

Nonprofit Organizations with Support Groups or other services & resources

South Peninsula Behavioral Health Services Groups

Supportive process groups for adult (18+) SPBHS clients, facilitated by mental health professionals. A brief intake process is all that's required to get started; costs can be billed to insurance or self-paid on a sliding scale.

Office: (907) 235-7701

After-hours/Weekend Mental Health Clinician:
(907) 235-0247 (call 911 in an emergency)

More info at spbhs.org

Anger Management & Addiction

Learning to manage issues of anger around addiction.

Depression & Anxiety

Developing the skills to manage your symptoms.

LGBTQ Support Group

Support & discussion in a safe environment.

South Peninsula Haven House

3776 Lake St #100, Homer

Office: (907) 235-7712

24-hour Confidential Help Line: (907) 235-8943

Emergency shelter, crisis intervention & resources including legal advocacy for those affected by domestic violence/sexual assault & their children.

More info at havenhousealaska.org

Homer R.E.C. Room

3957 Nielsen Circle, Homer

(907) 235-3436

recroom@kbfpc.org

Youth resource & enrichment co-op offering a variety of events & support for ages 12-18. Adult staff always present during events & hangouts.

More info at homerrecroom.org

[f](https://www.facebook.com/homerrecroom) [homerrecroom](https://www.facebook.com/homerrecroom) [ig](https://www.instagram.com/recroomhomer) [recroomhomer](https://www.instagram.com/recroomhomer)

Opioid-Related Resources

The Exchange (Megan's Place)

FREE & CONFIDENTIAL. Clean needles, used needle disposal, free naloxone (overdose) kits & training, and free rapid on-site HIV/AIDS & Hep-C testing.

Phone: (907) 841-7204

Email: homerexchange@gmail.com

1st & 3rd Tuesdays monthly, 5:00pm - 7:00pm
SPH Training Center, 203 W. