mobilizing for Action through Planning and Partnerships NACCHO National Association of City & County Health Officials

SPH South Peninsula Hospital SKP Southern Kenai Peninsula

US United States



Community Health Assessment Background

In 2008, South Peninsula Hospital initiated the first Community Health Needs Assessment (CHNA) using a framework developed by CDC and NACCHO called Mobilizing for Action through Planning and Partnership (MAPP). Out of the MAPP framework, a MAPP coalition formed and included several community partners that have been actively working to improve community health since 2008. A CHNA has been conducted every three years¹ to assess the health of the community in order to inform new and existing community and agency efforts. The CHNA process is composed of six phases and the following four assessments:

Community Themes & Strengths Assessment
 Qualitative input from community members to identify the issues they feel are important.

- a. Perceptions of Community Health Survey
- b. Wellness Dimension Focus Groups
- II. <u>Community Health Status Assessment</u>

 Quantitative community health data (representing cultural, economic, educational, emotional, environmental, physical, social, and spiritual wellness) that identifies priority health and quality of life issues.
- III. Forces of Change Assessment
 Identifying forces such as legislation, technology, and other impending changes that affect the context in which the community and its public health system operate.
- IV. <u>Local Public Health Assessment</u>
 A prescribed performance assessment tool
 collaboratively developed by national public health partners that measures how well different local public health system partners work together to deliver the 10 Essential Public Health Services.

Themes are identified from each sub-assessment and compared across all four sub-assessments, thus enabling a holistic review of our community strengths, needs, and opportunities. Using the combined results/observations from all four sub-assessments, a community process is used to prioritize the opportunities that community members will collaboratively address for the next few years. However, the results from specific sub-assessments can be used independently to inform organizational and community-level opportunities for improvement.



¹ All non-profit hospitals are required to conduct a CHNA every three years. These CHNAs were completed in 2009, 2013, 2016, 2020, and 2023. The 2020 assessment was a minimalized version.



In the summer of 2022, the MAPP Steering Committee learned of a new MAPP 2.0 framework being piloted but not yet available. They elected to move forward and use the MAPP 1.0 framework for the 2023 assessment, which appears in Figure 2 below.

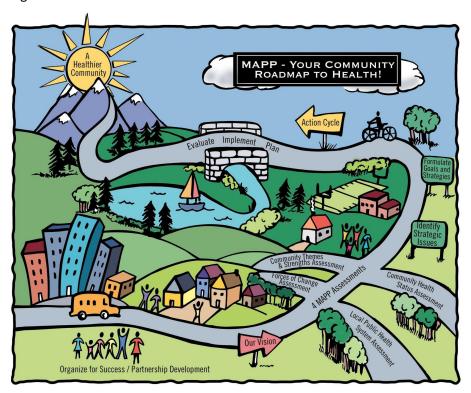


Figure 2: MAPP 1.0 Framework

The following is the information obtained as part of the Community Health Status Assessment. To view all assessments or additional MAPP of the Southern Kenai Peninsula information, please visit www.mappofskp.net. For additional questions, please contact Hannah Gustafson, MAPP of SKP Coordinator, at mappofskp@gmail.com or 907-317-2050.



Executive Summary

A Community Health Needs Assessment (CHNA) helps to gauge the health status of a community and guide development and implementation of strategies to create a healthier community. The CHNA process also promotes collaboration among local agencies and provides data to evaluate outcomes and impact of efforts to improve the population's health. The CHNA process supports the commitment of a diverse group of community agencies and organizations working together to achieve a healthy community.

This CHNA was done with the Southern Kenai Peninsula MAPP, of which the South Peninsula Hospital is a member of. The purpose of this community health needs assessment (CHNA) is to identify and prioritize significant health needs of the Southern Kenai Peninsula. The priorities identified in this report help to guide the MAPP and its members' community health improvement programs and community benefit activities, as well as its collaborative efforts with other organizations that share a mission to improve health. This CHNA report meets requirements of the Patient Protection and Affordable Care Act that not-for-profit hospitals conduct a community health needs assessment at least once every three years.

Facilitated by Strategy Solutions, Inc., a planning and research firm with its mission to create healthy communities, this CHNA follows best practices as outlined by the Association for Community Health Improvement, a division of the American Hospital Association, and ensures compliance with Internal Revenue Service (IRS) guidelines (IRS Notice 2011-52) for charitable 501(c)(3) tax-exempt hospitals that was published in December 2014. The process has taken into account input from those who represent the broad interests of the Southern Kenai Peninsula communities, including those with knowledge of public health, the medically underserved, and populations with chronic disease.

The 2023 Southern Kenai Peninsula MAPP CHNA was conducted to identify primary health issues, current health status, and health needs to provide critical information to those in a position to make a positive impact on the health of the region's residents. The results enable community members to more strategically establish priorities, develop interventions, and direct resources to improve the health of people living in the community.

Secondary data on disease incidence and mortality, as well as behavioral risk factors were gathered from the Alaska Department of Health, Alaska Department of Labor, the Centers for Disease Control, as well as Healthy People 2030, Healthy Alaskans 2030, County Health Rankings and Roadmaps, US Census, and the American Community Survey. Aggregate utilization data was included in Appendix A from South Peninsula Hospital patient records (no private patient information was ever transmitted to Strategy Solutions, Inc.). Demographic data was collected from Claritas-Pop-Facts Premier, Environics Analytics, US Census and Alaska Department of Labor.



On May 31, 2023, the SKP MAPP Steering Committee met to review the primary and secondary data collected through the needs assessment process and discussed needs and issues present in the Southern Kenai Peninsula. Strategy Solutions, Inc. presented the data to the Steering Committee and discussed the needs of the local area, what the MAPP membership, hospital, health district and other providers are currently offering the community and discussed other potential needs that were not reflected in the data collected. A total of 28 possible needs and issues were identified, based on disparities in the data (differences in sub-populations, comparison to state, national, Healthy People 2030 goals, Healthy Alaskans 2030 Targets, negative trends, or growing incidence). Five criteria, including magnitude of the problem, disparities/equity, impact on other health outcomes, capacity to implement evidence-based solutions or promising practices and community collaboration, were identified that the group would use to evaluate identified needs and issues.

Following the meeting, Steering Committee members completed the prioritization exercise via SurveyMonkey to rate each of the needs and issues on a one to ten scale by each of the selected criteria. A total of 16 Steering and CHNA Committee members participated in the prioritization exercise. The consulting team analyzed the data from the prioritization exercise and rank ordered the results by overall composite score (reflecting the scores of all criteria).

The MAPP membership as well as South Peninsula Hospital leadership will meet to discuss the prioritization results and identify priorities for their 2023-2026 Implementation Plan.

Review and Approval

Per the Internal Revenue Service (IRS) guidelines (IRS Notice 2011-52) for charitable 501(c)(3) tax-exempt hospitals that was published in December 2014, this CHNA report will be adopted by the Southern Kenai Peninsula MAPP July 2023 and the South Peninsula Hospital Board of Directors on June 28, 2023.



Methodology

To guide this assessment, MAPP formed a CHNA Workgroup of its members who represented the broad interests of their local region. This workgroup met two times per month for the duration of the assessment and included representatives who understood the needs and issues related to various underrepresented groups including medically underserved populations, low-income persons, minority groups, those with chronic disease needs, individuals with expertise in public health, and internal program managers. The overarching MAPP Steering Committee met on July 6, 2022, and May 31, 2023, to provide guidance on the various components of the CHNA.

In an effort to examine the health-related needs of the residents of the Southern Kenai Peninsula and to meet current IRS guidelines and requirements, the methodology employed both qualitative and quantitative data collection and analysis methods as part of the MAPP assessment process. The CHNA Workgroup, MAPP Steering Committee members and consulting team made significant efforts to ensure that the entire primary service area, all socio-demographic groups and all potential needs, issues and underrepresented populations were considered in the assessment to the extent possible given the resource constraints of the project. This was accomplished by identifying focus groups and key stakeholders that represented various subgroups in the community. In addition, the process included public health participation and input, through extensive use of data and the public health department participation on both the CHNA Workgroup and the MAPP Steering Committee.

The secondary quantitative data collection process included demographic and socio-economic data obtained from Claritas-Pop-Facts Premier, Environics Analytics; disease incidence and prevalence data obtained from the Alaska Departments of Health; Centers for Disease Control and Prevention; US Census, Alaska Department of Labor, the Healthy People 2030 goals from HealthyPeople.gov and the Healthy Alaskans 2030 Targets from healthyalaskans.org. In addition, various health and health related data from the following sources were also utilized for the assessment including County Health Rankings (www.countyhealthrankings.org). Selected Emergency Department and inpatient utilization data from South Peninsula Hospital was also included in Appendix A. Economic data was obtained through the U.S. Census Bureau. Data presented are the most recent published by the source at the time of the data collection and for the available geographic areas.

Primary data was collected via focus groups, individual stakeholder interviews and a community survey which can be found in the Community Themes and Strengths Assessment.



Data Limitations

There are a variety of limitations to both the secondary and primary data collected and utilized in this study. The Secondary data may be incomplete and lack accuracy depending on a variety of factors including but not limited to:

- The time lag from the time the data was collected to the time it was reported.
- The research design, methodology, sampling design and sources (target audiences, recruitment methods) do not necessarily match the population of this study and were not consistent.
- Data collection methods (qualitative and quantitative techniques) varied, with a variety of different methodologies used by the sources.
- Limited data is collected and reported at the local level.

The primary data collection included in the study also has potential limitations that include but are not limited to:

- Data was obtained from a convenience sample of community members willing to participate as well as geographies where data collection could occur.
- Data was largely qualitative.



Map of Southern Kenai Peninsula

The communities that make up the Southern Kenai Peninsula are illustrated in the map below, including Anchor Point, Diamond Ridge, Fox River, Fritz Creek, Halibut Cove, Happy Valley, Homer, Kachemak City, Kachemak Selo, Nanwalek, Nikolaevsk, Ninilchik, Port Graham, Razdolna, Seldovia² and Voznesenka.

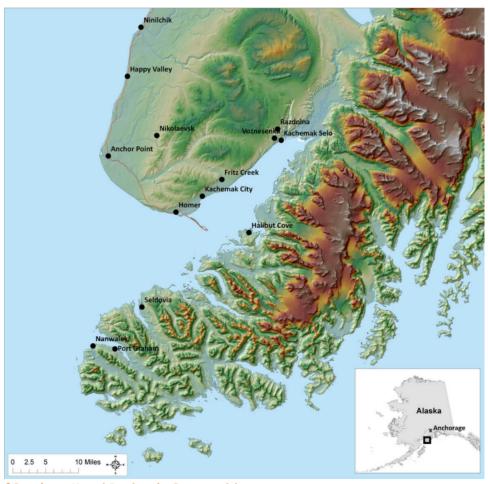


Figure 3: Map of Southern Kenai Peninsula Communities

² Seldovia City is not part of South Peninsula Hospital's service area.



Community Resources

Available community resources can be accessed at https://skpresourcedirectory.net/.

Hospital Resources

The following services are available at South Peninsula Hospital:

Table 1: South Peninsula Hospital Resources

Acute Care	Imaging
Addiction Medicine	Laboratory
Birthing Center	Long Term Care
Diabetes Education	Outpatient Oncology and Infusion Center
Emergency	Rehabilitation Services
Family Care Clinic	Sleep Center
Functional Medicine Clinic	South Peninsula Orthopedics
General Surgery	Specialty Clinic
Home Health Services	Sunrise Medical Weight Loss
Homer Medical Center	Surgery



Evaluation of the 2020 MAPP Implementation Strategies

As a result of the 2020 SKP MAPP CHNA has been working on improving community health through two community coalitions:

- Southern Kenai Peninsula Resilience Coalition
- All Things Recovery Coalition (formerly the Opioid Task Force and All Things Addiction)

Below is a brief description of each coalition and a summary of the progress and accomplishments made between 2020 and 2022. Note that these efforts took place during and were therefore impacted by COVID-19.

Southern Kenai Peninsula Resilience Coalition

The Southern Kenai Peninsula Resilience Coalition (SKPRC) has a vision that, "Communities on the Southern Kenai Peninsula cultivate healthy relationships and resilient families, free from violence and substance misuse." In service of this vision, the SKPRC has developed a three-pronged approach: (1) ACEs Communications; (2) Expanding and Supporting the Network of Trauma-Informed Organizations (TIO); and (3) Spreading the Power of Protective Factors (put on hold because of COVID-19). The workgroups convene on a variable and self-determined schedule, from weekly to quarterly. The full coalition meets monthly and other events (such as training and community outreach) occur as needed throughout the year.

Table 2: SKP Resilience Coalition, Evaluation

	2020-2021	2021-2022		
•	Welcome Packet created	•	 Welcome Packet printed and distributed 	
•	Created SKPRC products such as stickers and	•	Hosted/participated in the following outreach	
	thank you cards		events:	
•	Evolved from TIO to TIA (Trauma-Informed		 March "Meet Your Neighbor" Month in 	
	Approach) model		honor of Mr. Rogers	
•	Launched TIA cohort of social service agencies (6		Community Walkabout	
	participants)		SPH Wellness Walk	
•	63 individuals trained in Trauma Informed		 Community Yoga 	
	Approach		 Safe & Healthy Kids Fair 	
•	Launched the #ConnectedCommunity Campaign		 City Council Presentation 	
	(in response to COVID-19)		 Pride/Juneteenth Celebration 	
	 6,570 postcards distributed with positive 	•	Evolved from ACEs Communications to	
	messaging		Communications	
	 64 road signs posted with positive 	•	Launched TIA cohort of youth-serving agencies	
	messaging		(10 participants)	
	 54% of survey respondents shared that 	•	Participated in and/or facilitated the following	
	they encountered the messaging		trainings	
•	Built out an inventory of existing and desired		 Ripple Effects Mapping 	
	local trainings	 More Matters: Increasing Protective 		
•	Provided Logic Model training, with 12	Factors Among Alaskan Youth		
	participants, with 100% reporting they felt more	 Tamarack Reconnect: Making 		
	knowledgeable about logic models	Communities Essential		
•	Workgroups updated individual logic models	 History and Hope (three trainings total) 		
•	Coalition collaboratively created Coalition	 Community Readiness Assessment 		
	Agreements	•	Convened two coalition Data Walks	



2020-2021	2021-2022
Awarded CARES Act funding from the State of Alaska Department of Behavioral Health to address economic needs and social isolation:	 Convened Youth and Youth Service/Activity Provider Focus Groups Community Concern defined as, "There are not enough welcoming, no-cost, safe spaces in Homer for young people to connect with safe and trusted adults, explore and engage in interests, and enjoy free time during after-school and evening hours." Conducted Community Readiness Assessment on above concern Community Readiness Level 4

All Things Recovery Coalition

The All Things Recovery (ATR) Coalition has a vision of, "A community free of opioid and substance misuse." In service of this vision, the ATR has identified three strategic initiatives/workgroups: (1) Navigating the System; (2) Lived Experience; and (3) Family and Youth Support (merged with the Resilience Coalition in late 2022). Each of the workgroups meet monthly. The coalition also hosts monthly sober events as well as Quarterly Coalition Meetings and a Quarterly Speaker Series.

Table 3: All Things Recovery, Evaluation

2020-2021	2021-2022		
Evolved from Opioid Task Force to All Things	Engaged with Opioid Response Network for		
Addiction	Technical Assistance to assess community's No		
 launched www.allthingsaddiction.net 	Wrong Door policy.		
Set Free Alaska Residential Treatment Program	Conducted activities, outreach and		
opened its doors with an open house on July	communications through those with lived		
25th, 2020.	experience.		
Formed a detox workgroup who worked with	Worked with Resilience Coalition to bring the		
South Peninsula Hospital to add additional detox	lens of SUD and challenges related to families		
services and increased training to hospital staff to	affected by SUD.		
care for acute withdrawal for patients. Plans to	Evolved from All Things Addiction to All Things		
create warm hand offs between hospital and	Recovery.		
treatment services were implemented.	Passage of a KPB Resolution honoring September		
Expanded local treatment services in the area by	as Recovery month.		
partnering with statewide agencies to offer	Partnered with Megan's Place (the December		
increased telehealth services.	2021 100 Women Who Care recipient) to		
Worked with local pharmacies to ensure that	distribute 100 "Hope for the Holidays" holiday		
adequate access to treatment medications were	e gift bags to people accessing treatment and harm		
available.	reduction services throughout the community.		
Collaborated with local providers to offer a	Supported the formation of a local Recovery		
destigmatizing & education presentation at local	Community Organization, a new local non-profit		
pharmacies to decrease dispensing hesitancy.	called Kachemak Bay Recovery Connection		



2020-2021 2021-2022

- Completed 1st Social Media Campaign on Facebook.
- Partnered with The Alliance to identify PSAs for the Kenai Peninsula with messages for reducing stigma, inclusion, prevention, alcohol misuse, harm reduction and treatment for substance misuse.
- Participated in community events:
 - Monthly Coffee Connections
 - Partnered with Golden Willow Retreats to do presentation on Loss & Grief, Addiction & Recovery and the Parallels during COVID
 - Hosted OSMAP presentation on Alaskan Data Trends and Information related to substance misuse and overdose
 - Help is Here: Virtual Treatment Provider Panel
 - Sponsored Sober Garden at Salmonfest Music Festival
 - Hosted Adventures in Sobriety: Recovery Trails Day
- Statewide Collaboration
 - Presentation at the Regional All member Coalition Meeting
 - Mat-Su Opioid Task Force presentation
 - Facilitator participated on Steering Committee for statewide Alaskan opioid coalition network
 - Participated in statewide initiatives including: The Alliance, Change4Kenai Coalition, Kenai Peninsula Reentry Coalition, Alaska Wellness Coalition, Alaskan Opioid Coalition Network

- Participated in KPB dialogues on establishing a program for the borough's portion of the state's opioid settlement.
- Provided quarterly updates to the Homer City Council.
- Hosted/participated in the following outreach events:
 - Monthly:
 - Coalition Coffee Connections
 - Discovering Recovery Dialogues
 - o Annual
 - Safe & Healthy Kids Fair
 - Concert on the Lawn
 - Salmonfest Sober Garden
 - Project Homeless Connect
 - Burning Basket "Recover" honoring National Recovery Month

Please refer to Appendix B for an evaluation of South Peninsula Hospital's Implementation Strategies.



Demographics

The population of the majority of the Southern Kenai Peninsula communities have increased and are estimated to continue to do so. The communities range from populations 59 to 5,614. The communities of Anchor Point, Fritz Creek and Homer account for 66% of the Southern Kenai Peninsula Population.

5,000
4,000
2,000
1,000
1,000

Rectard Point Indian Robert Content Content Indian Rectard Restaurant Restauran

Figure 4: Southern Kenai Peninsula Population by Community, 2010, 2020 and 2023 Estimates



The Southern Kenai Peninsula Population is estimated to be 15,575 and has been increasing. The Southern Kenai Peninsula accounts for 2.1% of Alaska's overall population.

Table 4: Southern Kenai Population by Community, 2010, 2020 and 2023 Estimates

Community	2010	2020	2023 Estimates
Anchor Point	1,940	2,105	2,174
Diamond Ridge	1,142	1,330	1,421
Fox River	685	644	444
Fritz Creek	2,002	2,248	2,456
Halibut Cove	61	60	59
Happy Valley	670	713	702
Homer	5,016	5,522	5,614
Kachemak City	513	576	676
Nanwalek	254	247	153
Nikolaevsk	308	328	329
Ninilchik	794	845	901
Port Graham	164	162	147
Seldovia City	237	235	294
Seldovia Village	201	199	205
Southern Kenai Peninsula	13,871	15,214	15,575
Alaska	710,223	733,391	734,544



As seen in Figure 5, Anchor Point, Diamond Ridge, Fox River and Fritz Creek experienced a population decline between 2013 and 2016, after which time they experienced growth. The others have been fairly stable with slight population fluctuations.

16000 14000 12000 10000 8000 6000 4000 2000 0 2011 2012 2013 2016 2021 2010 2014 2015 2019 2020 2023* ■ Seldovia Village ■ Seldovia City Ninilchik ■ Nikolaevsk ■ Port Graham ■ Kachemak City ■ Homer ■ Halibut Cove Nanwalek ■ Happy Valley Fritz Creek ■ Diamond Ridge ■ Anchor Point **■** Fox River

Figure 5: Southern Kenai Peninsula Historical Population by Community, 2010-2023



Between 2020 and 2023 the Southern Kenai Peninsula experienced population growth (2.4%) two times that of both Alaska (0.20%) and the United States (0.90%), with projected growth increasing to 4.2% between 2023 and 2028. Population grew the most in Seldovia (25.1%) and Kachemak (17.4%) between 2020 and 2023, while Nanwalek (-38.1%) and Fox River (-30.8%) saw the greatest decline. Looking ahead to projected growth between 2023 and 2028 Fox River is projected to have the greatest population growth (5.6%), while Halibut Cove is projected to experience the greatest population decline (-1.7%).

Table 5: Southern Kenai Peninsula Population Change by Community

	Growth	Growth	Growth
	2010-2020	2020-2023	2023-2028
ANCHOR POINT	8.5%	3.3%	4.8%
DIAMOND RIDGE	16.5%	6.8%	5.1%
FOX RIVER	12.2%	-30.8%	5.6%
FRITZ CREEK	12.3%	9.3%	5.0%
HALIBUT COVE	-4.2%	-1.7%	-1.7%
HAPPY VALLEY	6.4%	-1.5%	3.6%
HOMER	10.1%	1.7%	4.3%
KACHEMAK	12.3%	17.4%	5.0%
NANWALEK	-0.8%	-38.1%	-1.3%
NIKOLAEVSK	6.5%	0.3%	4.3%
NINILCHIK	6.4%	6.6%	3.4%
PORT GRAHAM	-1.2%	-9.3%	-1.4%
SELDOVIA	-0.8%	25.1%	-1.4%
SELDOVIA VILLAGE	-1.0%	3.0%	-1.5%
SKP	9.7%	2.4%	4.2%
ALASKA	3.3%	0.2%	0.9%
USA	7.4%	0.9%	2.1%



The Kenai Peninsula Borough, which includes the Southern Kenai Peninsula communities, has a total population of 59,797 with accounts for 8.1% of the state's population. It consists of 16,017 square miles with 3.7 people per square mile.

Table 6: Population Density, 2021

	Total Population	Total Land Area (square miles)	Population Density (people per square mile)
Kenai Peninsula Borough (KPB)	59,797	16,017	3.7
Alaska (AK)	736,990	665,400	1.2
United States (US)	335,241,595	3,531,837	94

Source: USA Facts

Between 2020-2022 the Kenai Peninsula Borough experienced a population increase of 1.6% based on population in/out migration while the state experienced a 0.7% decrease in population.

Table 7: Population Geographic Mobility, 2020-2022

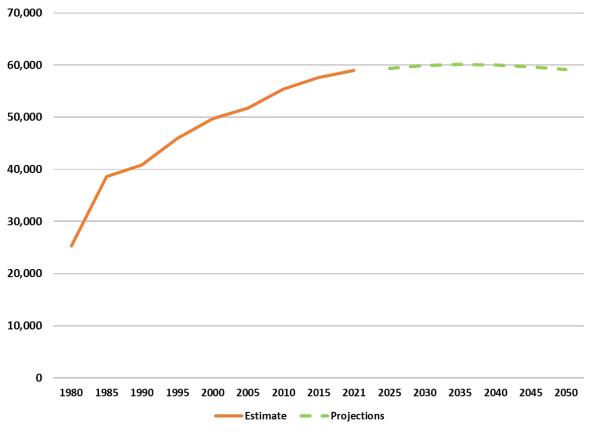
	Total Population (July 2022)	Population In/Out Migration (2020-2022)	Percent In/Out Migration (2020-2022)
Kenai Peninsula Borough (KPB)	60,017	965	1.6%
Alaska (AK)	736,556	-5,057	-0.7%

Source: Alaska Department of Labor and Workforce Development



The population of the Kenai Peninsula Borough has been increasing since 1980 but is projected to begin to level off around 60,000 in 2025.

Figure 6: Kenai Peninsula Borough Population Projections, 1980-2050



Source: Alaska Department of Labor and Workforce Development



There are more males than females in the Southern Kenai Peninsula in almost all age categories.

-1500 -1000 -500 0 500 1000 1500

84 and Over

75 to 84

65 to 74

55 to 64

45 to 54

35 to 44

21 to 24

18 to 20

15 to 17

10 to 14

5 to 9

Under 5

■ Female ■ Male

Figure 7: Southern Kenai Peninsula Age and Sex Distribution, 2022

Source: Environics Analytics, US Census Bureau



Table 8: Southern Kenai Peninsula Age and Distribution, 2022

Age	Male	Female	
Under 5	412	405	
5-9	435	407	
10-14	456	410	
15-17	267	245	
18-20	239	216	
21-24	299	279	
25-34	746	745	
35-44	825	842	
45-54	789	787	
55-64	1,164	1,128	
65-74	1,085	1,008	
75-84	421	407	
85 and over	94	116	
Total	7,232	6,995	

Source: Environics Analytics, US Census Bureau



In most communities the largest population is between the ages of 19 and 64, with the exception of Fox River which has a higher percentage who are either under 19 years of age or 65 years of age and older.

100% 90% 80% 70% 60% 50% 40% 30% 20% 10% 0% Point Ridge City Graham City Village Cove Valley Under 19 years 22.1% 22.0% 22.7% 24.6% 52.5% 26.1% 19.3% 14.0% 32.4% 18.6% 27.6% 18.2% 23.0% 18.3% ■ Working age (19-64) 63.8% 58.2% 52.1% 61.0% 42.0% 42.0% 42.0% 34.0% 60.1% 69.7% 51.2% 74.3% 50.9% 54.3% 27.6%

■ Working age (19-64)

Figure 8: Southern Kenai Peninsula Population by Age and Community, 2021

Under 19 years

Source: US Census Bureau



Ninilchik (55.3) and Happy Valley (55.2) have the highest median ages among the communities in the Southern Kenai Peninsula, which Halibut Cove (37.3), Seldovia City (30.0) and Seldovia Village (38.0) have the lowest median age.

55.2 55.3 50 48.1 46.4 44.4 44.6 42.3 40.5 40.1 40.1 39.9 39.9 40 38.0 37.3 30 20 10 PortGraham HappyValley Halibut Cove FOX River Fritz Creek Seldova City Seldoria village Horner SKS

Figure 9: Southern Kenai Peninsula Median Age, by Community, 2023 Estimates

Source: Claritas Environics/United States Census Bureau



The Southern Kenai Peninsula Population is predominantly White (81.4%) and is less diverse in comparison to the state.

100% 90% 81.4% 80% 70% 57.9% 60% 50% 40% 30% 20% 16.3% 9.3%___ 10% 6.2% 6.1% 1.5%2.6% 0.2% 1.8% 1.2% 0% White Alone Alaska Native Black or African **Asian Alone** Native Some Other Two or More and American American Alone Hawaiian and Race Alone Races Indian Alone Other Pacific

Southern Kenai Peninsula

Island Alone

Alaska

Figure 10: Southern Kenai Peninsula Population by Race, 2023 Estimates

Source Claritas Environics/United States Census Bureau



There has been an increase in individuals living in family households for the Southern Kenai Peninsula, Kenai Peninsula, state and nation between 2018 and 2020. The majority of individuals in the Southern Kenai Peninsula live in family households (80.5%).

100% 6.5% 7.4% 6.7% 8.6% 8.1% 8.1% 10.9% 10.0% 90% 10.3% 11.4% 8.8% 11.2% 80% 28.0% **25.7**% 30.7% 31.1% 70% 60% 50% 40% 80.3% 81.1% 80.5% **78.8**% 66.1% 65.3% 62.9% 61.5% 30% 20% 10% 0% Alaska 2018 Alaska 2020 Kenai Kenai USA 2018 USA 2020 Southern Southern Peninsula Peninsula Kenai Kenai 2018 2020 Peninsula Peninsula 2018 2020 ■ Living in family Households Living alone ■ Householder not living alone

Figure 11: Household Composition, 2018 vs. 2020

Source: US Census Bureau



There has been a decrease in family households with children under the age of 18 in the Kenai Peninsula Borough, state and nation.

Table 9: Family Households with Children Under Age 18, 2014-2020

	,				
	2014	2018	2020		
Kenai Peninsula Borough	27.3%	26.0%	22.4%		
Alaska	33.0%	31.4%	24.9%		
US	29.2%	27.9%	22.0%		

Source: US Census Bureau

According to the most recent census, there has been a decrease in the number of children age three through 17 in the Kenai Peninsula Borough, state and nation. In 2022, the Southern Kenai Peninsula has a lower percentage of children under the age of 18 (21.3%) in comparison to the state (24.1%).

Table 10: Children 3 through Age 17, 2014-2020

	2014	2018	2020	2022*
Southern Kenai Peninsula	-	-	-	21.3%
Kenai Peninsula Borough	23.3%	22.8%	19.1%	-
Alaska	25.7%	25.1%	20.8%	24.1%
US	23.4%	22.7%	18.5%	21.8%

Source: US Census Bureau, Environ Analytics

Note data came from two different sources and is reported for years available at each level.

In the Kenai Peninsula Borough, the population of adults between the ages of 65 and 74 is projected to decline between 2020 and 2045, with large growth expected for those age 85 and older.

While not noted in the table, the median age in the Southern Kenai Peninsula is 44.3 and in five years is projected to be 45.1, with 22.1% of the population age 65 and older.

Table 11: Projected Population 65+, Kenai Peninsula, 2020-2045

Kenai Peninsula Borough								
Age Group	2020	2025	2030	2035	2040	2045	% Change 2020-2030	% Change 2020-2045
65 to 74 years	7,333	8,236	7,576	6,215	5,414	5,451	3%	-26%
75 to 84 years	2,948	4,128	5,405	6,098	5,587	4,565	83%	55%
85+ years	805	1,046	1,495	2,114	2,839	3,255	86%	304%
Total	11,086	13,410	14,476	14,427	13,840	13,271	31%	20%

Source: US Census Bureau

The veteran population has declined in the Southern Kenai Peninsula while remaining the same in the Kenai Peninsula Borough, Alaska and United States. About a one in ten residents (10.8%) are veterans.

Table 12: Veterans Population, 2014, 2018, 2020

	2014	2018	2020
Southern Kenai Peninsula	14.3%	11.1%	10.8%
Kenai Peninsula Borough	13.7%	11.3%	11.3%
Alaska	13.4%	12.6%	12.6%

^{*}Data is for children ages 0-17



US	8.7%	7.5%	7.5%
----	------	------	------

Source: US Census Bureau



About one in four residents in the Southern Kenai Peninsula have a high school diploma or equivalent (26.2%) or some college, no degree (26.5%) as their highest level of educational attainment. Just under a third (31.5%) have a bachelor's degree or higher.

2.4% Less than 9th Grade Some High School, No Diploma 5.1% **High School Graduate (or GED)** 26.2% Some College, No Degree 26.5% 8.4% Associate's Degree **Bachelor's Degree** 19.4% Master's Degree 9.3% **Professional Degree Doctorate Degree**

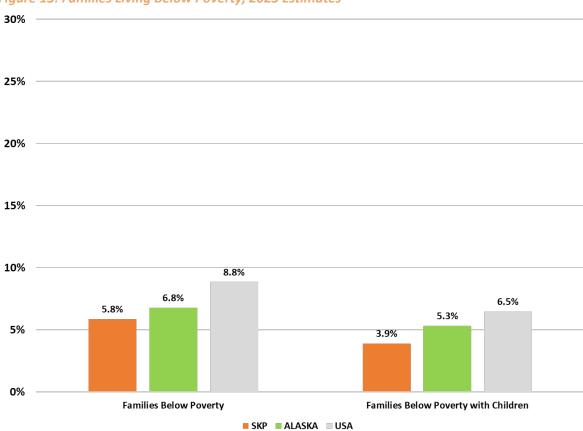
Figure 12: Educational Attainment, Southern Kenai Peninsula, 2023 Estimates

Source: Claritas Environics/United States Census Bureau



It is estimated that in 2023, 5.8% of families in Southern Kenai Peninsula are living below poverty with 3.9% having children. This is lower in comparison to both the state and nation.

Figure 13: Families Living Below Poverty, 2023 Estimates



Source: Claritas Environics/United States Census Bureau



The community with the highest percentage of families living below poverty is Nikolaevsk (12.8%), while Diamond Ridge has the lowest (2.6%).

Table 13: Families Living in Poverty by Community, 2023 Estimates

	% 2023 Families Below Poverty	% 2023 Families Below Poverty with Children
Anchor Point	4.5%	2.4%
Diamond Ridge	2.6%	1.1%
Fox River	6.1%	4.4%
Fritz Creek	6.8%	5.4%
Halibut Cove	7.1%	7.1%
Happy Valley	7.3%	3.4%
Homer	5.7%	4.1%
Kachemak	6.4%	4.6%
Nanwalek	8.3%	8.3%
Nikolaevsk	12.8%	5.3%
Ninilchik	7.2%	3.8%
Port Graham	5.7%	5.7%
Seldovia	7.1%	7.1%
Seldovia Village	6.1%	6.1%
Southern Kenai Peninsula	5.8%	3.9%
Alaska	6.8%	5.3%
USA	8.8%	6.5%

Source: Claritas Environics/United States Census Bureau



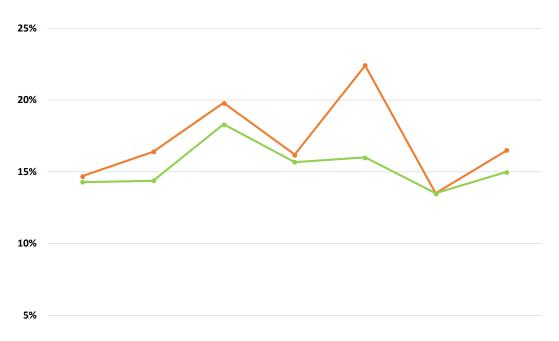
General Findings

Health Status

Measures of general health status provide information on the health of a population, especially through the monitoring of life expectancy, health life expectancy, years of potential life lost, physically and mentally unhealthy days, self-assessed health status, limitation of activity, and chronic disease prevention.

The percentage of the population who rate their health as fair or poor increased in the Kenai Peninsula between 2020 (13.5%) and 2021 (16.5%), as well as in Alaska (13.5% to 15.0%). The Kenai Peninsula had a slightly higher percentage rate their health as fair or poor (16.5%) compared to the state (15.0%).

Figure 14: Health Fair or Poor, 2015-2021

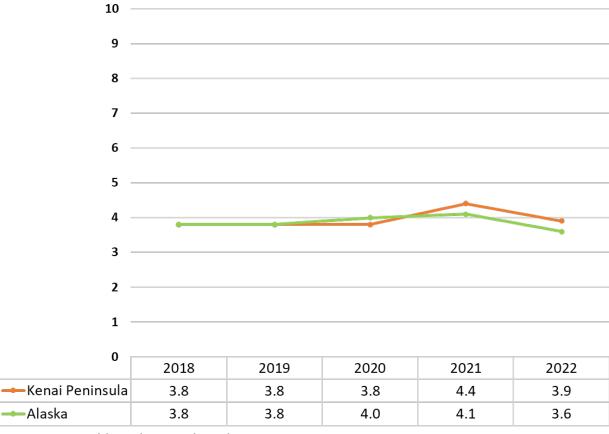


0%	2015	2016	2017	2018	2019	2020	2021
Kenai Peninsula	14.7%	16.4%	19.8%	16.2%	22.4%	13.5%	16.5%
Alaska	14.3%	14.4%	18.3%	15.7%	16.0%	13.5%	15.0%



The average number of days adults in the Kenai Peninsula (4.4 to 3.9) and Alaska (4.1 to 3.6) report their physical health was not good has decreased between 2021 and 2022.

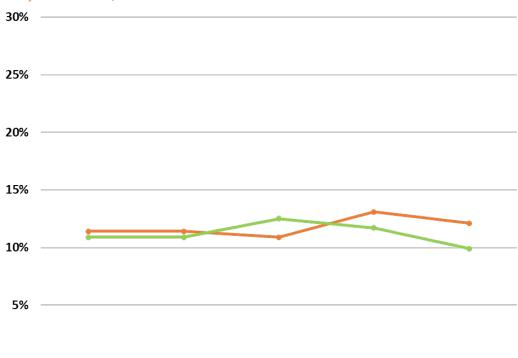
Figure 15: Average Number of Days Physical Health Not Good, 2018-2022





The percentage of adults in the Kenai Peninsula (13.1% to 12.1%) and Alaska (11.7% to 9.9%) who report frequent physical distress has decreased between 2021 and 2022, with the Kenai Peninsula (12.1%) higher than Alaska (9.9%) in the most recent year.

Figure 16: Frequent Physical Distress, 2018-2022



	2018	2019	2020	2021	2022
→ Kenai Peninsula	11.4%	11.4%	10.9%	13.1%	12.1%
Alaska	10.9%	10.9%	12.5%	11.7%	9.9%



Access to Quality Health Services

Access to comprehensive, quality health care is important for the achievement of health equity and for increasing the quality of life for everyone in the community.

The percentage of adults who had a routine checkup in the past year has increased in the Kenai Peninsula (63.2% to 66.2%) between 2020 and 2021, with the Kenai Peninsula having a slightly higher percentage in comparison to the state (63.6%).

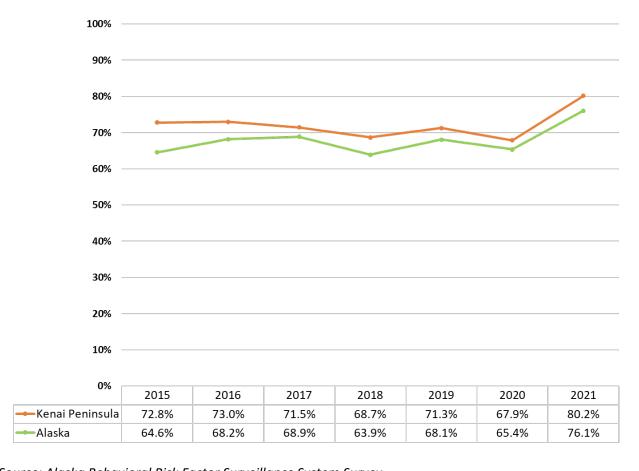
Figure 17: Routine Checkup, Past Year, 2015-2021





The percentage of adults with a personal care provider has increased in the Kenai Peninsula (67.9% to 80.2%) and Alaska (65.4% to 76.1%) between 2020 and 2021, with the Kenai Peninsula having a higher percentage compared to the state.

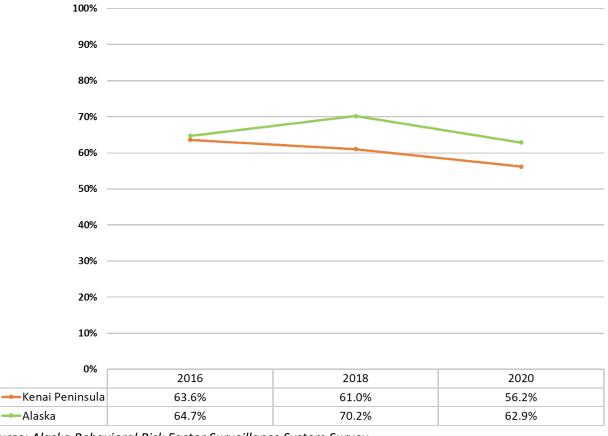
Figure 18: Have Personal Care Provider, 2015-2021





The percentage of adults who had a dental visit in the past year decreased between 2018 and 2020 in the Kenai Peninsula (61.0% to 56.2%) and Alaska (70.2% to 62.9%), with the Kenai Peninsula having a lower percentage in comparison to the state.

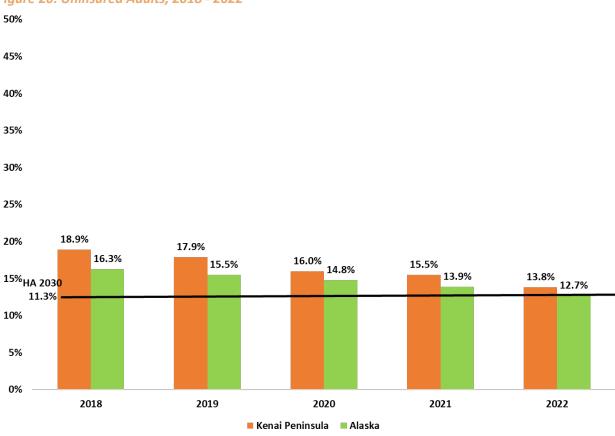
Figure 19: Dental Visit, Past Year, 2016, 2018, 2020





The percentage of the population that is currently uninsured decreased in the Kenai Peninsula (15.3% to 13.8%) and Alaska (13.9% to 12.7%) between 2021 and 2022. In 2022, both the Kenai Peninsula (13.9%) and state (12.7%) fell above the Healthy Alaskans 2030 Target of 11.3% uninsured.

Figure 20: Uninsured Adults, 2018 - 2022





Barriers to Healthcare

According to Healthy People 2020, barriers or social determinants of health are conditions in the environments in which people are born, live, learn, work, play, worship, and age that affect a wide range of health, functioning, and quality-of-life outcomes and risks. Conditions (e.g., social, economic, and physical) in these various environments and settings (e.g., school, church, workplace, and neighborhood) have been referred to as "place." In addition to the more material attributes of "place," the patterns of social engagement and sense of security and well-being are also affected by where people live. Resources that enhance quality of life can have a significant influence on population health outcomes. Examples of these resources include safe and affordable housing, access to education, public safety, availability of healthy foods, local emergency/health services, and environments free of life-threatening toxins. Understanding the relationship between how population groups experience "place" and the impact of "place" on health is fundamental to the barriers of health—including both social and physical determinants.

The percentage of adults in the Kenai Peninsula with an unmet medical need due to cost in the past year has increased in the Kenai Peninsula from 6.9% in 2020 to 10.4% in 2021, which is comparable to the state (10.7%) and just below the Healthy Alaskans 2030 Target of 11.5%.

Figure 21: Unmet Medical Need Due to Cost, Past Year, 2015-2021 40% 35% 30% 25% HA 2030 20% 11.5% 16.5% 15.7% 14.8% 14.0% ____13.8% 14.4% 15% 13.4% 13.0% 12.7% 10.4% 10.7% 11.8% 11.3% 10% 6.9% 5% 0% 2015 2016 2019 2020 2021 2017 2018 ■ Kenai Peninsula
■ Alaska



Chronic Disease

Conditions that are long-lasting, relapse, in remission and have continued persistence are categorized as chronic diseases.

In 2021, the leading causes of death in the Southern Kenai Peninsula were diseases of heart (38 deaths), malignant neoplasms (37 deaths) and COVID-19 (25 deaths).

Table 14: Southern Kenai Peninsula Leading Causes of Death by Year, 2000-2021

Year	Rank	Cause of Death	Deaths
2000	1	Diseases of Heart	23
	2	Malignant Neoplasms	17
	3	Cerebrovascular Diseases	6
	4	Alzheimer Disease	<6
	5	Chronic Lower Respiratory	<6
		Diseases	
2001	1	Malignant Neoplasms	14
	2	Diseases of Heart	14
	3	Cerebrovascular Diseases	7
	4	Accidents	7
	5	Chronic Liver Disease and	<6
		Cirrhosis	
2002	1	Diseases of Heart	21
	2	Malignant Neoplasms	13
	3	Cerebrovascular Diseases	<6
	4	Alzheimer Disease	<6
	5	Chronic lower respiratory	<6
		diseases	
2003	1	Diseases of Heart	19
	2	Malignant Neoplasms	12
	3	Accidents	10
	4	Alzheimer Disease	<6
	5	Diabetes Mellitus	<6
2004	1	Malignant Neoplasms	12
	2	Diseases of Heart	9
	3	Cerebrovascular Diseases	<6
	4	Accidents	<6
	5	Diabetes Mellitus	<6
2005	1	Diseases of Heart	13
	2	Malignant Neoplasms	9
	3	Accidents	9
	4	Alzheimer Disease	<6
	5	Cerebrovascular Diseases	<6
2006	1	Malignant Neoplasms	21
	2	Diseases of heart	15
	3	Accidents	10
	4	Chronic Lower Respiratory	7
		Diseases	
	5	Alzheimer's Diseases	<6

Year	Rank	Cause of Death	Deaths
2011	1	Diseases of heart	23
	2	Malignant neoplasms	16
	3	Chronic lower respiratory	10
		diseases	
	4	accidents	6
	5	Intentional self harm	<6
2012	1	Diseases of heart	27
	2	Malignant neoplasms	23
	3	Alzheimer's diseases	8
	4	Diabetes mellitus	7
	5	Intentional self harm	7
2013	1	Malignant neoplasms	30
	2	Diseases of heart	22
	3	Accidents	13
	4	Alzheimer's diseases	8
	5	Cerebrovascular diseases	7
2014	1	Malignant neoplasms	40
	2	Diseases of heart	23
	3	Accidents	11
	4	Alzheimer's diseases	<6
	5	Cerebrovascular diseases	<6
2015	1	Malignant neoplasms	36
	2	Diseases of heart	34
	3	Accidents	13
	4	Cerebrovascular diseases	8
	5	Intentional self harm	<6
2016	1	Malignant neoplasms	33
	2	Diseases of heart	31
	3	Accidents	10
	4	Cerebrovascular diseases	8
	5	Alzheimer's disease	7
2017	1	Malignant neoplasms	34
	2	Diseases of heart	32
	3	Accidents	11
	4	Intentional self harm	6
	5	Diabetes mellitus	<6



Year	Rank	Cause of Death	Deaths
2007	1	Malignant Neoplasms	25
	2	Diseases of heart	10
	3	Accidents	<6
	4	Cerebrovascular diseases	<6
	5	Influenza and Pneumonia	<6
2008	1	Diseases of heart	20
	2	Malignant neoplasms	12
	3	Accidents	6
	4	Diabetes Mellitus	<6
	5	Intentional self -harm	<6
2009	1	Malignant neoplasms	29
	2	Diseases of heart	23
	3	Chronic lower respiratory diseases	8
	4	Chronic liver diseases and cirrhosis	<6
	5	Diabetes mellitus	<6
2010	1	Diseases of heart	26
	2	Malignant neoplasms	19
	3	Intentional self harm	<6
	4	Accidents	<6
	5	Chronic liver diseases and cirrhosis	<6

Year	Rank	Cause of Death	Deaths
2018	1	Malignant neoplasms	37
	2	Diseases of heart	29
	3	Cerebrovascular diseases	8
	4	Accidents	8
	5	Chronic liver diseases and	7
		cirrhosis	
2019	1	Malignant neoplasms	39
	2	Diseases of heart	27
	3	Chronic lower respiratory	9
		diseases	
	4	Accidents	9
	5	Cerebrovascular diseases	8
2020	1	Malignant neoplasms	30
	2	Diseases of heart	30
	3	accidents	9
	4	Diabetes Mellitus	8
	5	Cerebrovascular diseases	8
2021	1	Diseases of heart	38
	2	Malignant neoplasms	37
	3	Covid-19	25
	4	Accidents	11
	5	Diabetes Mellitus	10

Source: Alaska Division of Public Health, Health Analytics and Vital Records Section

The cumulative leading cause of death for the Southern Kenai Peninsula for years 2000 to 2021 were malignant neoplasms (538) and diseases of the heart (509).

Table 15: Southern Kenai Peninsula Leading Causes of Death, Cumulative 2000-2021

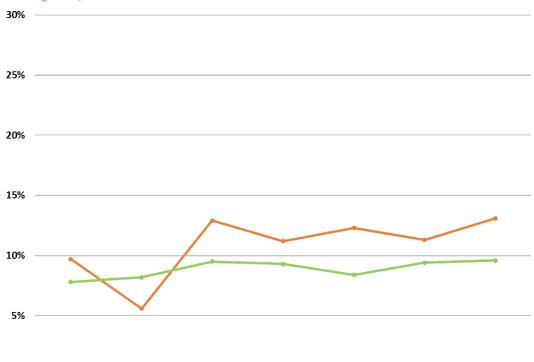
Cause of Death	Deaths
Malignant neoplasms	538
Diseases of heart	509
Accidents	161
Cerebrovascular diseases	90
Alzheimer's Diseases	59
Diabetes mellitus	55
Chronic lower respiratory diseases	46
Intentional self harm	31
Covid-19	25
Chronic liver diseases and cirrhosis	25
Influenza and Pneumonia	6

Source: Alaska Department of Health



The percentage of adults who have received a cancer diagnosis has increased in the Kenai Peninsula (11.3% to 13.1%) and Alaska (9.4% to 9.6%) between 2020 and 2021, with the percentage for the Kenai Peninsula (13.1%) higher in comparison to the state (9.6%) in the most recent year.

Figure 22: Cancer Diagnosis, 2015-2021

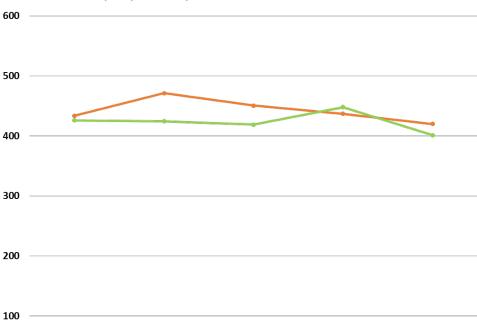


0%							
078	2015	2016	2017	2018	2019	2020	2021
→ Kenai Peninsula	9.7%	5.6%	12.9%	11.2%	12.3%	11.3%	13.1%
Alaska	7.8%	8.2%	9.5%	9.3%	8.4%	9.4%	9.6%



The cancer incidence rate per 100,000 has been decreasing in the Kenai Peninsula Borough since 2017 (471.1). In 2020, the rate was higher in the Kenai Peninsula Borough (419.8) in comparison to the state (401.2). The rate for the state decreased between 2019 (448.0) and 2020 (401.2).

Figure 23: Cancer Incidence Rate Per 100,000, All Sites, 2016-2020



	2016	2017	2018	2019	2020
→ Kenai Peninsula Borough	433.7	471.1	450.5	436.9	419.8
→ Alaska	425.7	424.4	418.7	448.0	401.2

Source: Alaska Department of Health



The cancer mortality rate per 100,000 has fluctuated in the Kenai Peninsula Borough although has been decreasing since 2018 (179.3) and in 2020 (119.4) was lower than the state. The state rate decreased between 2019 (149.5) and 2020 (143.1). The Kenai Peninsula Borough rate exceeded the Healthy Alaska 2030 Target of 127.4, while the state remained above it.

200 179.3 180 160.6 160.9 154.7 160 149.4 149.5 143.1 143.1 140.5 HA 2030 140 127.4 119.4 120 100 80 60 40 20 0 Kenai Peninsula Borough Alaska

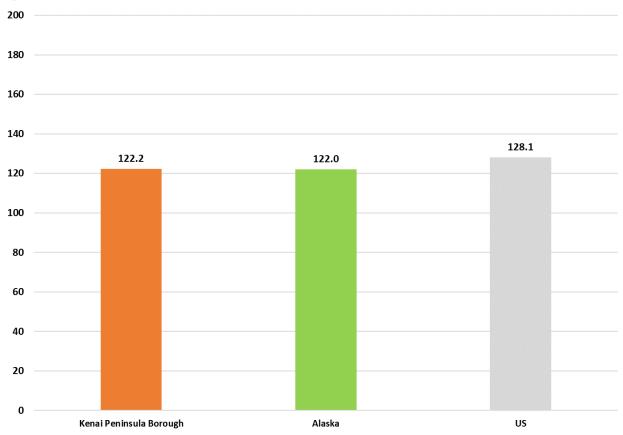
Figure 24: Cancer Mortality Rate Per 100,000, All Sites, 2016-2020

Source: Alaska Department of Health



The breast cancer incidence rate per 100,000 in 2015-2019 in the Kenai Peninsula Borough (122.2) is comparable to the state (122.0) and just below the nation (128.1)

Figure 25: Breast Cancer Incidence Rate Per 100,000, 2015-2019

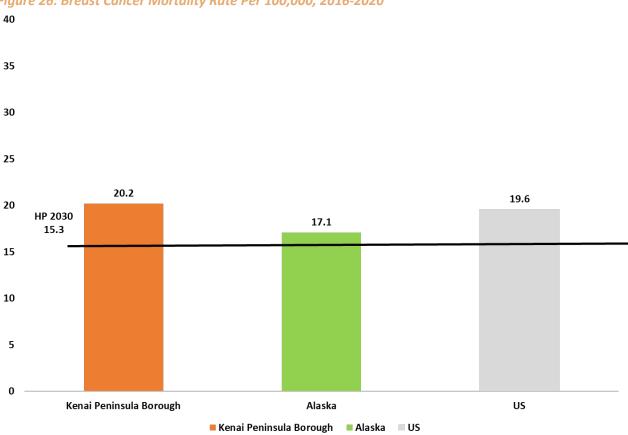


Source: Center for Disease Control, National Cancer Institute



The breast cancer mortality rate per 100,000 was 20.2 in the Kenai Peninsula Borough in 2016-2020, which was higher than Alaska (17.1) and the Healthy People 2030 Goal of 15.3. The rate for the Kenai Peninsula Borough was comparable to that of the state (19.6).

Figure 26: Breast Cancer Mortality Rate Per 100,000, 2016-2020



Source: Center for Disease Control, National Cancer Institute



The percentage of females aged 40 and older who receive a mammogram in the past two years increased in the Kenai Peninsula between 2016 (46.7%) and 2018 (53.1%) and remained steady in 2020 (53.2%). For the years 2016, 2018 and 2020, the Kenai Peninsula had a lower percentage in comparison to the state and both fell below the Healthy People 2030 Goal of 80.5%.

90% HP 2030 80.5% 80% 70% 62.0% 62.0% 61.4% 60% 53.2% 53.1% 50% 46.7% 40% 30% 20% 10% 0% 2016 2018 2020 ■ Kenai Peninsula ■ Alaska

Figure 27: Mammogram, Females Age 40+, Past 2 Years, 2016, 2018, 2020



The percentage of females ages 21 to 65 who had a pap test in the past 3 years has increased for the Kenai Peninsula from 53.2% in 2018 to 69.2% in 2020 which is still below the Healthy People 2030 Target of 84.3%. During the same timeframe the percentage decreased for Alaska from 77.1% to 69.2%, which was also below the Healthy People 2030 Target.

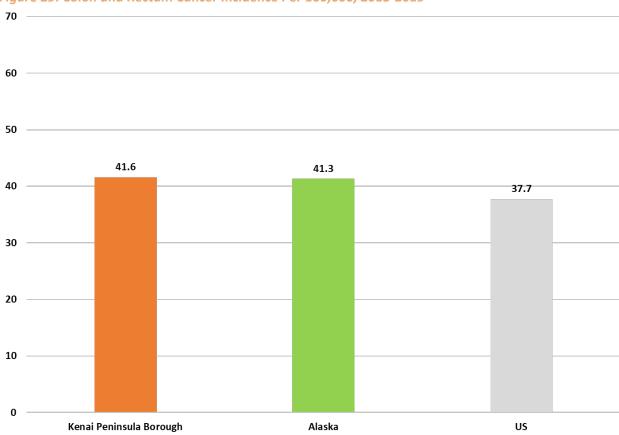
HP 2030 90% 84.3% 78.0% 80% 77.1% 69.2% 68.8% 70% 66.9% 60% 53.2% 50% 40% 30% 20% 10% 0% 2020 2016 2018 ■ Kenai Peninsula ■ Alaska

Figure 28: Pap Test, Females Ages 21 to 65, Past 3 Years, 2016, 2018, 2020



In 2015-2019, the Colon and Rectum Cancer incidence rate in the Kenai Peninsula Borough (41.6) was comparable to the state (41.3), with both above the nation (37.7).

Figure 29: Colon and Rectum Cancer Incidence Per 100,000, 2015-2019

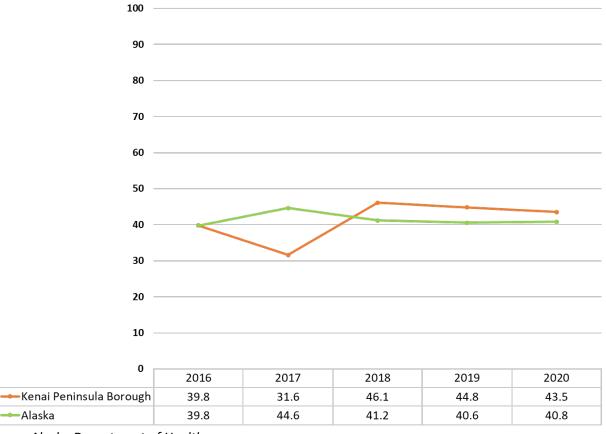


Source: Center for Disease Control, National Cancer Institute



The Colon and Rectum Cancer incidence rate per 100,000 had increased between 2017 (31.6) and 2018 (46.1) and has been decreasing ever since. In 2020, the rate in the Kenai Peninsula Borough (43.5) was higher in comparison to the state (40.8).

Figure 30: Colon and Rectum Cancer Incidence Rate Per 100,000, 2016-2020

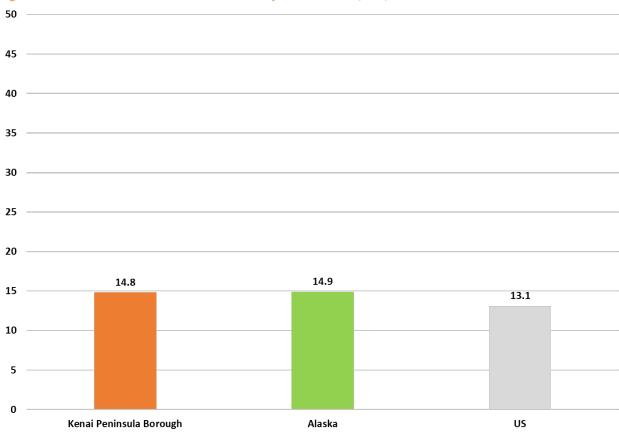


Source: Alaska Department of Health



In 2016-2020 the Colon and Rectum Cancer mortality rate in the Kenai Peninsula Borough (14.8) was comparable to Alaska (14.9) with both just above the national rate of 13.1.

Figure 31: Colon and Rectum Cancer Mortality Rate Per 100,000, 2016-2020



Source: Center for Disease Control, National Cancer Institute



2020

Between 2018 and 2020, the percentage of adults ages 50 to 75 who received a colorectal cancer screening increased in both the Kenai Peninsula (52.1% to 66.4%) and Alaska (66.4% to 69.6%) increased, although fell below the Healthy People 2030 Target of 74.4%. In 2020, a slightly lower percentage had received the screening in the Kenai Peninsula in comparison to the state.

90% HP 2030 80% 74.4% 69.6% 70% 66.4% 63.6% 60.1% 60% 55.6% 52.1% 50% 40% 30% 20% 10%

2018 ■ Kenai Peninsula ■ Alaska

Figure 32: Colorectal Cancer Screening, Adults Ages 50 to 75, 2016, 2018, 2020

Source: Alaska Behavioral Risk Factor Surveillance System Survey

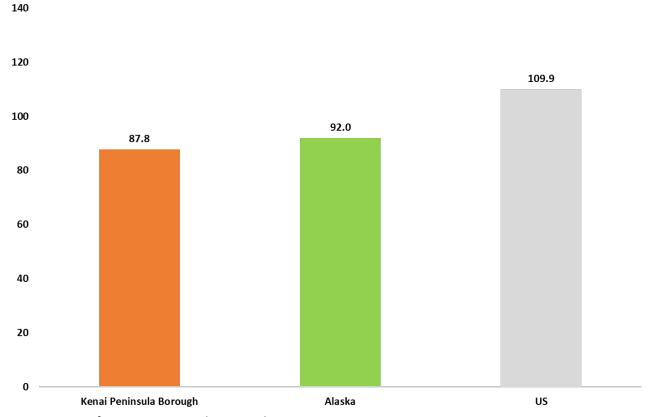
2016

0%



The Prostate Cancer incidence rate per 100,000 was lower in the Kenai Peninsula Borough (87.8) in 2015-2019 in comparison to both the state (92.0) and nation (109.9).

Figure 33: Prostate Cancer Incidence Rate Per 100,000, 2015-2019

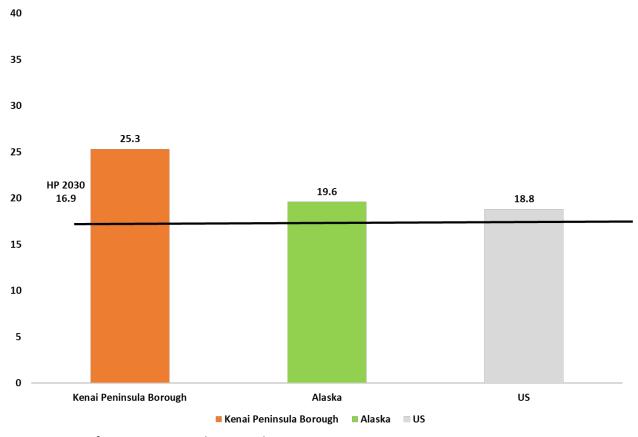


Source: Center for Disease Control, National Cancer Institute



In 2016-2020, the Prostate Cancer mortality rate per 100,000 in the Kenai Peninsula Borough (25.3) was higher than both the state (19.6) and nation (18.8) with all above the Health People 2030 Goal of 16.9.

Figure 34: Prostate Cancer Mortality Rate Per 100,000, 2016-2020

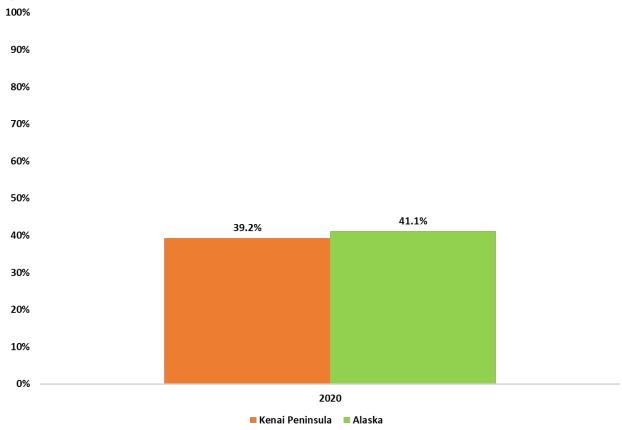


Source: Center for Disease Control, National Cancer Institute



In 2020, a slightly lower percentage of males ages 55-69 had a PSA test in the past two years in the Kenai Peninsula (39.2%) in comparison to the state (41.1%).

Figure 35: PSA Test, Past 2 Years, Males 55-69, 2020

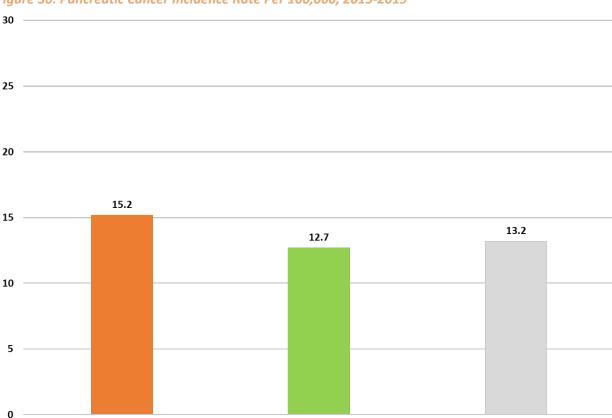




US

The Pancreatic Cancer incidence rate per 100,000 was higher in the Kenai Peninsula Borough (15.2) in 2015-2019 in comparison to the state (12.7) and nation (13.2).

Figure 36: Pancreatic Cancer Incidence Rate Per 100,000, 2015-2019



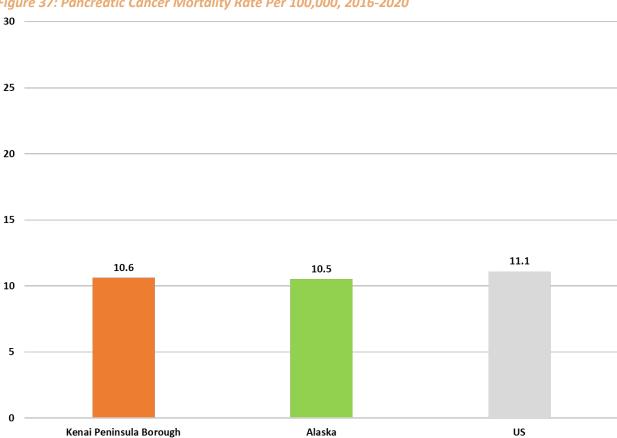
Source: Center for Disease Control, National Cancer Institute

Kenai Peninsula Borough



In 2016-2020, the Pancreatic Cancer mortality rate per 100,000 was comparable in the Kenai Peninsula Borough (10.6), Alaska (10.5) and United States (11.1) despite the Kenai Peninsula Borough having a higher incidence rate.

Figure 37: Pancreatic Cancer Mortality Rate Per 100,000, 2016-2020

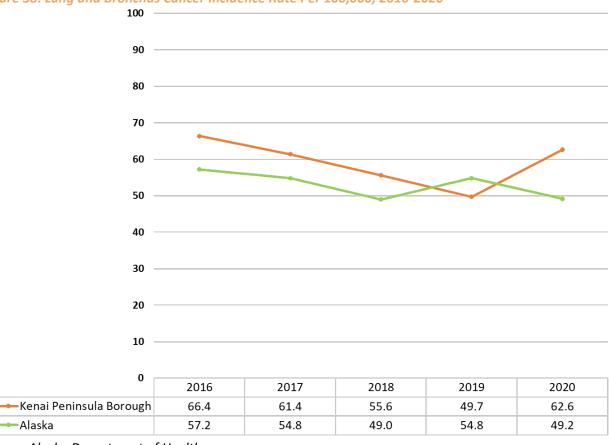


Source: Center for Disease Control, National Cancer Institute



The Lung and Bronchus cancer incidence rate per 100,000 had been decreasing in the Kenai Peninsula Borough from 66.4 in 2016 to 49.7 in 2019, at which time the rate increased to 62.6 in 2020. The incidence rate for Alaska decreased between 2019 (54.8) and 2020 (49.2). In 2020, the rate in the Kenai Peninsula Borough was higher the state.

Figure 38: Lung and Bronchus Cancer Incidence Rate Per 100,000, 2016-2020

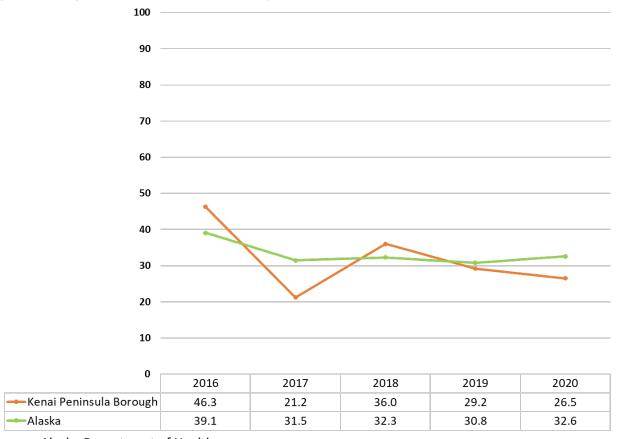


Source: Alaska Department of Health



The Lung and Bronchus Cancer mortality rate per 100,000 has been decreasing in the Kenai Peninsula Borough since 2018 (36.0) and in 2020 (26.5) is below the state (32.6).

Figure 39: Lung and Bronchus Cancer Mortality Rate Per 100,000, 2016-2020



Source: Alaska Department of Health



The percentage of adults in the Kenai Peninsula Borough with Coronary Heart Disease had decreased from 4.7% in 2018 to 3.2% in 2020, then increased to 4.6% in 2021, which was higher than Alaska (3.1%).

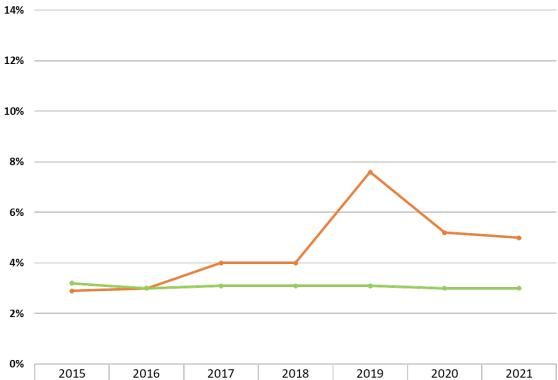
Figure 40: Coronary Heart Disease, 2015-2021





The percentage of adults who have had a heart attack in the Kenai Peninsula increased from 4.0% in 2018 to 7.6% in 2019 before decreasing to 5.0% in 2021, which was higher than the state (3.0%).

Figure 41: Heart Attack, 2015-2021



Kenai Peninsula 7.6% 5.2% 5.0% 2.9% 3.0% 4.0% 4.0% -Alaska 3.2% 3.0% 3.1% 3.1% 3.1% 3.0% 3.0%



The percentage of adults with high blood pressure has fluctuated in the Kenai Peninsula Borough and Alaska between 2015 and 2021. In the most recent years, the percentage increased in the Kenai Peninsula from 33.6% in 2020 to 39.5% in 2021, which was higher than the state (30.6%).

Figure 42: Adults with High Blood Pressure, 2015-2021



30.0%

32.6%

31.8%

30.6%

Source: Alaska Behavioral Risk Factor Surveillance System Survey

30.4%

32.0%

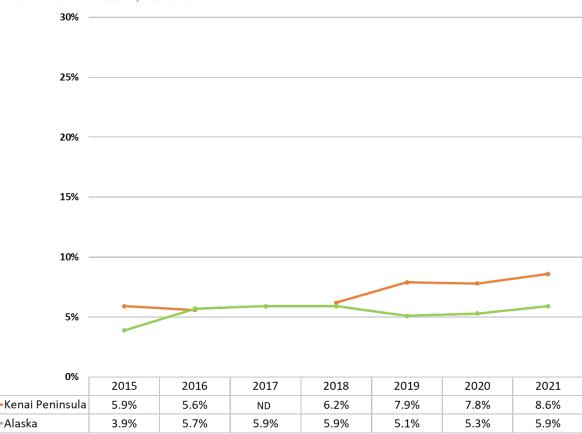
28.2%

Alaska



Between 2018 (6.2%) and 2021 (8.6%) the percentage of adults with COPD increased in the Kenai Peninsula and in 2021 was higher in comparison to Alaska (5.9%). During this time the percentage for the state also increased slightly from 5.1% in 2019 to 5.9% in 2021.

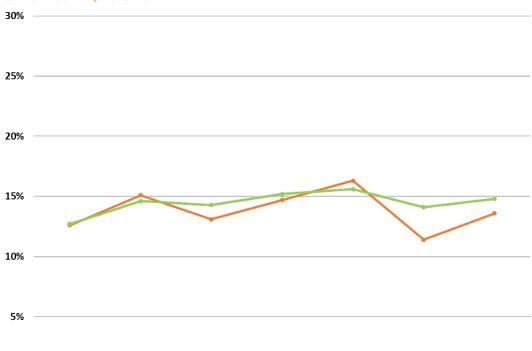
Figure 43: Adults with COPD, 2015-2021





The percentage of adults with Asthma has fluctuated in the Kenai Peninsula with a high of 16.3% in 2019, down to 11.4% in 2020 and then increasing to 13.6% in 2021. In 2021 the percentage in the Kenai Peninsula (13.6%) was just below the state (14.8%).

Figure 44: Adults with Asthma, 2015-2021

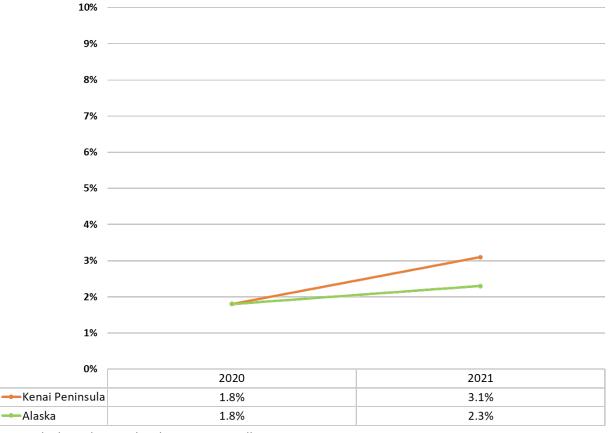


076	2015	2016	2017	2018	2019	2020	2021
Kenai Peninsula	12.6%	15.1%	13.1%	14.7%	16.3%	11.4%	13.6%
Alaska	12.7%	14.6%	14.3%	15.2%	15.6%	14.1%	14.8%



The percentage of adults with Kidney Disease increased for both the Kenai Peninsula (1.8% to 3.1%) and Alaska (1.8% to 2.3%) between 2020 and 2021.

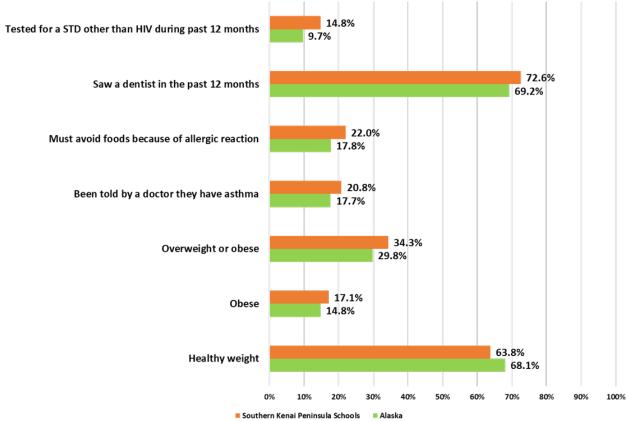
Figure 45: Adults with Kidney Disease, 2020-2021





According to the most recent Youth Risk Behavior Survey (2019) students in the Southern Kenai Peninsula Borough School District were more likely to have been tested for an STD (14.8 %, 9.7%), saw a dentist (72.6%, 69.2%), avoid foods because of allergic reaction (22.0%, 17.8%), been told they have asthma (20.8%, 17.7%), be considered overweight or obese (34.3%, 29.8%) or obese (17.1%) in comparison to the state respectively.

Figure 46: Student Health, 2019



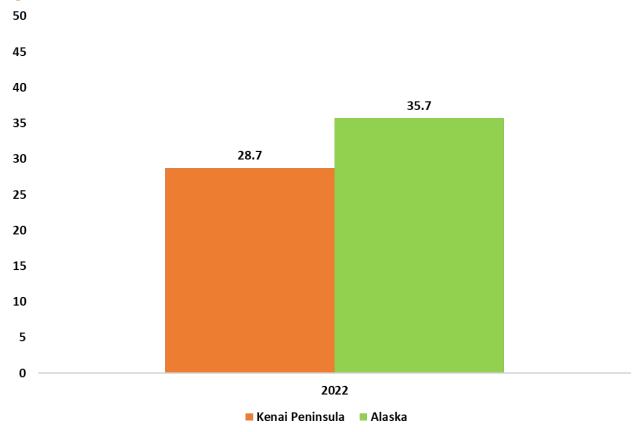
Source: Alaska Youth Risk Behavior Survey, N=399



COVID 19

According to County Health Rankings and Roadmaps, in 2022 the COVID-19 death rate was higher in Alaska (35.7) than in the Kenai Peninsula (28.7).

Figure 47: COVID-19 Death Rate Per 100,000, 2022





South Peninsula Hospital saw the highest number of COVID-19 related deaths in 2021 (18).

Table 16: COVID-19 Related Deaths, South Peninsula Hospital, 2020-2022

2020	2021	2022
2	18	3

Source: South Peninsula Hospital

The number of COVID-19 related ER visits has increased in South Peninsula Hospital with a high of 303 in 2022.

Table 17: COVID-19 Related ER Visits, South Peninsula Hospital, 2020-2021

2020	2021	2022
49	226	303

Source: South Peninsula Hospital

The number of COVID-19 related hospitalizations at South Peninsula Hospital was highest in 2021.

Table 18: COVID-19 Related Hospitalizations, South Peninsula Hospital, 2020-2022

2020	2021	2022
18	95	81

Source: South Peninsula Hospital

SVT Health and Wellness saw a decrease in visits for COVID-19 between 2021 (676) and 2022 (140). In 2022, SVT Health and Wellness started to track visits for long COVID-19 and had 27 visits.

Table 19: COVID-19 Related Visits, SVT Health and Wellness, 2021-2022

	2021	2022
Number of Visits for COVID	676	140
Number of Visits for Long COVID	N/A*	27

^{*}Data was not being tracked

Source: SVT Health and Wellness

The South Peninsula Hospital Clinics saw an increase in COVID-19 related visits between 2021 (598) and 2022 (920), although there was a decrease in visits for suspected exposure (49 to 26). The number of patients with a personal history of COVID-19 increased from 93 in 2021 to 157 in 2022. Those with a post COVID-19 condition increased from 4 in 2021 to 87 in 2022.

Table 20: COVID-19 Related Visits, South Peninsula Hospital Clinics, 2021-2022

	2021	2022	Total
COVID-19	598	920	1,518
Contact with (suspected exposure)	49	26	75
Personal history of COVID-19	93	157	250
Post-COVID-19 condition	4	87	91
Total	744	1,190	1,934

Source: SVT Health & Wellness, Homer Medical Center, South Peninsula Family Care Clinic, Seaworthy Functional Medicine

Disclaimer: Variance in clinic data collection methodology was undeterminable at time of assessment.



According to the American Cancer Society, the COVID-19 pandemic had an immediate impact in March and April of 2020, as screenings initially dropped by close to 80%. Although many people caught up on screenings later in 2020, overall, the COVID-19 pandemic kept screenings down over the course of the entire year.

South Peninsula Hospital saw a decrease in the number of colonoscopies between 2019 (290) and 2020 (22) with the number increasing in 2021 (304).

Table 21: Colonoscopies, South Peninsula Hospital, 2018-2021

2018	2019	2020	2021
276	290	222	304

Source: South Peninsula Hospital

The number of mammograms performed at South Peninsula Hospital decreased in 2020 (986 from 1,235 in 2019) and in 2021 (1,172) was close to the number performed in the prior year.

Table 22: Mammograms, South Peninsula Hospital, 2018-2021

2018	2019	2020	2021
1,102	1,235	986	1,172

Source: South Peninsula Hospital

Harvard Medical School conducted a study that found a 33% drop in heart attack patients and 58% drop in stroke patients at the hospital during March and April of 2020. A study from BioMed Central reported a decrease in Emergency Department (ED) visits for cardiac conditions from the US and Western Europe due to the COVID-19 pandemic.

The number of heart related ER visits actually increased in the South Peninsula Hospital in 2020 (181 from 146 in 2019) and remained steady in 2021 (180).

Table 23: Heart Related ER Visits, South Peninsula Hospital, 2018-2021

			-/
2018	2019	2020	2021
124	146	181	180

Source: South Peninsula Hospital

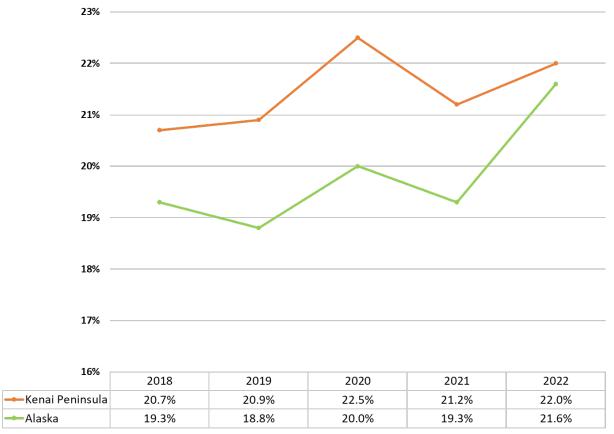


Physical Activity and Nutrition

Regular physical activity reduces the risk for many diseases, helps control weight, and strengthens muscles, bones, and joints. Proper nutrition and maintaining a healthy weight are critical to good health.

The percentage of adults reporting physical inactivity had decreased in the Kenai Peninsula between 2020 (22.5%) and 2021 (21.2%) before increasing to 22.0% in 2022, just above the state (21.6%). The state followed a similar trend as the Kenai Peninsula.

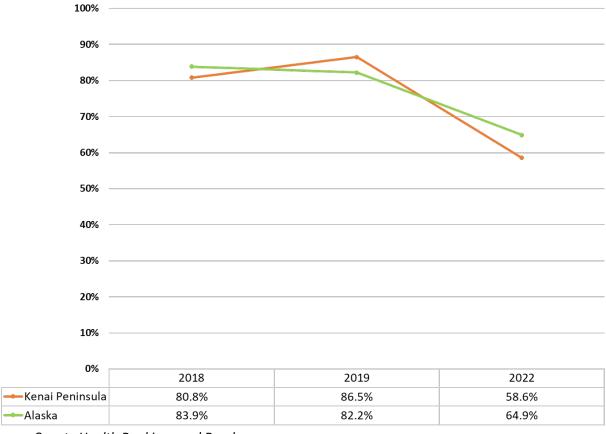
Figure 48: Physical Inactivity, 2018-2022





The percentage of adults with access to exercise opportunities in the Kenai Peninsula decreased from 86.5% in 2019 to 58.6% in 2022, which was lower in comparison to Alaska (64.9%). During this timeframe, the percentage also decreased in Alaska from 82.2% in 2019 to 64.9% in 2022.

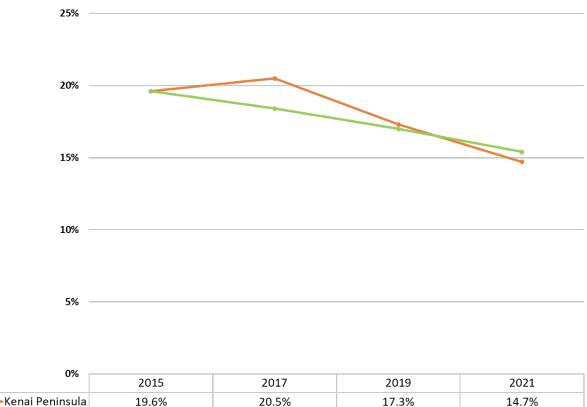
Figure 49: Access to Exercise Opportunities, 2018-2022





The percentage of adults who report daily consumption of five or more servings of fruit and vegetables decreased in the Kenai Peninsula between 2017 (20.5%) and 2021 (14.7%), while the percentage for Alaska has been decreasing since 2015 (19.6%). In 2021, the Kenai Peninsula (14.7%) was just below the state (15.4%)

Figure 50: Daily Serving (5+) of Fruits and Vegetables, 2015-2021



20.5%

18.4%

17.3%

17.0%

14.7%

15.4%

Source: Alaska Behavioral Risk Factor Surveillance System Survey

19.6%

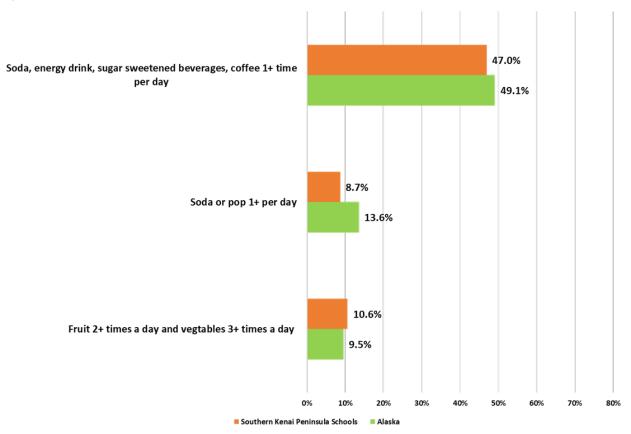
19.6%

-Alaska



A higher percentage of students in the Southern Kenai Peninsula Borough School District (10.6%) report eating fruit twice a day and vegetables three times a day compared to the state (9.5%). A slightly smaller percentage in the Kenai Peninsula Borough School District consume soda, energy drinks, sweetened beverages or coffee one or more times a day (47.6%) or drink soda one or more times a day (10.3%) in comparison to Alaska (49.1% and 13.6% respectively).

Figure 51: Student Nutrition, 2019

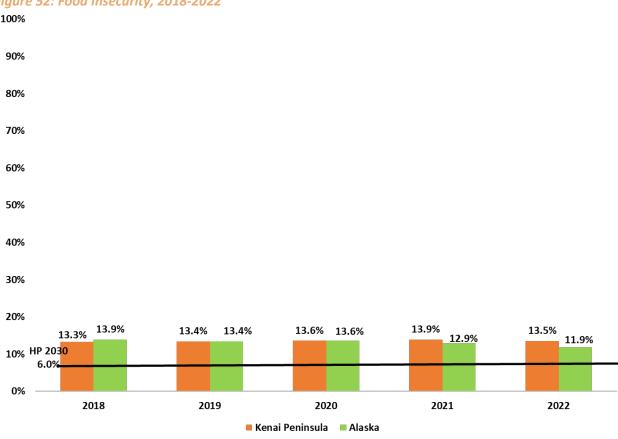


Source: Alaska Youth Risk Behavior Survey, N=399



The Kenai Peninsula Borough population who report food insecurity has remained fairly steady between 2018 and 2019, while the state saw a decrease between 2020 (13.6%) and 2022 (11.9%). In 2022, the percentage of residents with food insecurity was higher in the Kenai Peninsula (13.5%) than Alaska (11.9%) with both above the Healthy People 2030 Goal of 6.0%.

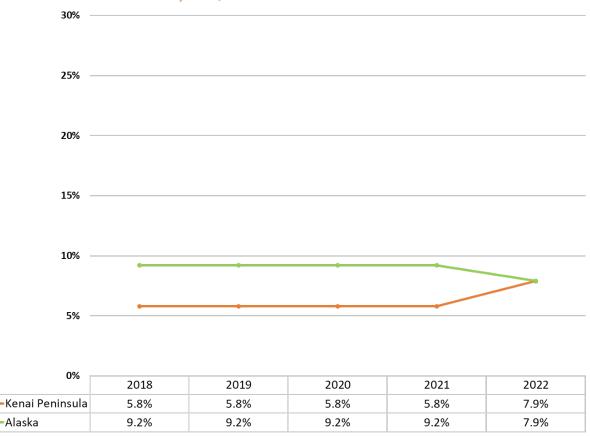
Figure 52: Food Insecurity, 2018-2022





The percentage of residents with limited access to healthy food increased in the Kenai Peninsula between 2021 (5.8%) and 2022 (7.9%), with the percentage decreased in Alaska (9.2% to 7.9%). In 2022, the Kenai Peninsula (7.9%) was comparable to the state (7.9%).

Figure 53: Limited Access to Healthy Food, 2018-2022





The total of unique households served increased from 564 in 2021 to 744 in 2022. All groups saw an increase between 2021 and 2022, with exception of disabled children which remained the same. Food pantry utilization by unique individuals had decreased between 2019 and 2020, was stable between 2020 and 2021 and then increased in 2022.

--- Adults ---- Children ---- Females ---Seniors Total Veterans Total Disabled Disabled Adults Disabled Seniors Disabled Veterans Disabled Children Female Single-Parent Male Single-Parent

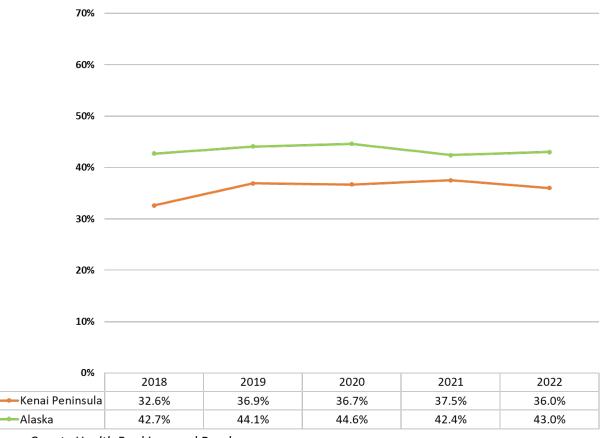
Figure 54: Unique Persons Served by Homer Community Food Pantry, 2018-2022

Source: Homer Community Food Pantry



The percentage of students in the Kenai Peninsula eligible for free or reduced lunch has not changed much since 2018 and has remained lower than the state from 2018 to 2022. The percentage for the Kenai Peninsula decreased slightly from 37.5% in 2021 to 36.0% in 2022.

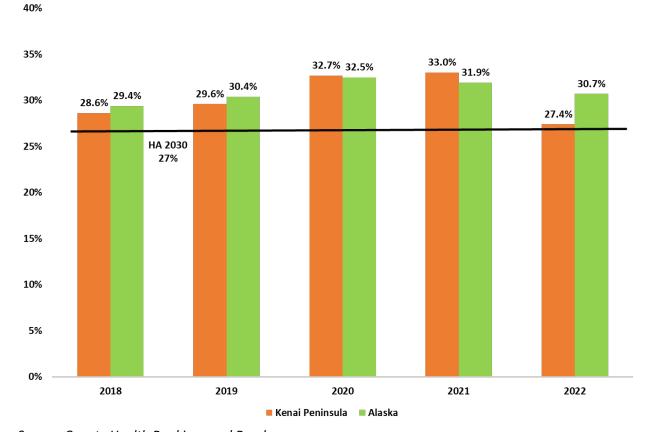
Figure 55: Students Eligible for Free or Reduced Lunch, 2018-2022





The percentage of obese adults in the Kenai Peninsula decreased in recent years from 33.0% in 2021 to 27.4% in 2022 which meets the Healthy Alaskans 2030 Target of 27%. In 2021, the percentage of obese adults was lower in the Kenai Peninsula (27.4%) in comparison to Alaska (30.7%).

Figure 56: Obese Adults, 2018 to 2022



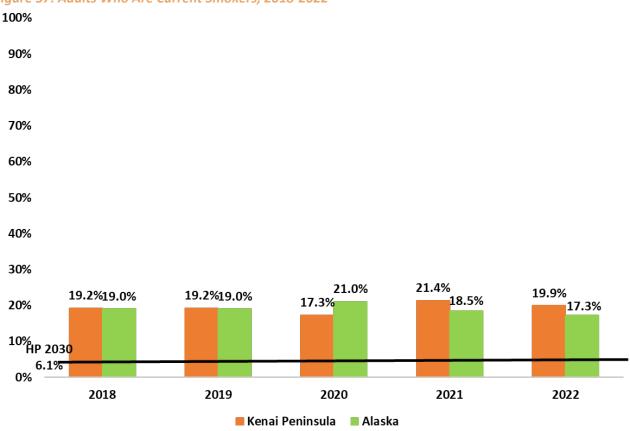


Tobacco Use

Tobacco Use is an important public health indicator as it relates to a number of chronic disease issues and conditions.

The percentage of adults who report being a current smoker has fluctuated in the Kenai Peninsula, with a slight decrease in most recent years (21.4% in 2021 to 19.9% in 2022). In 2022, the Kenai Peninsula had a higher percentage of current smokers (19.9%) in comparison to Alaska (17.3%) with both well above the Healthy People 2030 Goal of 6.1%.

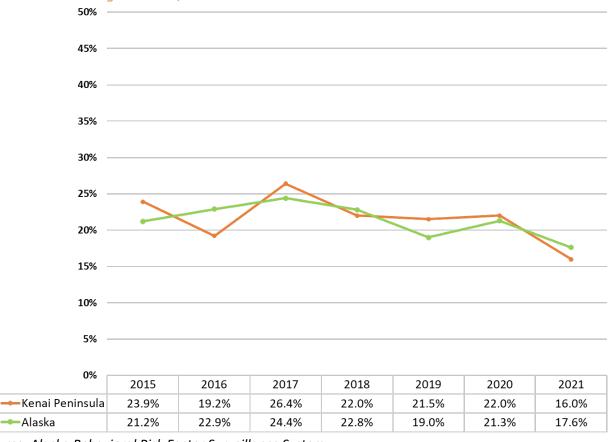
Figure 57: Adults Who Are Current Smokers, 2018-2022





The percentage of adults who report current cigarette use has fluctuated in the Kenai Peninsula and Alaska. In most recent years current cigarette use decreased in both the Kenai Peninsula (22.0% in 2020 to 16.0% in 2021) and Alaska (21.3% in 2020 and 17.6% in 2021). In 2021 the percentage of current smokers in the Kenai Peninsula (16.0%) was lower than the state (17.6%).

Figure 58: Current Cigarette Use, 2015-2021

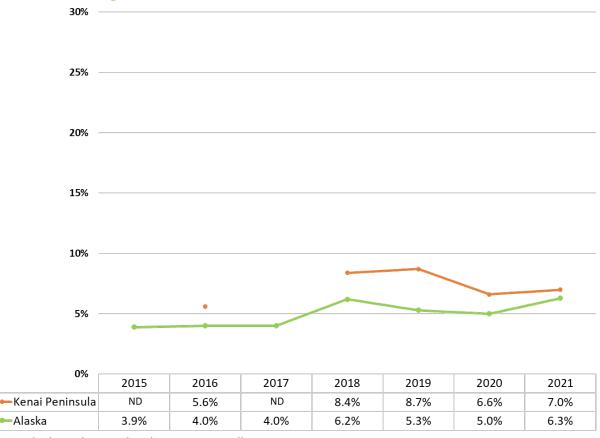


Source: Alaska Behavioral Risk Factor Surveillance System



The percentage of adults in the Kenai Peninsula who report current E-Cigarette use has decreased from 8.4% in 2018 to 7.0% in 2021, although in 2021 was just above the state (6.3%).

Figure 59: Current E-Cigarette Use, 2015-2021

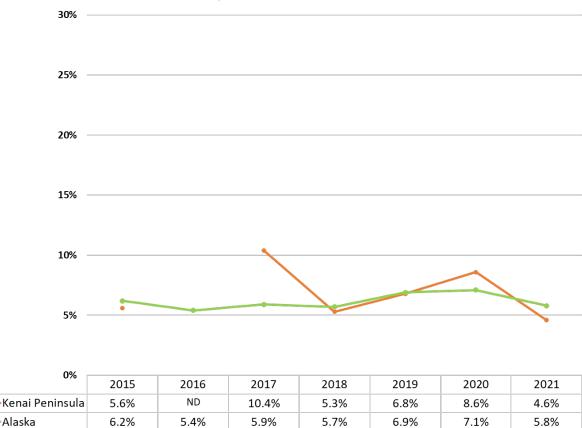


Source: Alaska Behavioral Risk Factor Surveillance System



The percentage of adults who report current smokeless tobacco use had been increasing between 2018 (5.3%) to 2020 (8.6%) until decreasing to 4.6% in 2021, which was lower than the state (5.8%).

Figure 60: Current Smokeless Tobacco Use, 2015-2021



Source: Alaska Behavioral Risk Factor Surveillance System

-Alaska



Students in the Southern Kenai Peninsula schools are more likely to report current cigarette use (11.1%) in comparison to the state (7.5%).

26.1% Vaping, past 30 days 26.1% 2.2% Iqmik or Blackbull, past 30 days 6.9% 5.2% Smokeless Tobacco, Past 30 days 9.3% 11.1% **Current Cigarette Use** 7.5% 0% 10% 30% 40% 50% 60% 70% 80% 20% Southern Kenai Peninsula Schools Alaska

Figure 61: Student Tobacco Use, 2019

Source: Alaska Youth Risk Behavior Survey, N=399



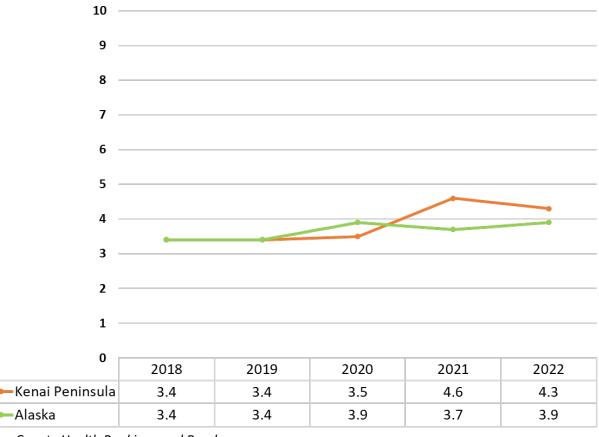
Mental Health and Substance Use Disorder

Mental Health refers to a broad array of activities directly or indirectly related to the mental well-being component included in the World Health Organization's definition of health: "A state of complete physical, mental and social well-being, and not merely the absence of disease." Mental health is related to the promotion of well-being, the prevention of mental disorders, and the treatment and rehabilitation of people affected by mental disorders.

According to the World Health Organization, substance abuse refers to the harmful or hazardous use of psychoactive substances, including alcohol and illicit drugs. Psychoactive substance use can lead to dependence syndrome - a cluster of behavioral, cognitive, and physiological phenomena that develop after repeated substance use and that typically include a strong desire to take the drug, difficulties in controlling its use, persisting in its use despite harmful consequences, a higher priority given to drug use than to other activities and obligations, increased tolerance, and sometimes a physical withdrawal state.

The average number of days adults report their mental health was not good had increased in the Kenai Peninsula from 3.5 in 2020 to 4.6 in 2021 before decreasing to 4.3 in 2022. In 2022, adults in the Kenai Peninsula (4.3) reported a higher average number of days when their mental health was not good in comparison to the state (3.9).

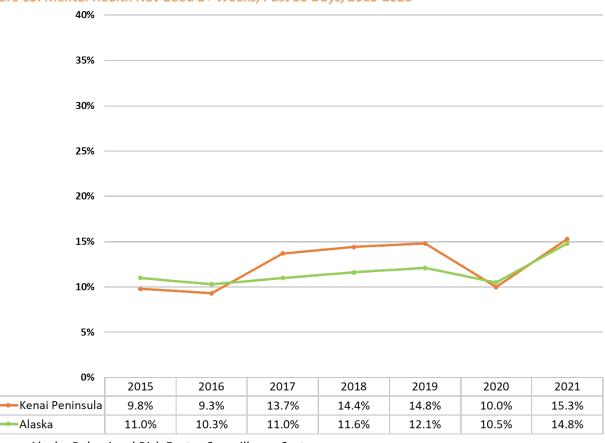
Figure 62: Average Number of Days Mental Health Not Good, 2018-2022





The percentage of adults who report their mental health was not good two or more weeks in the past 30 days increased for both the Kenai Peninsula and Alaska between 2020 (10.0%, 10.5% respectively) and 2021 (15.3%, 14.8% respectively), after the percentage had decreased between 2019 and 2020. In 2021, the percentage was slightly higher in the Kenai Peninsula (15.3%) when compared to Alaska (14.8%).

Figure 63: Mental Health Not Good 2+ Weeks, Past 30 Days, 2015-2021

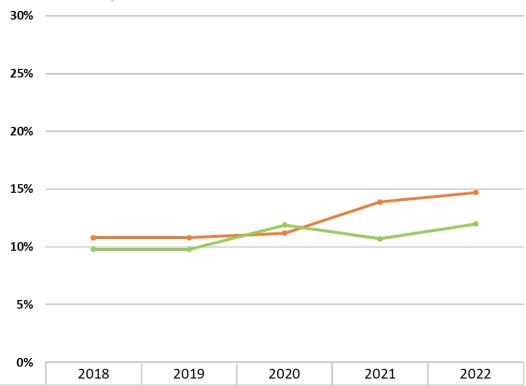


Source: Alaska Behavioral Risk Factor Surveillance System



The percentage of adults who report frequent mental distress has been increasing in the Kenai Peninsula from 11.2% in 2020 to 14.7% in 2022. The percentage also increased for Alaska between 2021 (10.7%) and 2022 (12.0%). In 2022, the Kenai Peninsula (14.7%) had a higher percentage report frequent mental distress than Alaska (12.0%).

Figure 64: Frequent Mental Distress, 2018-2022



 2018
 2019
 2020
 2021
 2022

 Kenai Peninsula
 10.8%
 10.8%
 11.2%
 13.9%
 14.7%

 → Alaska
 9.8%
 9.8%
 11.9%
 10.7%
 12.0%



Due to the small numbers, suicide data is reported in the aggregate for 10 years of rolling data. The number of suicide deaths has been steadily increasing in the Southern Kenai Peninsula, with a slight decrease between 2010-2019 (51) and 2011-2020 (49) although 2012-2021 is one of the highest 10-year time periods.

Table 24: Southern Kenai Peninsula Resident Intentional Self-Harm (Suicide) Deaths, 1999 - 2021

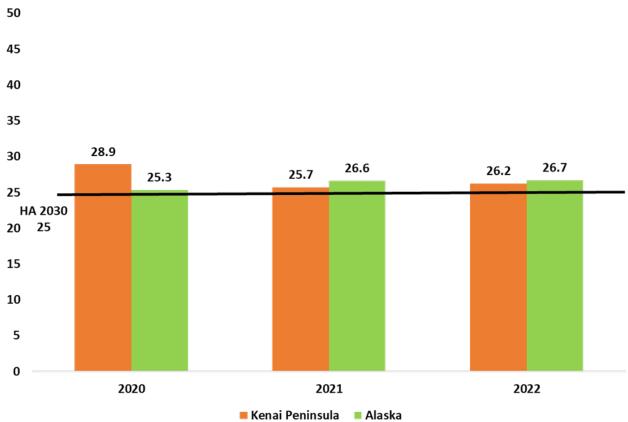
Year	Deaths
1999-2008	22
2000-2009	20
2001-2010	20
2002-2011	25
2003-2012	29
2004-2013	32
2005-2014	37
2006-2015	41
2007-2016	44
2008-2017	48
2009-2018	48
2010-2019	51
2011-2020	49
2012-2021	51

Source: Alaska Division of Public Health, Health Analytics and Vital Records Section



The suicide mortality rate per 100,000 increased slightly in the Kenai Peninsula between 2021 (25.7) and 2022 (26.2), while the state rate remained steady. In 2022, the Kenai Peninsula and Alaska were just above the Healthy Alaskans 2030 Target of 25.

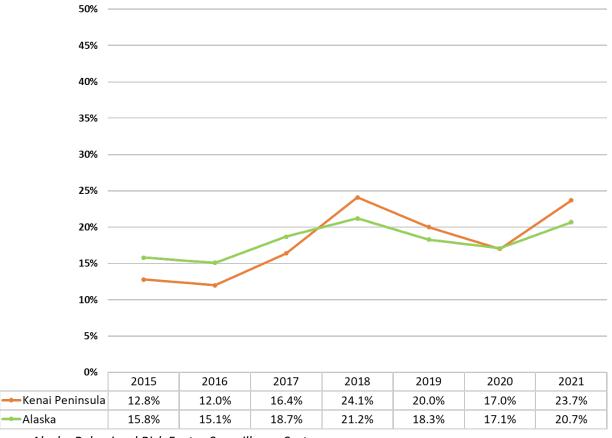
Figure 65: Suicide Mortality Rate, Per 100,000, 2020-2022





Between 2020 and 2021, the percentage of adults diagnosed with depressive disorder increased in both the Kenai Peninsula (17.0% to 23.7%) and Alaska (17.1% to 20.7%). In 2021, the percentage was higher in the Kenai Peninsula (23.7%) than in the state (20.7%).

Figure 66: Adults Diagnosed with Depressive Disorder, 2015-2021



Source: Alaska Behavioral Risk Factor Surveillance System



Students in the Southern Kenai Peninsula Schools were more likely to feel sad or hopeless (43.4%) than students across the state (38.1%). Students in the Southern Kenai Peninsula are doing better for all other areas related to bullying and attempted suicide in comparison to the state.

17.3% **Electronically bullied** 19.4% 15.3% **Bullied off school property** 16.3% 24.9% **Bullied on school property** 25.5% 43.4% Students feel sad or hopeless 38.1% 15.3% Students attempted suicide 19.7% 0% 10% 70% 80% 90% 100% Southern Kenai Peninsula Schools Alaska

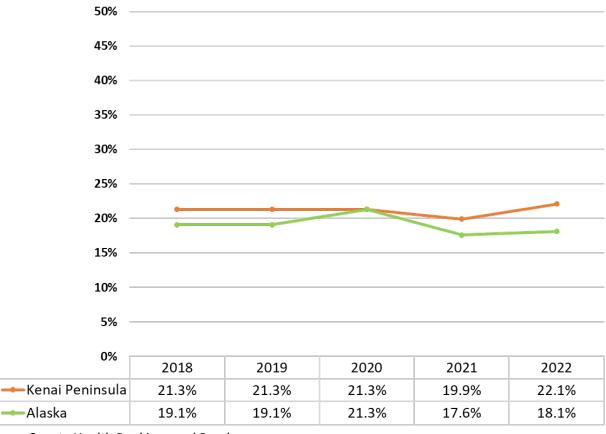
Figure 67: Student Mental Health, 2019

Source: Alaska Youth Risk Behavior Survey, N=399



The percentage of adults who report excess drinking increased in the Kenai Peninsula from 19.9% in 2021 to 22.1% in 2022, which was higher than Alaska (18.1%).

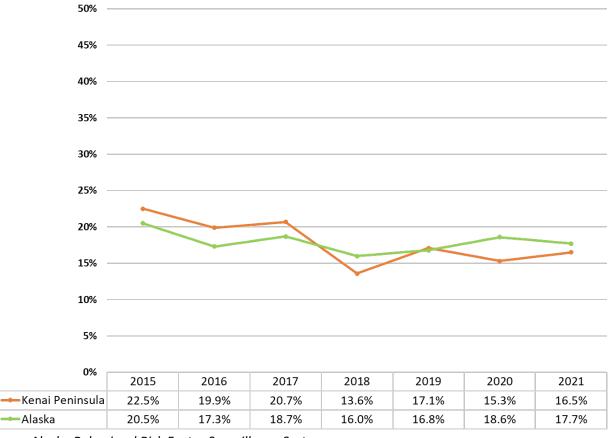
Figure 68: Excessive Drinking, 2018-2022





The percentage of adults who report binge drinking increased from 15.3% in 2020 to 16.5% in 2021, although overall is lower than it had been in 2015 (22.5%). During this time period, the percentage for Alaska decreased from 18.6% to 17.7%, although remained higher than the Kenai Peninsula.

Figure 69: Binge Drinking, Past 30 Days, 2015-2021

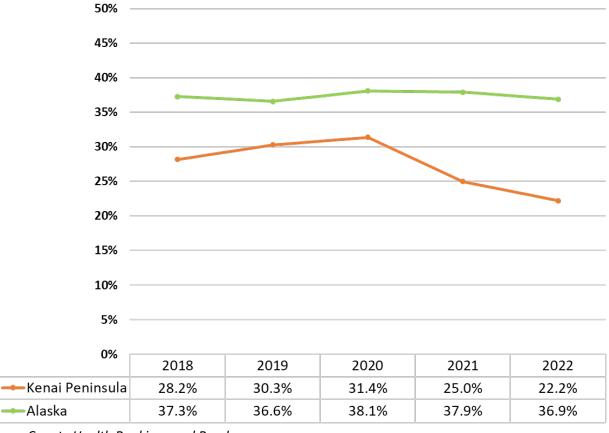


Source: Alaska Behavioral Risk Factor Surveillance System



The percentage of driving deaths with alcohol involved has been decreasing in the Kenai Peninsula since 2020 (31.4%) and in 2022 (22.2%) was lower than Alaska (36.9%).

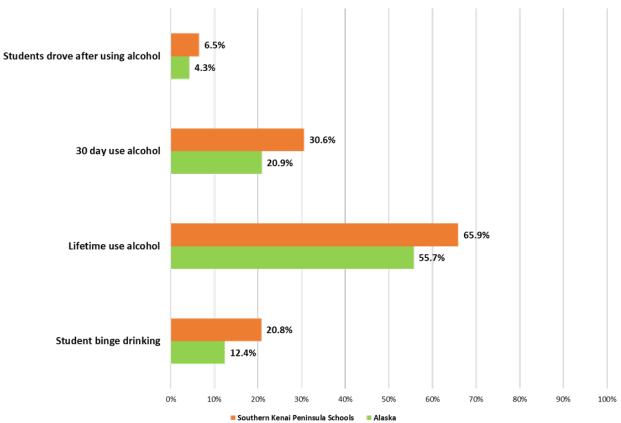
Figure 70: Driving Deaths with Alcohol Involved, 2018-2022





Students in the Southern Kenai Peninsula Schools were more likely to have drove after drinking, used alcohol or to have binge drank in comparison to students across the state.

Figure 71: Student Alcohol Use, 2019

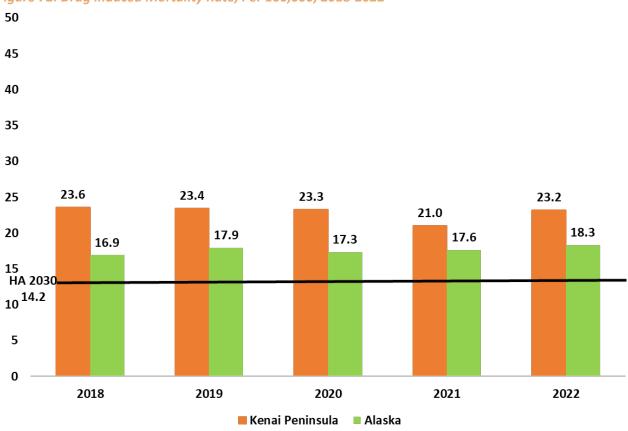


Source: Alaska Youth Risk Behavior Survey, N=399



The drug induced mortality rate per 100,000 has fluctuated in the Kenai Peninsula, with an increase in recent years from 21.0 in 2021 to 23.2 in 2022. During this time the rate also increased for the state (17.6 to 18.3). In 2022, the rate for the Kenai Peninsula (23.2) was higher than Alaska (18.3) with both well above the Healthy Alaskans 2030 Target of 14.2.

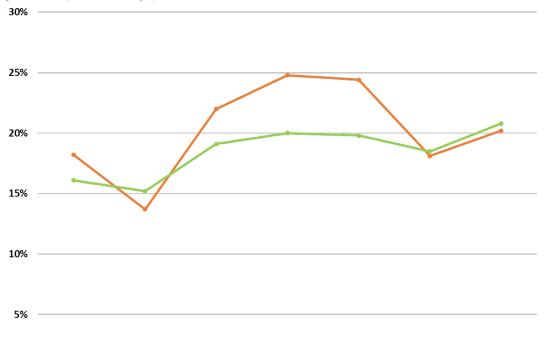
Figure 72: Drug Induced Mortality Rate, Per 100,000, 2018-2022





Between 2020 and 2021 the percentage of adults who report marijuana use in the past 30 days increased in both the Kenai Peninsula (18.1% to 20.2%) and Alaska (18.5% to 20.8%).

Figure 73: Marijuana Use, Past 30 Days, 2015-2021



	2015	2016	2017	2018	2019	2020	2021
→ Kenai Penin	sula 18.29	6 13.7%	22.0%	24.8%	24.4%	18.1%	20.2%
─ Alaska	16.19	6 15.2%	19.1%	20.0%	19.8%	18.5%	20.8%

Source: Alaska Behavioral Risk Factor Surveillance System



Students in the Southern Kenai Peninsula Borough Schools were more likely to have used marijuana or drove after using marijuana in comparison to their peers across the state.

28.1% 30 day use marijuana 21.6% 43.8% Lifetime use marijuana 37.5% 14.3% Students drove after using marijuana 12.0% 0% 10% 40% 50% 60% 70% Alaska Southern Kenai Peninsula Schools

Figure 74: Student Marijuana Use, 2019

Source: Alaska Youth Risk Behavior Survey, N=399



The percentage of adults who report opioid use in the past 30 days decreased in both the Kenai Peninsula (11.6% to 5.9%) and Alaska (8.4% to 7.4%) between 2018 and 2019. In 2019, opioid use in the past 30 days was lower in the Kenai Peninsula than the state.

Figure 75: Opioid Use, Past 30 Days, 2018-2019

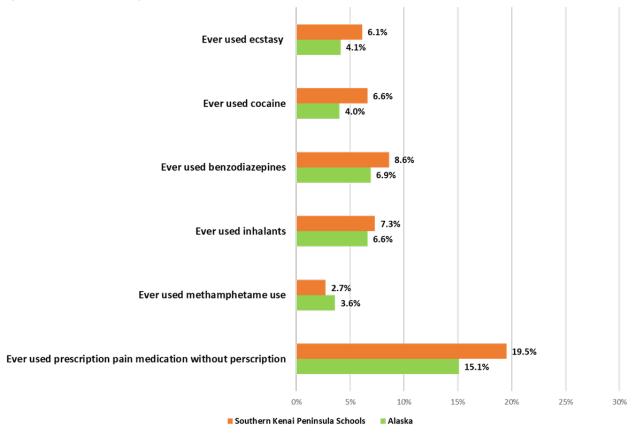


Source: Alaska Behavioral Risk Factor Surveillance System



Students in the Southern Kenai Peninsula Schools were more likely to have used ecstasy, cocaine, benzodiazepines, inhalants, prescription medications without a prescription than peers across the state.

Figure 76: Student Drug Use, 2019



Source: Alaska Youth Risk Behavior Survey, N=399



Megan's Place is a needle and syringe exchange resource in Homer. Every first and third Tuesday from 5-7PM at the SPH Training Center at 203 W. Pioneer Ave., anyone in need can confidentially dispose of used needles & obtain clean needles, access free resources and information including naloxone (overdose) kits, sanitary products, free rapid on-site HIV and Hepatitis C testing, fresh cookies, and MORE! Safe, confidential, and an incredible FREE community resource ran by a great team of discreet, helpful, trained volunteers.

The number of NARCAN kits distributed doubled from 51 in June 2020 to March 2021 to 116 in 2022. Megan's Place distributed 5,000 more syringes in 2022 in comparison to the prior timeframe. In 2022, 10,000 fewer syringes were disposed of. Despite an increase in distribution, the number of participant visits decreased.

Table 25: Megan's Place Exchange, 2020-2022

	June 2020 – March 2021	2022
NARCAN Kits Distributed	51	116
Syringes Distributed	25,000	30,000
Syringes Disposed	27,000	17,000
Participant Visits	145	112

Source: Megan's Place

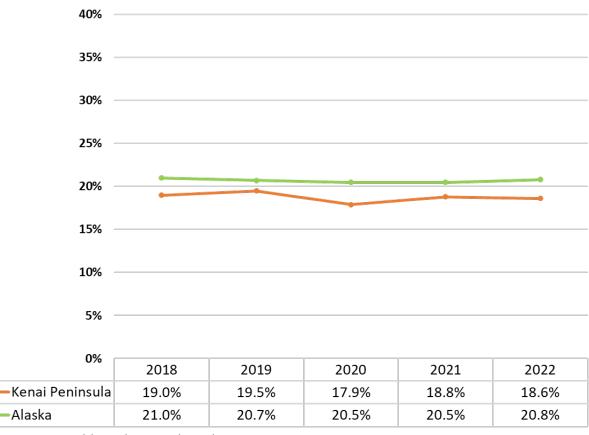


Healthy Environment

Environmental quality is a general term which refers to varied characteristics that relate to the natural environment such as air and water quality, pollution and noise, weather as well as the potential effects such characteristics have on physical and mental health. In addition, environmental quality also refers to the socioeconomic characteristics of a given community or area, including economic status, education, crime and geographic information.

The percentage of households with severe housing problems has not changed much in the Kenai Peninsula or Alaska, and in 2022 the percentage was lower in the Kenai Peninsula (18.6%) in comparison to the state (20.8%).

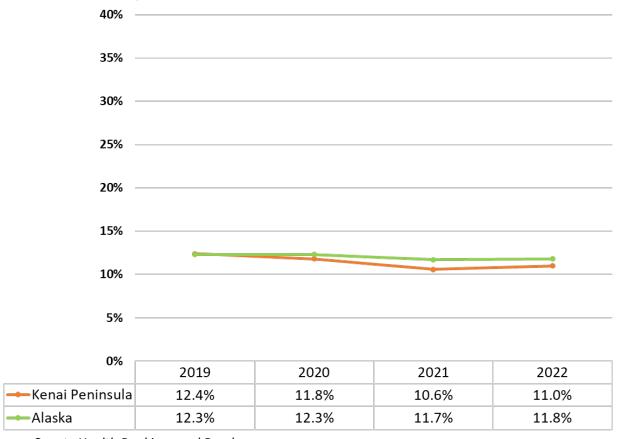
Figure 77: Severe Housing Problems, 2018-2022





The percentage of households who are severe cost burdened has not changed much in the Kenai Peninsula or Alaska and in 2022 the percentages were comparable.

Figure 78: Severe Housing Cost Burdened, 2019 - 2022



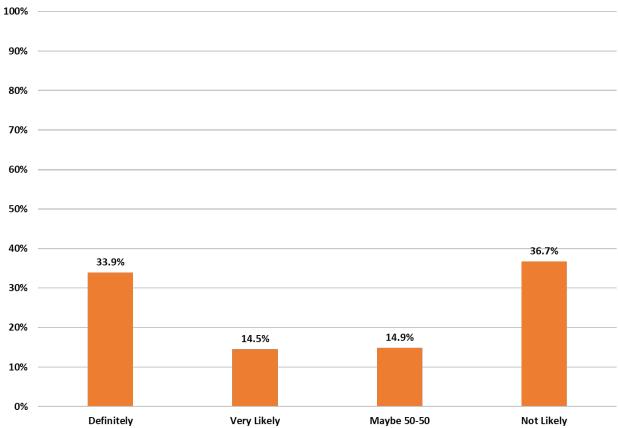


Residents and business came together for a housing event. The posters that were displayed at the event, which include some local data, can be found in Appendix C.

Of the respondents who completed the Homer Residential Housing Survey, 33.9% are definitely likely to buy or rent residential property in Homer in the next 5 years with another 14.5% very likely to.

Respondents were asked to indicate the type of property they would be looking for, the most common types of property respondents noted they would be looking for are single family with many open to an apartment or duplex. Of those who might be looking, most are looking for a new primary residence.

Figure 79: Likeliness to Buy or Rent Residential Property in Homer, Next 5 Years



Source: Homer Residential Housing Survey, N=248



Over half of respondents to the Homer Residential Housing Survey think there are slim pickings when it comes to finding housing in Homer, with another 29.5% indicating they do not think what they are looking for is available in Homer.

100% 90% 80% 70% 60% 57.1% 50% 40% 29.5% 30% 20% 12.2% 10% 1.3% 0% Yes, lots to choose from Might have to look, but we can **Pretty slim pickings** No, I don't find something

Figure 80: Think There is Availability in Homer for What Looking for

Source: Homer Residential Housing Survey, N=248

The following were the most frequently identified barriers to finding housing in Homer:

- Affordable housing
- Availability
- Impact of short-term rentals (VRBO, Airbnb)



Respondents to the Homer Business Housing Survey indicate that employees are having a difficult time finding housing in Homer (34.0%) and that the lack of housing is making it difficult to recruit employees (42.6%).

100% 90% 80% 70% 60% 50% 42.6% 40% 34.0% 30% 20% 10.6% 8.5% 10% 4.3% 0% Difficult Other

Lack of housing is making it difficult to recruit employees

Figure 81: Employees Experience Finding Housing in Homer

Source: Homer Business Housing Survey, N=47

Employers shared the reasons their employees live outside of Homer:

Easy

- Lack of affordable housing
- Lack of rental
- Lack of housing for sale

Very easy



In 2022 there were zoning permits for 42 new residential properties.

Table 26: Zoning Permits, Homer, 2012-2022

Year	New Construction	New Residential	New Commercial	Additions/ Remodels	Value of New Construction
	Permits				Permits
2022	47	42	5	18	\$28.1 million
2021	48	43	5	12	\$21.4 million
2020	54	48	6	12	\$17.4 million
2019	45	37	8	25	\$21 million
2018	50	41	9	17	\$20.2 million
2017	42	35	7	15	\$11.4 million
2016	39	33	6	14	\$9.7 million
2015	43	38	5	17	\$12.2 million
2014	47	37	10	15	\$14.8 million
2013	47	36	11	17	\$9.9 million

City of Homer, Zoning Permits Report

Based on the most recent Homer Resource Connect report, 47.1% of individuals slept in their apartment or home, which 24.8% doubled up and 13.2% slept in a car. A small number slept on the streets or in a homeless camp (3.3%) or an abandoned property (1.7%).

Table 27: Where Individuals Slept Last Night, January 2023

	Frequency	Percent
On Streets/Homeless Camp	4	3.3%
Abandoned Property (Not	2	1.7%
meant for habitation)		
Vehicle/Car	16	13.2%
Local Homeless Shelter	0	0%
Friends/Family (Doubled up)	30	24.8%
My Apartment/House	57	47.1%
Hotel/Motel	2	1.7%
Jail/Institutional Setting	0	0%
Other (Specify)*	16	13.2%
No Answer	2	1.7%
Total	129**	106.7%**

^{*}Other responses included: Cabin, RV, Dog sitting, Yurt, Camper, Dry cabin, Haven House, Trailer

Source: Homer Resource Connect

^{**}Percentages above are based on the total number of responses. Some participants chose more than one option.



Of those who report being homeless, 33.9% have been homeless for one year or more.

Table 28: Length of Time Homeless, January 2023

	Frequency	Percent
Less than 1 year	21	17.4%
1 year or more	41	33.9%
Don't know/Refused	15	12.4%
No Answer*	44	36.3%
Total	121	100%

^{*}Some participants were 'No Answer' because they did not consider themselves currently homeless.

Source: Homer Resource Connect

Of those who report being homeless and provided a response, 38.0% have been homeless more than once.

Table 29: Number of Times Homeless, January 2023

	Frequency	Percent
This is the first time	16	13.2%
One time	5	4.1%
Two to three times	22	18.2%
Four or more times	20	16.5%
The whole time	4	3.3%
Don't know/Refused	11	9.1%
No Answer	43	35.6%
Total	121	100%

Source: Homer Resource Connect



Of those who report being homeless in 2023, 28.9% report having a physical health problem and 16.5% report having a mental health problem. This has been pretty consistent in comparison to 2020 and 2021.

Table 30: Disabling Condition, Homeless Population, 2020 - 2023

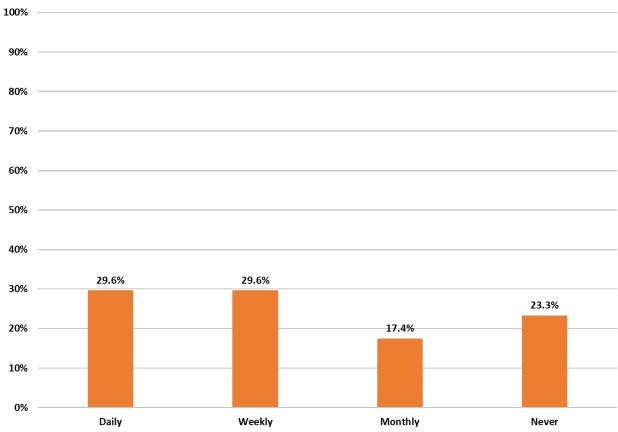
	2020		2021		2022		2023	
	Number	Percent	Number	Percent	Number	Percent	Number	Percent
Alcohol abuse	1	3%	4	8%	ND	ND	1	0.8%
Both alcohol &	3	9%	4	8%	ND	ND	ND	ND
drug abuse								
Chronic health	14	41%	16	32.5%	ND	ND	17	14%
condition								
Developmental	4	12%	ND	ND	ND	ND	3	2.5%
Drug abuse	2	6%	2	4%	ND	ND	3	2.5%
HIV/AIDS	0	0%	ND	ND	ND	ND	1	0.8%
Mental health	16	47%	8	16.5%	ND	ND	20	16.5%
problem								
Physical health	16	47%	15	31%	ND	ND	35	28.9%
problem								
Client doesn't	0	0%	ND	ND	ND	ND	4	3.3%
know								
Client refused	0	0%	ND	ND	ND	ND	ND	ND
Total	34	162%	49	100%	ND	ND	146	121%

Source: Homer Resource Connect



Just under a third (29.6%) of respondents to the Kenai Peninsula Economic Development District Transportation survey use or would use public transportation daily with another 29.6% of respondents indicating they use or would use it weekly. The most frequent reason for using public transportation was to avoid driving in bad weather (26.2%).

Figure 82: Frequency Use or Would Use Public Transportation

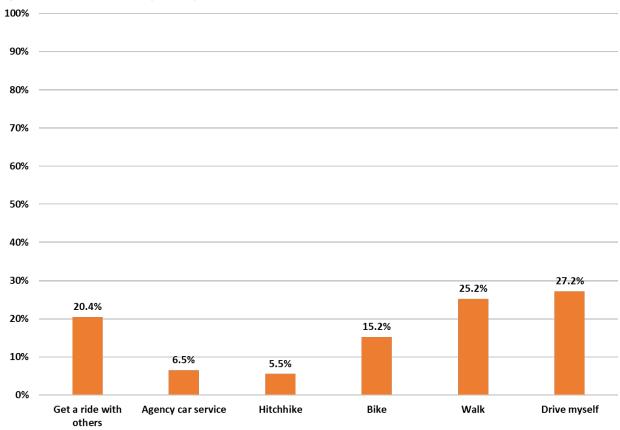


Source: Kenai Peninsula Economic Development District, Transportation Survey, N=287



Outside of public transportation, respondents to the transportation survey were most likely to drive themselves (27.2%), walk (25.2%) or get a ride from others (20.4%).

Figure 83: Other Modes of Transportation Used

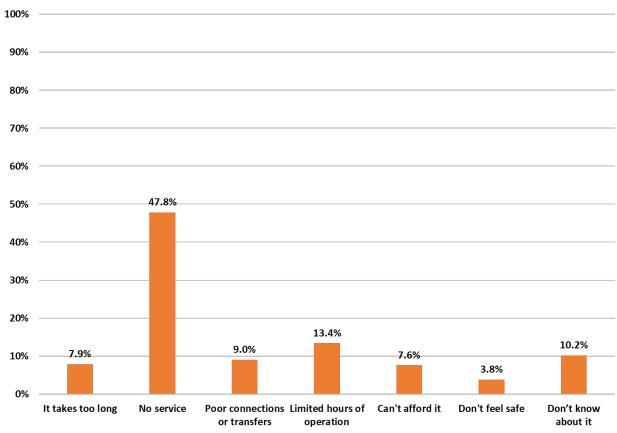


Source: Kenai Peninsula Economic Development District, Transportation Survey, N=287



Transportation survey respondents who do not regularly use public transportation do not use it because there is no service (47.8%).

Figure 84: Reasons Do Not Use Public Transportation Regularly



Source: Kenai Peninsula Economic Development District, Transportation Survey, N=287



Residents in the Kenai Peninsula and Alaska with broadband access has increased, although in 2022 fewer residents had access in the Kenai Peninsula (83.1%) than the state (87.3%).

100% -87.3% 90% 85.5% 83.1% 79.5% 80% 70% 60% 50% 40% 30% 20% 10% 0% 2021 2022

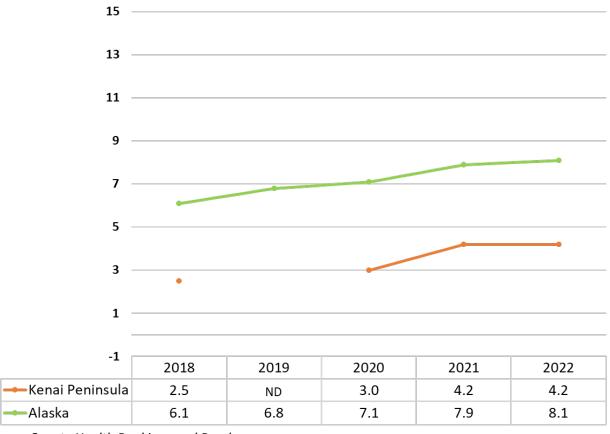
■ Kenai Peninsula
■ Alaska

Figure 85: Broadband Access, 2021-2022



The homicide mortality rate per 100,000 in the Kenai Peninsula increased from 3.0 in 2020 to 4.2 in 2021 and remained the same for 2022. In 2022 the rate in the Kenai Peninsula (4.2) was lower than the state rate (8.1).

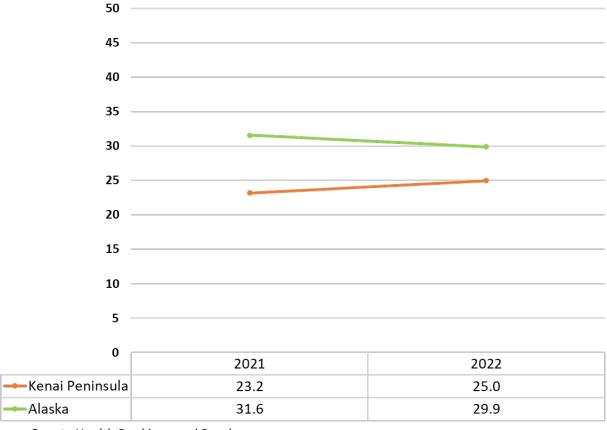
Figure 86: Homicide Mortality Rate, Per 100,000, 2018-2022





The juvenile arrest rate per 1,000 increased from 23.3 in 2021 to 25.0 in 2022 in the Kenai Peninsula, while decreasing in Alaska (31.6 to 29.9) during that time.

Figure 87: Juvenile Arrest Rate, Per 1,000, 2021-2022





The total number of reported incidents has decreased in Homer overall since 2016 and has been on a steady decline since 2019. In 2022 the most frequent incidents included: 911 hang ups, welfare checks, REDDI report, agency assist and disturbance.

Table 31: Total Reported Incidents, Homer Police Department, 2016-2022

	2016	2017	2018	2019	2020	2021	2022
Homer	7,338	7,025	6,933	7,147	3,983	3,373	3,187

Source: Homer Police Annual Reports

The total arrest charges in Homer for years 2016-2022. The number has been increasing since 2020 and is higher in 2022 in comparison to 2016. In 2022 the most frequent arrest charges included violation of condition of release, driving while intoxicated, and unlawful contact 1st and 2nd degree (DV).

Table 32: Total Arrest Charges, Homer Police Department, 2016-2022

	2016	2017	2018	2019	2020	2021	2022
Homer	468	489	542	522	328	566	617

Source: Homer Police Annual Reports

The total number of persons arrested in Homer has decreased overall since 2016 and in the most recent year.

Table 33: Number of Persons Arrested, Homer Police Department, 2016-2022

	2016	2017	2018	2019	2020	2021	2022
Homer	332	337	353	328	204	338	264

Source: Homer Police Annual Reports

The majority of arrests in Homer are adults, although the number of arrest changes has been increasing for both juveniles and adults since 2020.

Table 34: Arrest Charge by Group, Homer Police Department, 2020-2022

	2020	2021	2022
Juvenile	5	9	17
Adult	323	557	600

Source: Homer Police Annual Reports



A higher percentage of arrests in Homer are alcohol related in comparison to drug related, with the exception of 2021 when they were the same. Overall, the percentage of arrests that are drug related has been increasing since 2020.

100% 90% 80% 70% 60% 50% 38% 40% 32% 30% 18% 20% 14% 14% 9% 10% 0% 2020 2021 2022 ■ Alcohol Related ■ Drug Related

Figure 88: Alcohol and Drug Related Arrests, Homer Police Department, 2020 - 2022

Source: Homer Police Annual Reports



The majority of crimes in Homer are property crimes, although the numbers has decreased since 2020.

Table 35: Crimes by Type of Crime, Homer Police Department, 2020-2022

	Property Crimes	Violent Crimes
2020	332	59
2021	293	69
2022	278	62

Source: Homer Police Annual Reports

The number of traffic citations is down overall from 2016 but increased between 2021 and 2022.

Table 36: Traffic Citations, Homer Police Department, 2016-2022

	2016	2017	2018	2019	2020	2021	2022
Homer	442	1,097	613	866	111	80	103

Source: Homer Police Annual Reports

The total number of motor vehicle accidents in Homer has decreased overall since 2016 and in the most recent year.

Table 37: Motor Vehicle Accidents, Homer Police Department, 2016-2022

	2016	2017	2018	2019	2020	2021	2022
Homer	112	103	100	91	129	158	91

Source: Homer Police Annual Reports

The total number of prisoners in the Homer Community Jail has been increasing since 2020 and is higher in comparison to 2019.

Table 38: Prisoners, Homer Community Jail, 2019-2022

	2019	2020	2021	2022
Homer	458	375	484	519

Source: Homer Police Annual Reports

The number of EMS calls to the Homer Volunteer Fire Department has decreased since 2021 but is higher in comparison to 2019.

Table 39: EMS Calls, Homer Volunteer Fire Department, 2019-2022

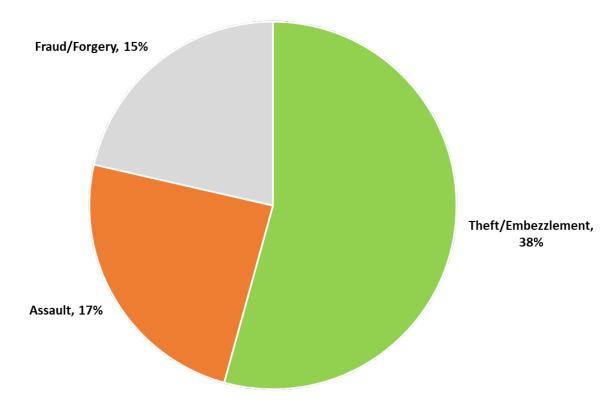
	2019	2020	2021	2022
Homer	570	518	619	589

Source: Homer Volunteer Fire Department



In 2022, there were 233 offenses, a little over one third (38%) of major offenses are theft/embezzlement, followed by assault (17%) and fraud/forgery (15%).

Figure 89: Major Offense by Charge, Homer Police Department, 2022



Source: Homer Police Annual Reports



The City of Homer Economic Development Commission completed a Homer Quality of Life study which included a SWOT analysis to identify strengths, weaknesses, opportunities and threats.

Figure 90: Community SWOT Analysis

Strengths

- Small town feel and scale
- Eclectic businesses, buildings and people
- Wide variety of locally owned small businesses
- Integrated town with outdoor environment
- Connected community with vibrant cultural and business groups

QUALITY OF LIFE

Opportunities

- Encourage multi-family housing
- Increase ease of walking and biking
- Collaborate with community partners on habitat, climate, erosion and other natural environment issues that impact quality of life
- Find ways to keep young or returning residents in the community

Weaknesses

- Lack of worker support: Housing, Childcare, Training.
- Difficulty for early to mid-career residents to thrive
- Some infrastructures is in need of repair (roads) or expansion - storm water + green infrastructure
- Local regulation is not resulting in the patterns and development the community would like to see.

Threats

- · Difficult to recruit new talent
- · Poor retention of workers
- Loss of town/wildlife interface
- New residents may not become involved in the community; slow loss of volunteer run organizations, events and services; Risk of gentrification; becoming a community of empty households.
- Costs of living and doing business

Source: Homer Quality of Life, City of Homer Economic Development Commission

In 2022, the Kenai Peninsula had a higher drinking water violation rate (0.48) when compared to the state (0.25), nation (0.03) and peer groups (0.06).

Table 40: Environmental Risks, 2022

	Kenai Peninsula	U.S.	Peer Group	Alaska
Airborne Cancer Risk ³	7.72	25.92	18.82	15.05
Air Quality Hazard ⁴	0.09	0.34	0.24	0.21
Drinking Water Violation Rate Per 1,000 ⁵	0.48	0.03	0.06	0.25
Toxic Release Index Score ⁶	0.00	0.04	0.01	0.02

Source: US News

³ Probability of contracting cancer over the course of a lifetime based on air toxics health risks; per 1M population

⁴ Potential risk of developing serious respiratory complications over the course of a lifetime; smaller values indicate reduced risk

⁵ Violation points, according to EPA standards, per 1,000 population

 $^{^{\}rm 6}$ Relative health risk from exposure to toxic chemicals

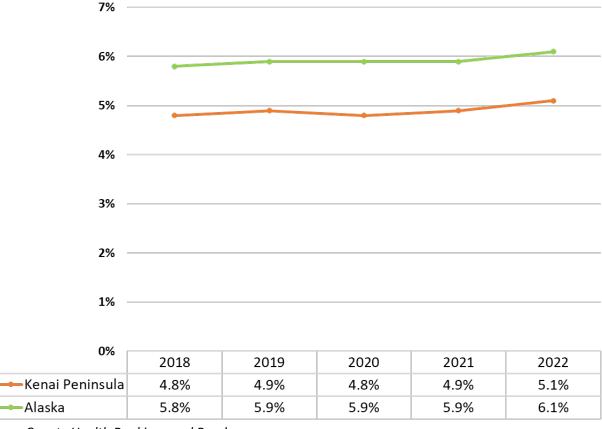


Healthy Women, Mothers, Babies and Children

The well-being of children determines the health of the next generation and can help predict future public health challenges for families, communities, and the health care system. The healthy mothers, babies and children topic area addresses a wide range of conditions, health behaviors, and health systems indicators that affect the health, wellness, and quality of life for the entire community. One commented on the connection between obesity and chronic conditions.

The percentage of babies born at low birthweight has remained fairly steady in both the Kenai Peninsula and Alaska between 2018 and 2022. There was a slight increase between 2021 and 2022, with the Kenai Peninsula lower than Alaska for all reported years.

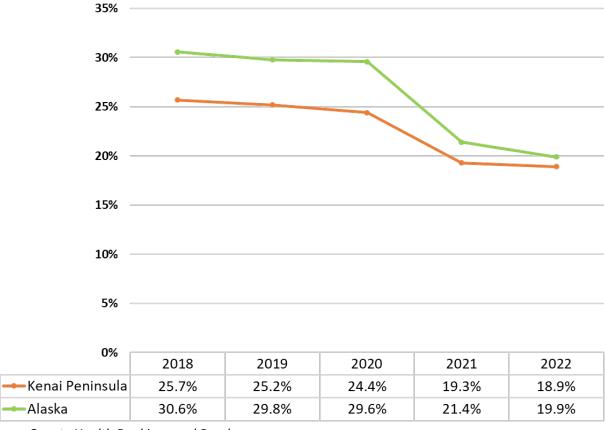
Figure 91: Babies Born at Low Birthweight, 2018-2022





The percentage of children living in single parent households has been decreasing in both the Kenai Peninsula and Alaska since 2020. In 2022, the Kenai Peninsula percentage (18.9%) was just below that of the state (19.9%).

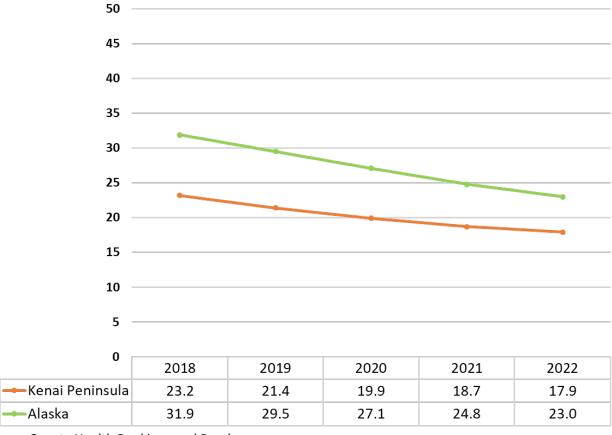
Figure 92: Children Living in Single Parent Households, 2018-2022





The teen birth rate per 1,000 female population ages 15-19 has been decreasing in the Kenai Peninsula and Alaska since 2018, with the Kenai Peninsula rate lower than the state rate.

Figure 93: Teen Birth Rate, Per 1,000 Females Ages 15-19, 2018-2022





The infant mortality rate per 1,000 live births had been increasing in the Kenai Peninsula since 2019 but decreased between 2021 (5.3) and 2022 (4.9). The rate in the Kenai Peninsula was lower than the state for all reported years.

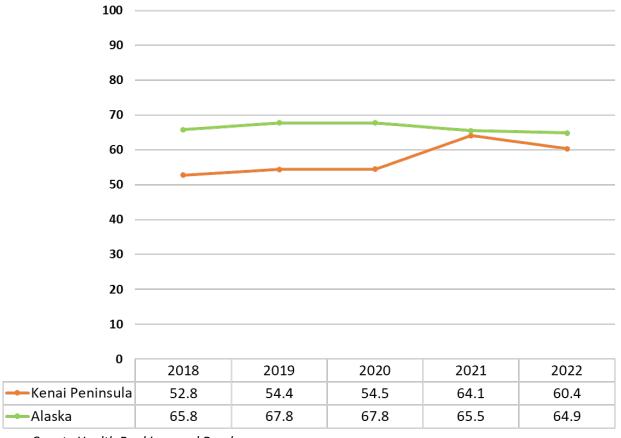
Figure 94: Infant Mortality Rate, Per 1,000 Live Births, 2018-2022





The child mortality rate among residents under age 18 per 100,000 population increased in the Kenai Peninsula from 54.5 in 2020 to 64.1 in 2021 then decreased to 60.4 in 2022. During this time period, the rate in Alaska had steadily decreased. In 2022, the Kenai Peninsula rate (60.4) was lower than the state rate (64.9).

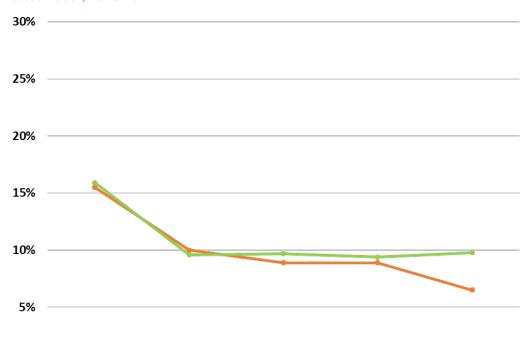
Figure 95: Child Mortality Rate, Per 100,000 Under the Age of 18, 2018-2022





Disconnected Youth are teens and young adults ages 16-19 who are neither working nor in school. The percentage of disconnected youth has been decreasing in the Kenai Peninsula since 2018 and in 2022 (6.5%) was lower than Alaska (9.8%).

Figure 96: Disconnected Youth, 2018-2022



0%	2018	2019	2020	2021	2022
──Kenai Peninsula	15.5%	10.0%	8.9%	8.9%	6.5%
→ Alaska	15.9%	9.6%	9.7%	9.4%	9.8%

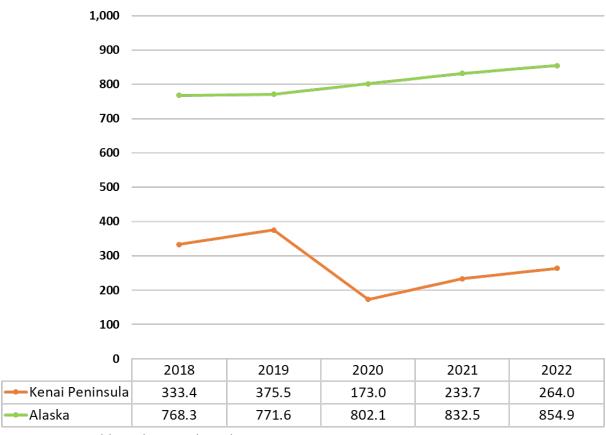


Infectious Disease

Pathogenic microorganisms, such as bacteria, viruses, parasites or fungi, cause infectious diseases; these diseases can be spread, directly or indirectly, from one person to another. These diseases can be grouped in three categories: diseases which cause high levels of mortality; diseases which place on populations heavy burdens of disability; and diseases which owing to the rapid and unexpected nature of their spread can have serious global repercussions (World Health Organization).

The Chlamydia rate per 100,000 has been increasing in the Kenai Peninsula since 2020 (173.0) although in 2022 (264.0) is well below the Alaska rate of 854.9.

Figure 97: Chlamydia Rate, Per 100,000, 2018-2022





Kachemak Bay Family Planning reported an increase in the number of STI tests completed in 2022 in comparison to prior years. The percentage of positive Herpes tests declined from 62% in 2020 to 44% in 2021 to 14% in 2022. In 2022 5% of tests were positive for Hep C, 2% for Syphilis and 5% for Chlamydia/Gonorrhea.

Table 41: Positive STI Tests, Kachemak By Family Planning Clinic, 2020-2022

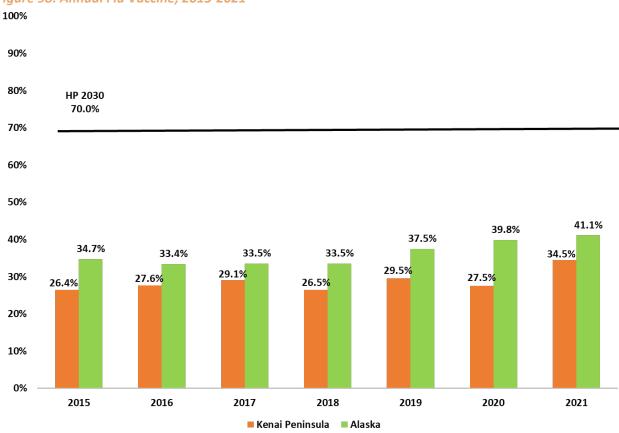
		2020	2021	2022
STI	STI Test	% Positive	% Positive	% Positive
Нер С	HCV-Rapid	N/A	N/A	2%
Нер С	HCV-Antibody	0%	0%	3%
Syphilis	RPR	0%	0%	0%
Syphilis	Syphilis Rapid	N/A	N/A	2%
Herpes	Herpes Simplex Virus I/II	62%	44%	14%
Chlamydia/Gonorrhea	Chlamydia/GC Amplification	4%	10%	5%
Нер В	HBsAg Screen	0%	0%	0%
HIV	HIV 1/2-rapid	0%	0%	0%
HIV	HIV serum	0%	0%	0%

Source: Kachemak Bay Family Planning Clinic



The percentage of adults who received an annual flu vaccine increased in the Kenai Peninsula between 2020 (27.5%) and 2021 (34.5%). In 2022, the Kenai Peninsula (34.5%) had a lower percentage of adults receiving the annual flu vaccine than the state (41.1%). The Kenai Peninsula and Alaska fall well below the Healthy People 2030 Goal of 70.0%.

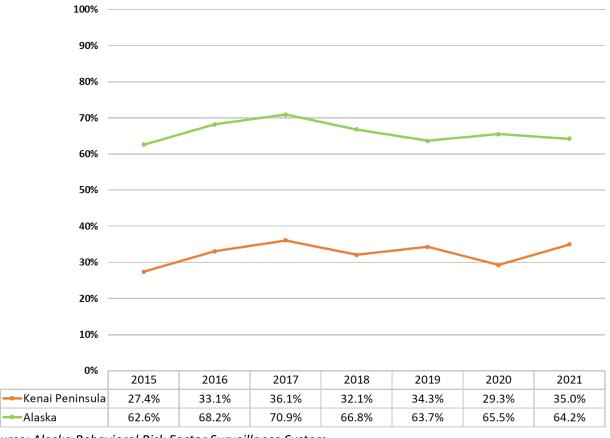
Figure 98: Annual Flu Vaccine, 2015-2021





The percentage of adults aged 65 and older in both the Kenai Peninsula and Alaska who received the pneumonia vaccine has fluctuated between 2015 and 2021, with the Kenai Peninsula having a lower percentage in comparison. The percentage increased in the Kenai Peninsula between 2020 (29.3%) and 2021 (35.0%), while decreasing in Alaska (65.5% to 64.2%).

Figure 99: Pneumonia Vaccine, Adults 65+, 2015-2021



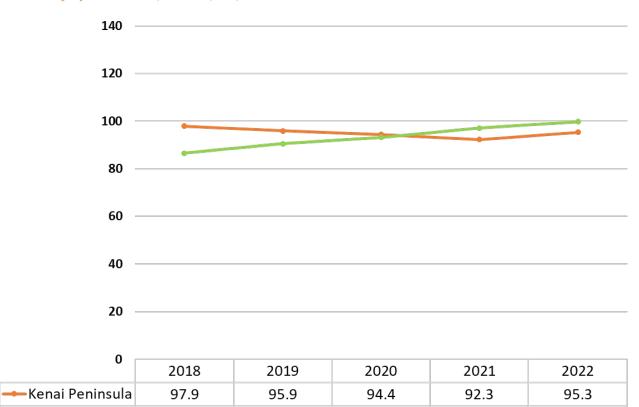


Injury

The topic of injury relates to any intentional or unintentional injuries that can be suffered by individuals.

The injury death rate per 100,000 had been decreasing in the Kenai Peninsula since 2018, although increased between 2021 (92.3) and 2022 (95.3). The state rate has steadily been increasing since 2018 and in 2022 was higher than the Kenai Peninsula rate.

Figure 100: Injury Death Rate, Per 100,000, 2018-2022



90.5

97.1

99.8

93.2

Source: County Health Rankings and Roadmaps

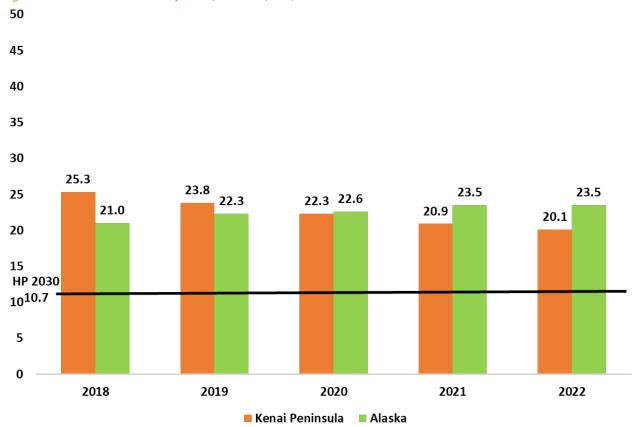
86.6

Alaska



The firearm morality rate per 100,000 has been decreasing in the Kenai Peninsula since 2018 although has remained well above the Healthy People 2030 Goal of 10.7. The rate for the state has increased during this timeframe. In 2022, the Kenai Peninsula rate (20.1) was lower than the state rate (23.5).

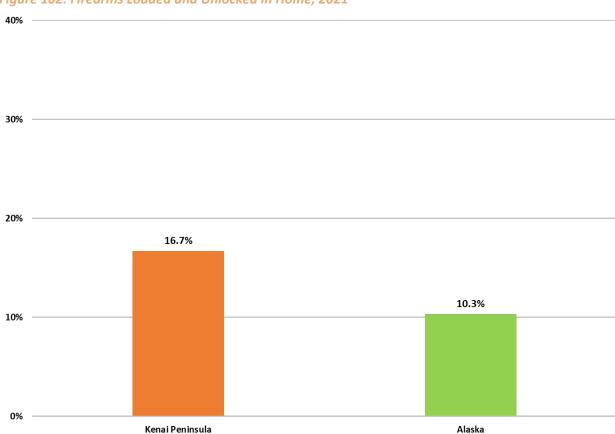
Figure 101: Firearm Mortality Rate, Per 100,000, 2018-2022





In 2021, the Kenai Peninsula (16.7%) has a higher percentage of residents reporting firearms are loaded and unlocked in their home in comparison to Alaska (10.3%).

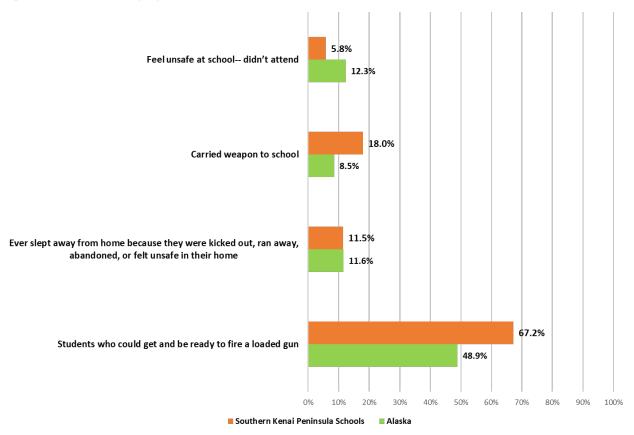
Figure 102: Firearms Loaded and Unlocked in Home, 2021





In 2019, a higher percentage of students in the Southern Kenai Peninsula Borough School District (66.0%) report that they could get and be ready to fire a loaded gun in comparison the state (48.9%).

Figure 103: Student Safety, 2019

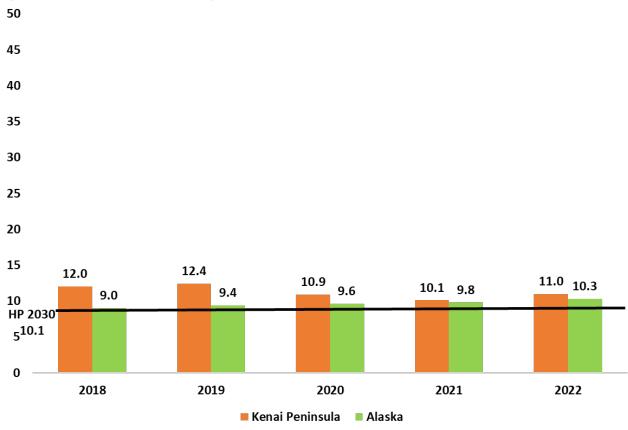


Source: Alaska Youth Risk Behaviors Survey, N=399



Between 2021 and 2022, the motor vehicle rate per 100,000 increased slightly in the Kenai Peninsula (10.1 to 11.0) and Alaska (9.8 to 10.3), with both just above the Healthy People 2030 Goal of 10.1.

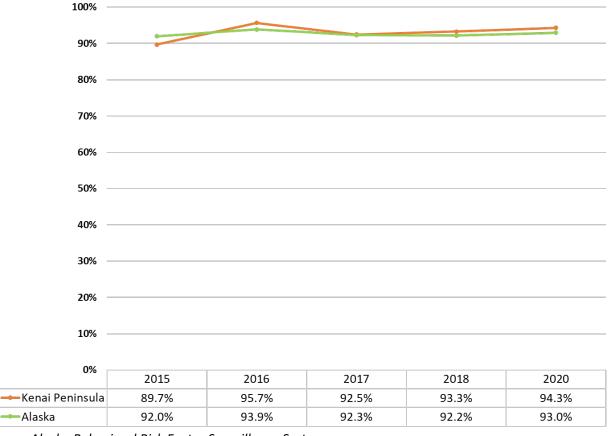
Figure 104: Motor Vehicle Mortality Rate, Per 100,000, 2018-2022





The percentage of adults who report that they always or almost always wear their seatbelt is comparable in the Kenai Peninsula and Alaska, with the percentage in the Kenai Peninsula just above that of the state.

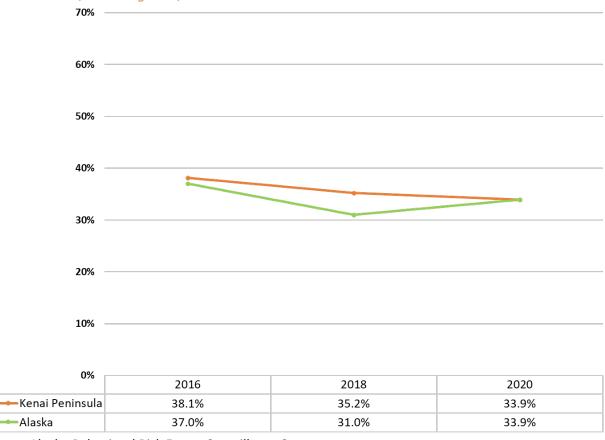
Figure 105: Always or Almost Always Wear Seatbelt, 2015-2020





The percentage of adults aged 45 and older who report a fall in the Kenai Peninsula decreased from 38.1% in 2016 to 33.9% in 2020, which was comparable to the state (33.9%). The percentage of adults aged 45 and older in Alaska who report a fall increased from 31.0% in 2018 to 33.9% in 2020.

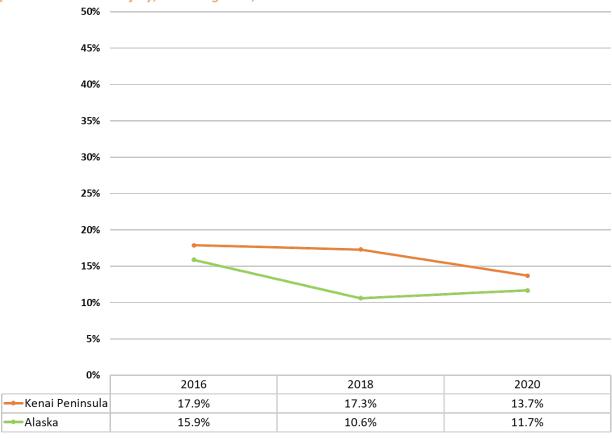
Figure 106: Falls, Adults Age 45+, 2016-2020





Between 2016 (17.9%) and 2020 (13.7%) the percentage of falls with injury for adults aged 45 and older in the Kenai Peninsula decreased. The percentage had decreased in Alaska from 15.9% in 2016 to 10.6% in 2018 before increasing to 11.7% in 2020. In 2020, the percentage in the Kenai Peninsula was just above that of the state.

Figure 107: Falls with Injury, Adults Age 45+, 2016-2020





Prioritization

On May 31, 2023, the Steering Committee met to review the primary and secondary data collected through the needs assessment process and discussed needs and issues present in the Southern Kenai Peninsula. Strategy Solutions, Inc. presented the data to the Steering Committee and facilitated discussion about the needs of the local area, what MAP, SHP and other providers are currently offering to the community and identified other potential needs that were not reflected in the data collected. A total of 28 possible needs and issues were identified, based on disparities in the data (differences in sub-populations, comparison to state, national or Healthy People 2030 goals, Healthy Alaskans 2030, negative trends, or growing incidence). Five criteria, including magnitude of the problem, disparities/equity, impact on other health outcomes, capacity to implement evidence-based solutions or promising practices and community collaboration, were identified that the group would use to evaluate identified needs and issues.

Table 42: Prioritization Criteria

				Scoring	
	Item	Definition	Low (1)	Medium	High (10)
1.	Magnitude of the problem	The degree to which the problem leads to death, disability or impaired quality of life and/or could be an epidemic based on the rate or % of population that is impacted by the	Low numbers of people affected; no risk for epidemic	Moderate numbers/ % of people affected and/or moderate risk	High numbers/ % of people affected and/or risk for epidemic
2.	Disparities/ Equity	The degree to which there are disparities within particular populations and/or inequitable access to prevention and/or treatment resources	There are few or no disparities and generally equal access	There are some disparities and/or access challenges	There are significant disparities and/or inequities in access
3.	Impact on other health outcomes	The extent to which the issue impacts health outcomes and/or is a driver of other conditions	Little impact on health outcomes or other conditions	Some impact on health outcomes or other conditions	Great impact on health outcomes and other conditions
4.	Capacity to implement evidence based solutions or promising practices	This considers the capacity of existing systems and resources available.	There is little or no capacity to implement evidence based solutions or promising practices	Some capacity exists to implement evidence based solutions or promising practices	There is solid capacity to implement evidence based solutions or promising practices in this area
5.	Community collaboration	The extent to which there is opportunity for community collaboration and buy-in to address this issue	There is no opportunity for community collaboration	There is some opportunity for community collaboration	There is high opportunity for community collaboration

Following the meeting, Steering Committee members completed the prioritization exercise using SurveyMonkey to rate each of the needs and issues on a one to ten scale by each of the selected criteria listed above. The results appear in the table below.



Table 43: Prioritization Results

	Magnitude of the Problem	Disparities /Equity	Impact on Other Health Outcomes	Capacity to Implement Evidenced Based Solutions or Promising Practices	Community Collaboration	Total	Ranking
Mental/Emotional Health (prevalence, lack of services)	7.81	7.50	9.29	6.50	6.50	37.60	1
Housing (including homelessness, accessibility, affordability, availability)	7.31	8.93	8.93	5.50	6.50	37.17	2
Substance Use (prevalence, lack of services)	5.19	6.43	9.29	6.79	7.86	35.54	3
Lack of Child Care	6.06	7.93	7.50	5.50	7.50	34.49	4
Youth Mental Health	6.88	6.43	8.57	5.50	6.79	34.16	5
Physical Health (Cancer, Diabetes, Heart Disease, Asthma, Obesity, Overweight)	6.06	6.43	8.93	6.50	5.79	33.71	6
Access to Food/Food Insecurity	4.88	5.79	8.21	5.36	6.79	31.02	7
Youth Risk Behaviors (substance use, violence)	5.19	6.21	7.93	4.43	6.86	30.62	8
Increasing Senior Population	6.31	5.93	6.57	5.14	6.57	30.53	9
Violence (interpersonal, domestic)	4.53	6.50	7.64	5.08	6.14	29.90	10
Access to Services (ability to get needed care when needed, removing barriers to access)	5.06	6.14	6.50	5.71	5.43	28.85	11
Social Isolation (people are staying in, less active in community)	5.31	5.57	7.50	4.86	5.50	28.74	12
Lack of Youth Programs/Youth Opportunities (including places to go)	4.31	5.79	6.14	5.43	6.86	28.53	13
Staff/Workforce Shortages	6.13	5.21	6.43	4.71	5.86	28.34	14
Lack of Transportation	4.44	7.50	6.79	3.93	5.50	28.15	15
Siloed Systems/Lack of Collaboration	4.69	4.93	5.93	5.86	6.21	27.62	16
Stigma (around invisible disabilities, accessing services in a small town)	4.13	5.57	6.93	4.36	6.57	27.55	17
Support for LQBTQIA community (available resources, places to go)	4.06	6.14	5.93	3.93	6.21	26.28	18
Youth Suicide (self-reported attempted/completed)	3.81	4.64	6.36	3.86	6.50	25.17	19
Increasing Political Discourse/Cultural Divide	5.81	6.29	5.57	2.79	4.64	25.10	20



	Magnitude of the Problem	Disparities /Equity	Impact on Other Health Outcomes	Capacity to Implement Evidenced Based Solutions or Promising Practices	Community Collaboration	Total	Ranking
Lack of Emergency Response in Outlying Areas	4.06	5.50	5.86	4.14	4.21	23.78	21
Economic Health (lack of job opportunities, loss of businesses)	4.19	4.29	6.50	4.21	4.50	23.69	22
Discrimination against others in the community	4.69	6.21	5.21	3.00	4.50	23.62	23
Lack of Local Data (including timely access to what is available upon request)	4.19	4.57	3.64	4.86	6.14	23.40	24
Lack of Safe Streets/Sidewalks	3.56	3.93	4.29	4.93	5.50	22.21	25
Accidents/Unintentional Injury (among the top leading causes of death)	3.38	3.07	5.21	4.93	4.86	21.45	26
Human Trafficking (prevalence in community)	1.75	5.00	5.36	3.93	4.57	20.61	27
Code Enforcement (lack of existing regulations and enforcement)	3.38	4.29	4.29	4.00	4.64	20.59	28

Source: 2023 MAPP Steering Committee Prioritization, Strategy Solutions, Inc.



The next step of the MAPP Framework includes engaging the community around the results of the prioritization exercise to identify the specific areas of focus that will be addressed through the Implementation Plan. The MAPP Steering Committee will meet to discuss the preferred approach for the community convening.

In addition to participating in the MAPP Health Coalition in a community level approach to address the priority themes found in the CHNA, South Peninsula Hospital will also specifically address the findings which align to hospital mission and capacity. These will be adopted by hospital management and outlined in the SPH Implementation Strategy.



Appendix A: South Peninsula Hospital Utilization Data



Appendix A: South Peninsula Hospital Utilization Data

The table below shows the top inpatient Diagnosis-Related Group (DGR) Conditions for South Peninsula Hospital in 2019-2022, based on primary diagnosis. The number of inpatient admissions increased for heart failure and shock during this time while decreasing for the others. Although in comparison to 2019 the admission decreased when looking at 2021 to 2022 the number increased for alcohol drug abuse or dependence, chronic obstructive pulmonary disease, heart failure and shock and simple pneumonia and pleurisy.

Table 42: Inpatient Diagnosis-Related Group (DRG) Conditions, South Peninsula Hospital, 2019-2022

	2019	2020	2021	2022
ALCOHOL DRUG ABUSE OR DEPENDENCE	19	4	1	8
BRONCHITIS AND ASTHMA	3	5	0	0
CHRONIC OBSTRUCTIVE PULMONARY DISEASE	30	7	9	12
DIGESTIVE MALIGNANCY	1	4	4	0
FRACTURES OF HIP AND PELVIS	2	0	4	2
HEART FAILURE AND SHOCK	10	2	8	17
HYPERTENSION	3	3	3	3
SIMPLE PNEUMONIA AND PLEURISY	25	9	7	17

Source: South Peninsula Hospital

Ambulatory Care Sensitive Conditions (ACSCs) are health conditions for which adequate management, treatment and interventions delivered in the ambulatory care setting could potentially prevent hospitalization. The following shows the top conditions based on primary diagnosis. Those that have increased between 2019 and 2022 include: COVID-19, urinary tract infection, essential (primary) hypertension), laceration, other chest pain, hypertensive urgency, syncope and collapse, noninfective gastroenteritis, unspecified atrial fibrillation, acute bronchitis, dizziness and giddiness, hypertensive heart disease, cerebral infarction - unspecified, low back pain, local infection of the skin, headache – unspecified, heart failure, epilepsy - unspecified, not intractable and abrasion.

Table 43: Ambulatory Care Sensitive Conditions, South Peninsula Hospital, 2019-2022

	2019	2020	2021	2022
COVID-19	0	20	72	120
Urinary tract infection	43	58	58	48
Chronic obstructive pulmonary disease	54	22	30	43
Periapical abscess without sinus	48	21	39	32
Essential (primary) hypertension	20	26	55	37
Diabetes	38	21	30	25
Chest pain, unspecified	25	17	37	17
Unspecified asthma	23	20	26	21
Unspecified convulsions	36	15	12	26
Acute upper respiratory infection,	33	11	12	32
Laceration	20	19	15	25
Other chest pain	20	16	18	22
Acute pharyngitis, unspecified	27	12	15	20
Hypertensive urgency	10	23	17	21
Sepsis, unspecified organism	16	18	21	16



	2019	2020	2021	2022
Syncope and collapse	14	13	11	26
Noninfective gastroenteritis	15	18	13	17
Nausea with vomiting	15	9	16	15
Unspecified atrial fibrillation	4	12	15	21
Acute bronchitis	10	7	15	15
Pneumonia	14	8	10	13
Dizziness and giddiness	7	12	6	12
Hypertensive heart disease	6	4	7	18
Lobar pneumonia, unspecified	13	12	7	3
organism				
Unspecified abdominal pain	7	14	10	3
Cerebral infarction, unspecified	6	5	6	10
Low back pain	4	5	5	13
Non-ST elevation (NSTEMI) myocardia	7	11	7	2
Local infection of the skin	4	2	6	11
Headache, unspecified	0	2	5	14
Heart failure	3	2	4	9
Epilepsy, unspecified, not intractable	2	2	10	3
Abrasion	1	3	5	3

Source: South Peninsula Hospital

ER visits for the following mental health conditions increased between 2019 and 2020: alcohol abuse, alcohol dependance, bipolar disorder and altered mental status. Inpatient or outpatient discharges increased for: alcohol abuse, suicidal ideations, bipolar disorder, opioid dependence, adjustment disorder and schizoaffective disorder.

Table 44: Mental Health Discharges: Emergency Department, Inpatient and Outpatient, South Peninsula Hospital, 2019-2022

		Е	R		li	npatient/Ou	itpatient	
	2019	2020	2021	2022	2019	2020	2021	2022
Alcohol Abuse	38	31	52	50	3	2	5	7
Suicidal ideations	17	0	18	9	23	4	7	24
Alcohol Dependence	16	19	27	55	22	22	23	18
Major depressive disorder	14	14	5	2	2	20	15	2
Bipolar Disorder	3	10	9	5	2	9	7	9
Altered mental status,	5	5	5	6	11	4	5	4
unspecified								
Opioid Dependence	6	7	7	1	1	2	0	2
Adjustment disorder	3	3	4	1	2	2	0	4
Post-traumatic stress	3	2	2	3	1	0	0	0
disorder								
Schizophrenia	2	2	2	1	3	3	1	1
Schizoaffective disorder	1	0	4	1	4	6	5	7

Source: South Peninsula Hospital



Appendix B: SPH Community Health Implementation Strategy Evaluation



Appendix B: South Peninsula Hospital Community Health Implementation Strategy Evaluation

Introduction

From November 2019 through May, 2020, South Peninsula Hospital conducted a community health needs assessment (CHNA) in the southern Kenai Peninsula. This CHNA was conducted in compliance with IRS Section 501(r) and identified health needs of the 14,000+ residents of the South Kenai Peninsula Hospital Service Area of the Kenai Peninsula Borough.

The final assessment was adopted by the SPH Board of Directors on June 24, 2020, and made available to the public on the organization's website www.sphosp.org free of charge on June 25. The complete CHNA report can be found in the separate document link titled CHNA on the South Peninsula Hospital website www.sphosp.org.

Numerous presentations were made of the report from August - October, including at meetings of the hospital's Board of Directors, publicly elected Service Area Board, Rotary Club of Homer Kachemak Bay, hospital General Medical Staff and <u>MAPP of the Southern Kenai Peninsula</u>, the local community health coalition made up of twelve partnering local agencies representing the eight dimensions of wellness.

Health Needs Priorities

South Peninsula Hospital management team reviewed the findings, and considered input and feedback received during presentations, to prioritize the most significant health needs to address. Consideration was given to the magnitude of the issue, consequences if issue was not addressed, and feasibility to affect change. Special consideration was given to the lack of organizational resources due to staff shortages, financial uncertainty and modified access to care due to the COVID-19 pandemic. The health needs priorities are:

1) Health needs of an aging community

Services for a rapidly growing senior population

2) Strengthen Primary and Preventative Care

- Mental Health and Wellness
- Economic security and social support
- Substance use, misuse and addiction
- Chronic diseases / Obesity
- Interpersonal violence
- Access to Care

3) COVID-19 Pandemic

- Improved emergency preparedness
- Long term consequences to community from one year in conditions of the pandemic (schools closed, job loss, social distancing, quarantines, layoffs, etc.)
- Long term health consequences to individuals from the disease
- Long term health consequences due to individuals delaying care
- Potential impact to staff and organizational systems



Based on these priority needs identified, this document outlines the summary of strategies developed to address these issues affecting the health and wellness of the community. Annual updates will be reported out in the Critical Access Hospital annual program report.

Implementation strategies for 2020-2023

Priority Finding #1: Health needs of an aging community

- 1. Services for a rapidly growing senior population
 - a) Specialty provider retention and recruitment
 - Recruited and now offer weekly neurology clinics; added a hand & shoulder orthopedic surgeon;
 - b) Strengthen senior based services, including but not limited to outpatient surgery, rehabilitation, swing bed, home health, etc.
 - Added a second general surgeon; transitioned to full-time hospitalists for more continuity of inpatient care
 - c) Develop specific senior care offerings within services (i.e., fall risk assessments, senior walking programs, senior promotions, etc.)
 - Offer free weekly yoga for beginners, great for all ages and abilities
 - d) Explore alternate funding opportunities such as grants and other means based programs to support equipment and service needs of the growing senior population
 - e) Secure space and facilities to support service growth
 - Sponsored Senior Day at the Kenai Peninsula State Fair with education and offerings geared towards seniors
 - Community education offered on end of life decision making and living wills including medical and legal components

Priority Finding #2: Strengthen Primary and Preventative Care

- 1. Mental health and emotional wellness
 - a) Recruit and retain ample outpatient and inpatient psychiatric providers
 - Recruited a psychiatrist, and LCSW, expanding behavioral health services.
 - b) Support wellness programs in the community
 - Participated in and assisted with the promotion of multiple community wellness programs
 - c) Strengthen relations with other providers in the community for seamless transition of care
 - Participated in annual mental health provider luncheon with partner organizations
 - Collaborated with both private practice and organization based providers through various veins including presentations, health fairs, pop-up clinics, education outreach, and more
- 2. Economic security and social supports
 - a) Provide charity care to those in need
 - Donations given to support various community endeavors and partner organizations including Rotary, Independent Living Center, Community Resource Connect, and more
 - Continued charity care, providing free care for 1,072 individuals in 2022.
 - b) Offer promotions and education that help individuals access preventive (free flu shot clinics, sports physical day, vaccine outreach, etc.)
 - Free flu shot clinics offered to the community
 - Free Covid-19 vaccinations offered to the community



- Discounted pediatric immunization clinic offered to the community
- Community and school based education programming offered both virtually and in-person
- c) Offer insurance consult and enrollment services to residents
 - Free financial assistance offered to patients and non-patients alike
 - Did community outreach during open enrollment
- d) Explore and apply for alternate funding opportunities such as grants and other needs based programs to support economic and social community programs
 - Provided support, collaboration, and funding for a part time employee to manage the South Peninsula Hospital Foundation, a 501c3 dedicated to improving community health
- e) Ensure financial aid is widely publicized and easy to access
 - Promoted at annual health fair, on website and at quarterly presentations to Kenai Peninsula Borough
- f) Recruit locally for entry level positions
 - SPH incentive program developed to offer graduates of SKP service area sign on bonuses
 - HR participation in multiple job fairs within the SKP
- g) Support local workforce development programs
 - Collaboration with Kenai Peninsula College to increase awareness of adult education programming, specifically within the healthcare arena.
 - Support and staff instruction provided for Certified Nursing Assistant program through KPC
 - Developed a "earn to learn" program for five C.N.A.s

3. Substance use, misuse and addiction

- a) Strengthen relations between inpatient, Emergency Department, outpatient clinics and local opioid task force resources to ensure seamless transition of care
- b) Provide SPH clinical representation on local MAPP opioid task force
 - Continued participation and collaboration with All things Recovery (formerly known as the Opioid Task Force),
 - SPH will fund the community task force on addiction
- c) Develop and strengthen outpatient addiction services M.A.T. (alcohol?)
 - Expansion of clinic staff to include a MA CDC 1 provider
 - Creation of new clinic for behavioral health services: Serene Waters
 - Increased awareness of MAT program through presence at community events, offerings, and virtual presence
- d) Adopt critical recommendations put forth by SPH Substance Use, Misuse and Addiction Task Force which will improve addiction related care and services
- e) Support prevention provider practices
- f) Explore and apply for alternate funding opportunities such as grants and means based programs to support substance abuse treatment programs, equipment, and support
 - Funding acquired through SKP Resiliency Coalition grant
 - Secured a grant to expand our MAT program

4. Chronic disease / Obesity

- a) Support nutrition education, obesity, diabetes and other related chronic disease care
 - Multiple communication and school based educational presentations offered through the Sunrise Medical Weight Loss team. Content focused on the science of weight loss, nutrition education, and obesity
 - Provided three community presentations on obesity prevention and medical weight loss



- Offer lunch and learns for employees
- b) Support and promote physical activity among staff and community residents
 - Wellness incentives offered through staff wellness program aimed at addressing the 8 dimensions of wellness
 - SPH sponsored HRA contributions
 - Expansion of employee health wellness program
 - Facilitation of yearly staff and community wide community walking challenge
 - Facilitation of free weekly community yoga program
 - Facilitation of free community walks in indoor space
 - Facilitation of free community cirgue classes
- c) Support access to good nutrition, education and dietary habits, both as an employer and provider
 - Healthy meals provided to SPH staff through cafeteria at a discounted rate
 - Execution of yearly holiday food drive for local food banks
 - SPH catered food provided for community education events on an ongoing basis
 - Nutrition education provided through community presentations, health fairs, and e-newsletter
- d) Utilize Health and Wellness to provide outreach to community
 - Delivery of monthly wellness e-newsletter "Healthy in Homer" to over 600 subscribers
 - Robust community health and wellness program providing offerings to the community including classes, presentations, health fairs, pop-up events, trainings, and more
- e) Ensure inpatient has seamless connection to outpatient referral for chronic disease management needs upon discharge
 - Inpatient social work team has been expanded for daily coverage to support discharge planning work
 - Use of E.H.R. messaging is utilized for appointment and documentation across buildings.

5. Interpersonal violence

- a) Ensure E.R., inpatient and outpatient systems provide necessary safeguards to identify victims of violence
 - SART/SANE staff provides training, and available on call for assessments.
- b) Ensure seamless connection to necessary care and services
- c) Support local Center of Excellence, continuing SPH role with clinical services and financial support
 - Continued financial support and participation in our local Sexual Assault Response Center, and expanded the number of SART / SANE nursing staff.

6. Access to Care

- a) Adopt trauma-informed care practices system wide, ensuring all residents feel welcomed seeking services at SPH
 - Supported Community Health and Wellness Educator RN in participation in trauma informed care training
- b) Review and ensure our services meet the residents where the need is (Homeless Connect, Health Fairs, etc.)
 - Coordinating member of Rotary Health Fair, Safe and Healthy Kids Fair, and Community
 Resource Connect (formerly known as Project Homeless Connect) which are aimed at including
 services and resources to meet the needs of unique populations and/or the community at large
 - Staffed and managed a free Covid-19 testing site open 7 days a week including evenings during height of pandemic; and remained open two years and nine months total.



- Facilitation of 12+ free Covid-19 large scale "pod" vaccination clinics for the community, vaccinating thousands of community members
- Provided Covid-19 vaccine and education outreach to remote/rural areas of the SKP
- Now offer free Covid Home test kits at all locations, and a greatly discounted PCR test for un/underinsured.
- c) Consider or promote flexible hours of operation, such as evenings and weekends
 - Flexible hours of operation offered through multiple clinics including mammogram appointments in evenings and Saturdays, walk-in evening visits at HMC, and more.
- d) Continue to strengthen and promote telehealth services
 - Creation of streamlined patient portal services with increased accessibility to telehealth services All primary care practices now offer telehealth.
- e) Promote and assist with insurance enrollment, consult and financial aid
 - Financial aid counselors made available for consult at no cost to patients and community members alike

Priority Finding #3: COVID-19 Pandemic

- 1. Improve emergency preparedness readiness
 - a) Provide annual training that supports H.I.C.S. event management
 - b) Drill and exercise regularly
 - Conducted annual drills for emergency preparedness
 - c) Maintain relations with local emergency response partners
 - Throughout pandemic, SPH maintained regularly scheduled meetings with emergency response partners
 - With support of partners, are planning a county-wide mass casualty drill this year.
 - d) Develop and train backup staff for key positions in the incident command structure
 - All Chiefs now have identified back-ups, and are securing appropriate trainings
 - HIMT member trainings tracked on intranet
- 2. Offer safe, timely, best practices for testing, treatment, patient care and vaccination.
 - Employee Health and Infection Prevention team undertook planning and implementation of Covid-19 services for staff and community including testing, quarantine and isolation guidelines, and vaccination. Home Health, HMC, and inpatient teams undertook patient care and treatment protocols. Operations team stayed abreast current news via weekly state ECHO calls and relayed current information to staff and community through the PIO. Consistent collaboration and communication among community partners maintained throughout the height of pandemic to meet the needs of the community.
- 3. Monitor for and respond to Long term consequences in the community due to one year in conditions of the pandemic (schools closed, job loss, social distancing, quarantines, layoffs)
 - In progress of conducting new CHNA with an emphasis on pandemic impact to the community
- 4. Monitor for and respond to long term health consequences to individuals from the disease
 - a) Outreach to patients who were confirmed positive for COVID to develop local tracking of long term symptoms and provide necessary support and symptom management



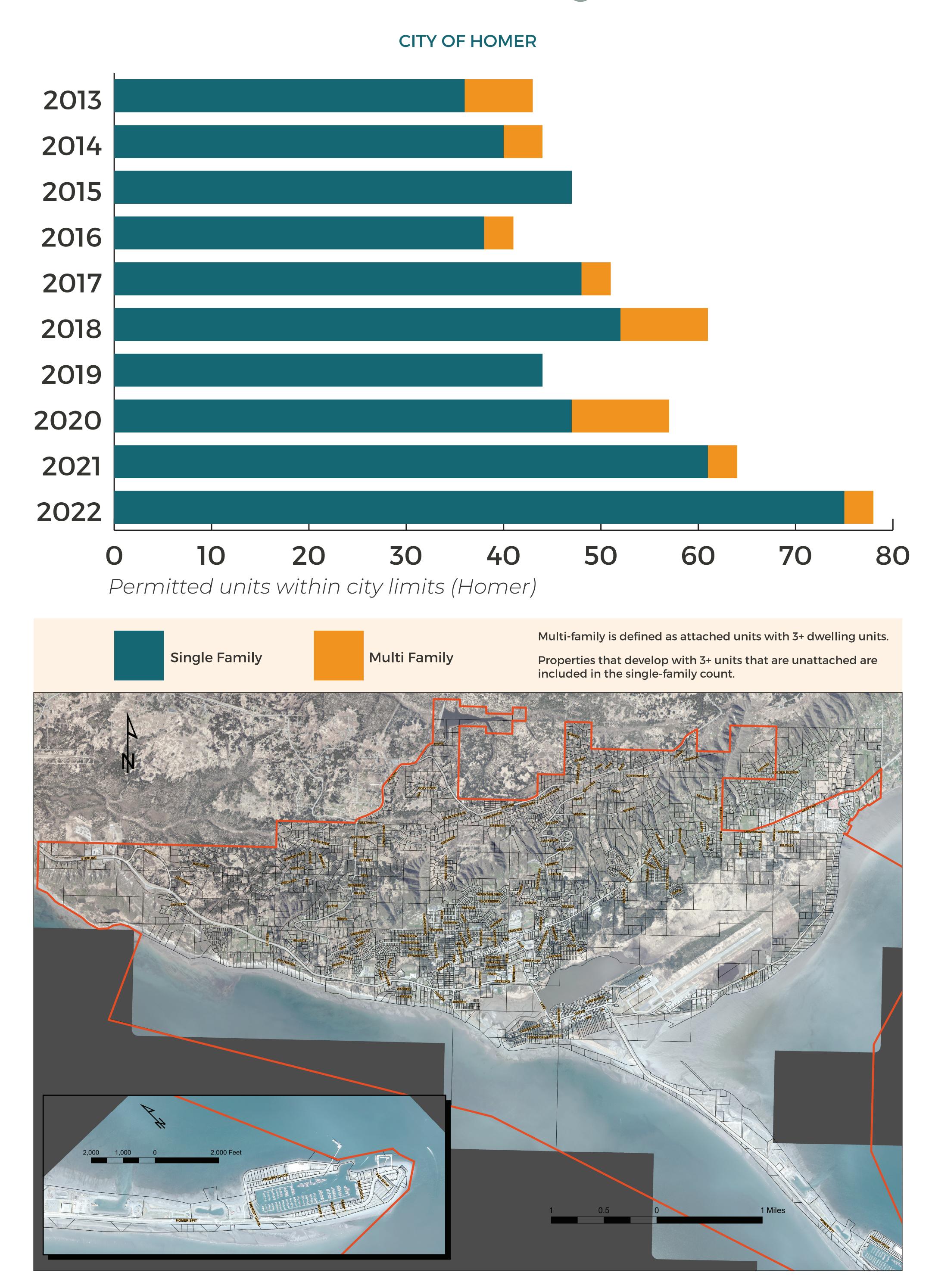
- On a short-term basis: all patients testing positive were individually called during the height of pandemic and offered education regarding quarantine/isolation/testing/vaccine/treatment options.
- Public dashboard was maintained and updated on a weekly basis throughout pandemic
- SPH Functional Medicine provider is providing specialized care to patients experiencing longhaul covid symptoms
- 5. Long term health consequences due to individuals delaying care
 - a) Promote the importance of regular checkups, and not delaying care
 - Promoting regular health screenings through annual health fair for staff and community
 - Added two new primary care providers to help with increased patient load
 - b) Make systems easy and normal to access care
 - Returned to all pre-covid protocols and systems in regards to seeking care
 - Increased access to care via telehealth offerings
 - c) Use positive language and messaging regarding safe practices and systems
 - Messaging and language developed using a trauma-informed/ non-fear based/ unbiased approach focusing on promotion of positive health outcomes
 - Mask-optional facility
 - d) Reach out to those not recently seen for care
- 6. Monitor for potential impact to staff and organizational systems
 - a) Continue close monitoring of all supplies and resources
 - Regular upkeep of inventory for Covid-19 supplies ranging from PPE to vaccine to testing supplies maintained on a regular basis
 - Provide intranet access to all covid protocols, policies and supply levels
 - b) Provide wellness related services to employees
 - Promotion of employee wellness reimbursement program
 - Lunch and learns on site
 - Staff engagement for participation in community health & wellness offerings
 - Offer Support-Linc Employee Assistance program to all employees
 - c) Focus on employee engagement and maintaining employee morale
 - Lunch and learns on site
 - Offer an SPH Connections platform to connect with fellow employees
 - Facebook group for off time connection
 - Numerous staff appreciation events and celebrations



Appendix C: Posters from Local Housing Event

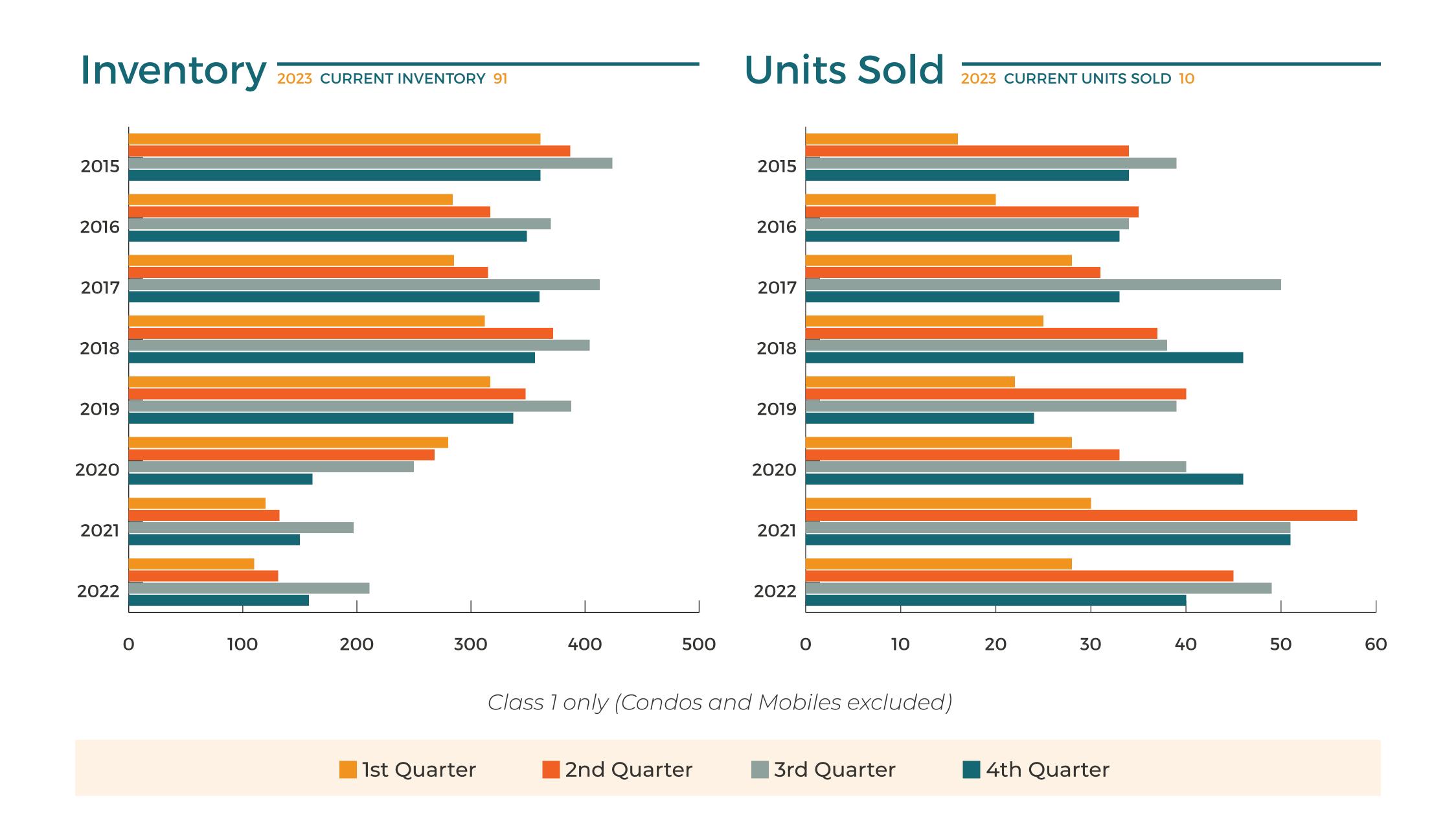
New Residential Units

Based on Number of Zoning Permits Issued

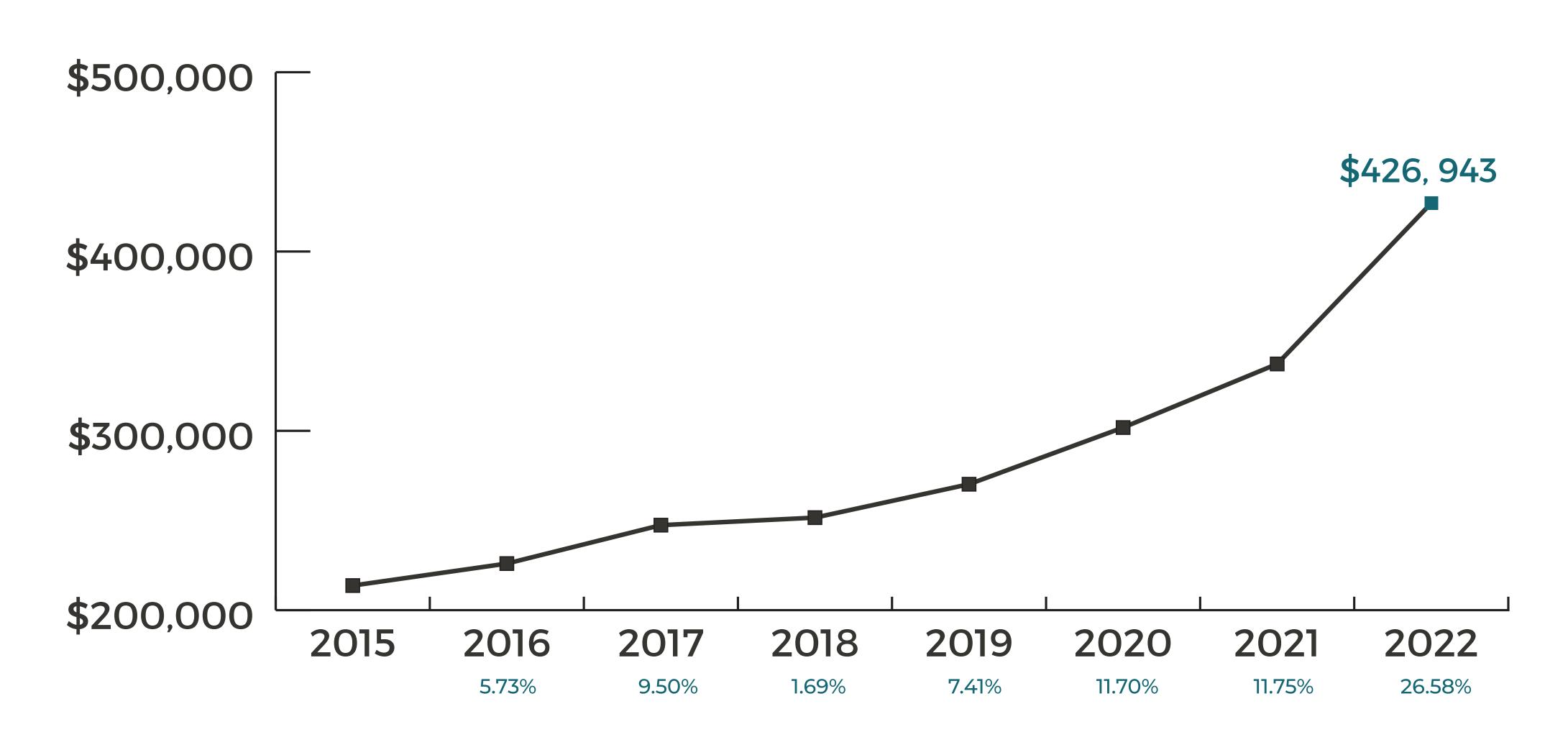


Residential Inventory KENAI PENINSULA BOROUGH

ANCHOR POINT TO HOMER - NORTH FORK - DIAMOND RIDGE/SKYLINE - HOMER - KACHEMAK CITY/FRITZ CREEK - MCNEIL AND EAST

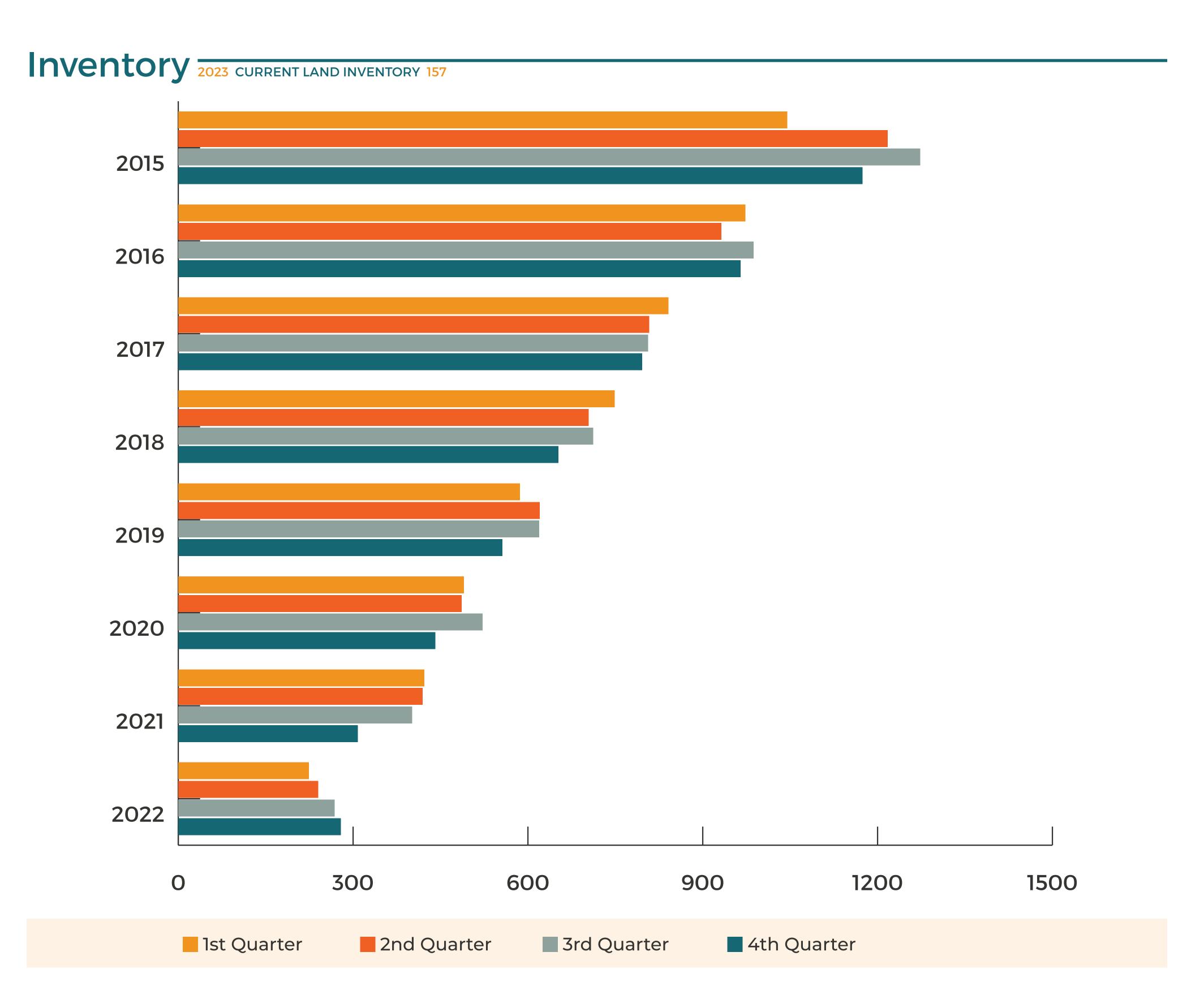


Average Sale Price 2023 AVERAGE SALE PRICE \$375, 800

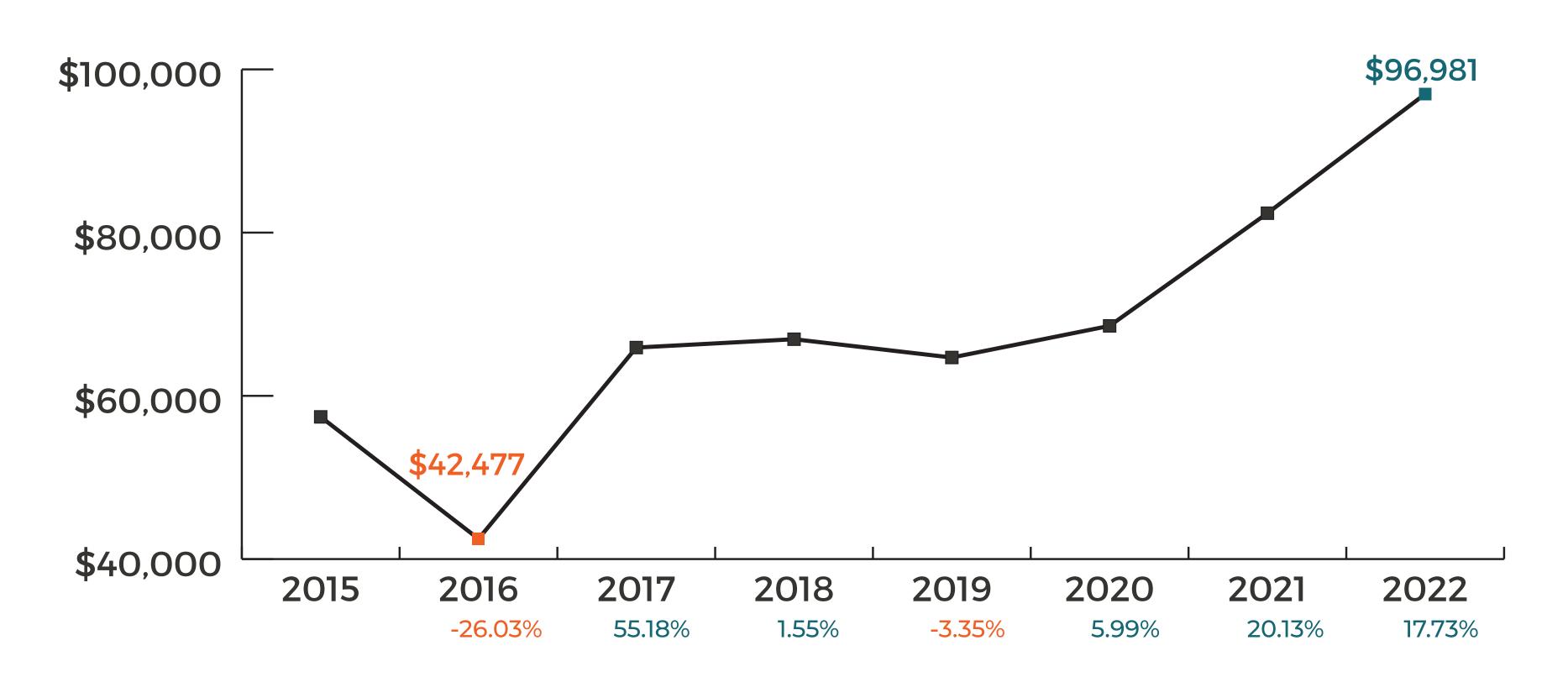


Land Inventory KENAI PENINSULA BOROUGH

ANCHOR POINT TO HOMER - NORTH FORK - DIAMOND RIDGE/SKYLINE - HOMER - KACHEMAK CITY/FRITZ CREEK - MCNEIL AND EAST



Average Sale Price 2023 AVERAGE SALE PRICE \$81,833



Homer, Alaska Area Livability Overview and Analysis

FACTORS OF LIVABILITY

NEIGHBORHOOD

Measured by metrics and policies focused on proximity to key destinations, safety, and supporting mixed-use development.

HEALTH

Measured by metrics and policies that promote healthy behaviors including smoking cessation, and exercise opportunities.

ENGAGEMENT

Measured by metrics and policies that include voting rights, human rights, and cultural engagement.

OPPORTUNITY

Measured by metrics and policies that capture job availability, government creditworthiness, and graduation rates.

ENVIRONMENT

Measured by metrics and policies related to air and water quality, as well as energy efficiency, and hazard mitigation plans.

HOUSING

Measured by metrics and policies that promote affordability, availability, and accessibility.

https://livabilityindex.aarp.org

Cost of Living

The cost of living in Alaska is 28% higher than the national average. Housing is 28% higher than the national average, while utilities are 53% higher. When it comes to basic necessities such as food and clothing, groceries are around 16% higher than in the rest of the country, while clothing costs 16% higher.

Healthcare services such as doctor check-ups and dentistry cost 53% higher in Alaska compared to the national average. At the same time, non-necessary expenses such as entertainment and grooming services are 16% higher.

https://www.rentcafe.com/cost-of-living-calculator/us/ak/

COST OF LIVING IN ALASKA categories	COMPARED TO NATIONAL AVERAGE
HOUSING (BUY AND RENT)	28% HIGHER
UTILITIES (MONTHLY)	53% HIGHER
FOOD	34% HIGHER
HEALTHCARE	53% HIGHER
TRANSPORTATION	10% HIGHER
GOODS AND SERVICES	16% HIGHER

Housing Affordability

What Is the 28/36 Rule?

If you're looking to buy a home, some financial experts also recommend using the 28/36 rule to determine what you can afford. The 28/36 rule stipulates that in order for a home to be considered within your budget, your housing expenses (such as mortgage payments, taxes and insurance payments) shouldn't exceed 28% of your gross monthly income. Your total debt (including credit cards, student loans and car loan payments) shouldn't exceed 36% of your gross monthly income.

What is the 30% Rule?

The most common rule of thumb to determine how much you can afford to spend on housing is that it should be no more than 30% of your gross monthly income, which is your total income before taxes or other deductions are taken out.

For renters, that 30% includes rent and utility costs like heat, water and electricity. If you own your home, you should include interest, homeowners insurance, property taxes and utilities, in addition to your mortgage.

The 30% rule is based on how much a family can reasonably spend on housing and still have enough money left over to afford everyday expenses like food and transportation.

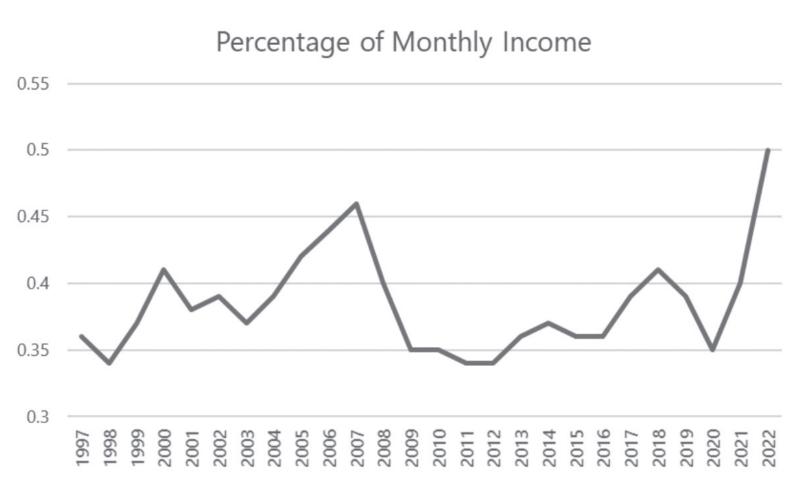
https://www.cnbc.com/2021/07/14/how-much-of-your-income-you-should-spend-on-housing.html

This "affordability chart" shows the percentage of monthly income the average American would have to pay had they bought an average house that year. It is a measurement of affordability and it hovers around 39% for most of the last 25 years. In the run up to 2008, we saw this measurement increase to 46%. It was at this point that buyers and the entire banking system "threw in the towel" forcing prices and interest rates to collapse.

Average monthly rent in Homer is \$1,232 according to American Community Survey data.

A person earning minimum wage (\$15.51/hour) would need to work approximately 185.5 hours per month to afford housing at 30% of their total income, assuming a monthly rental cost of \$1,232.

INCOME AND SALARY	AFFORDABLE HOUSING RATE AT 30%
MINIMUM WAGE	\$806.09 /month
\$45,000/YEAR	\$1,125 /month
\$60,000/YEAR	\$1,500 /month



<u>https://fred.stlouisfed.org/series/CSUSHPINSA</u>
<u>https://fred.stlouisfed.org/series/MORTGAGE30US</u>

Homer, Alaska Area Livability

Overview and Analysis

Living Wage Calculation

The living wage shown is the hourly rate that an individual in a household must earn to support his or herself and their family. The assumption is the sole provider is working full-time (2080 hours per year). The tool provides information for individuals, and households with one or two working adults and zero to three children. In the case of households with two working adults, all values are per working adult, single or in a family unless otherwise noted.

The state minimum wage is the same for all individuals, regardless of how many dependents they may have. Data are updated annually, in the first quarter of the new year. State minimum wages are determined based on the posted value of the minimum wage as of January one of the coming year (National Conference of State Legislatures, 2019). The poverty rate reflects a person's gross annual income. We have converted it to an hourly wage for the sake of comparison.

	1 ADULT				2 ADULTS	(1 WORKING)		2 ADULTS (BOTH WORKING)				
	0 Children	1 Child	2 Children	3 Children	0 Children	1 Child	2 Children	3 Children	0 Children	1 Child	2 Children	3 Children
Living Wage	\$16.83	\$35.15	\$46.08	\$61.68	\$26.68	\$33.19	\$38.17	\$43.32	\$13.34	\$19.68	\$25.25	\$30.93
Poverty Wage	\$8.17	\$11	\$13.84	\$16.68	\$11	\$13.84	\$16.68	\$19.51	\$5.50	\$6.92	\$8.34	\$9.76
Minimum Wage	\$10.85	\$10.85	\$10.85	\$10.85	\$10.85	\$10.85	\$10.85	\$10.85	\$10.85	\$10.85	\$10.85	\$10.85

https://livingwage.mit.edu/counties/02122

Typical Expenses

These figures show the individual expenses that went into the living wage estimate. Their values vary by family size, composition, and the current location.

	1 ADULT				2 ADULTS	(1 WORKING)		2 ADULTS (BOTH WORKING)				
	0 Children	1 Child	2 Children	3 Children	0 Children	1 Child	2 Children	3 Children	0 Children	1 Child	2 Children	3 Children
Food	\$4,686	\$6,916	\$10,392	\$13,774	\$8,591	\$10,702	\$13,802	\$16,795	\$8,591	\$10,702	\$13,802	\$16,795
Child Care	\$ 0	\$10,717	\$21,435	\$32,152	\$ 0	\$ 0	\$0	\$ 0	\$ 0	\$10,717	\$21,435	\$32,152
Medical	\$3,042	\$8,948	\$8,958	\$8,883	\$7,112	\$8,958	\$8,883	\$9,036	\$7,112	\$8,958	\$8,883	\$9,036
Housing	\$10,040	\$13,206	\$13,206	\$18,565	\$10,102	\$13,206	\$13,206	\$18,565	\$10,102	\$13,206	\$13,206	\$18,565
Transportation	\$5,316	\$9,561	\$11,691	\$14,058	\$9,561	\$11,691	\$14,058	\$15,073	\$9,561	\$11,691	\$14,058	\$15,073
Civic	\$2,920	\$5,801	\$6,480	\$8,835	\$5,801	\$6,480	\$8,835	\$7,025	\$5,801	\$6,480	\$8,835	\$7,025
Other	\$4,596	\$8,020	\$9,463	\$10,386	\$8,020	\$9,463	\$10,386	\$11,617	\$8,020	\$9,463	\$10,386	\$11,617
Required annual income after taxes	\$30,732	\$63,301	\$81,756	\$106,785	\$49,319	\$60,631	\$69,302	\$78,243	\$49,319	\$7 1,348	\$90,737	\$110,395
Annual taxes	\$4,279	\$9,818	\$14,090	\$21,511	\$6,172	\$8,395	\$10,099	\$11,856	\$6,172	\$10,501	\$14,311	\$18,268
Required annual income before taxes	\$35,012	\$73,119	\$95,846	\$128,295	\$55,491	\$69,026	\$79,400	\$90,099	\$55,491	\$81,849	\$105,047	\$128,663

https://livingwage.mit.edu/counties/02122

South Peninsula Housing Stats TOTAL HOUSING UNITS 8,483 | TOTAL VACANT HOUSING UNITS 2,272

CENSUS TRACT*	TOTAL HOUSING UNITS	VACANT HOUSING UNITS	VACANCY RATE
ANCHOR POINT CDP	1,357	407	30%
DIAMOND RIDGE CDP	701	118	17 %
FOX RIVER CDP	354	178	50%
FRITZ CREEK CDP	1,249	280	22%
HAPPY VALLEY CDP	576	248	3%
HOMER CITY	2,851	467	16%
KACHEMAK CITY	307	48	16%
NIKOLAEVSK CDP	171	33	19%
NINILCHIK CDP	917	493	54%
SOUTH PENINSULA AREA	8,483	2,272	30%

*Census Designated Place (CDP) area designations and data derived from the 2020 Decennial Census.

A HOUSING UNIT is a house, an apartment, a mobile home, a group of rooms, a single room occupied as a separate living quarter or vacant units intended for occupancy.

A housing unit is classified as **OCCUPIED** if it is the usual residence of the person(s) living in the unit.

VACANT UNITS include housing units with no one living in them at the time of the Census, temporarily occupied units where the usual residence is elsewhere (such as vacation homes), and new units not yet occupied.

The TOTAL NUMBER OF HOUSING UNITS is equal to the number of occupied units + the number of vacant units.

https://www.census.gov/housing/hvs/definitions.pdf

What do you think are CHALLENGES for housing in the Greater Homer Area?

PLEASE WRITE COMMENTS BELOW

What do you think are possible SOLUTIONS to the housing challenges in the Greater Homer Area?

PLEASE WRITE COMMENTS BELOW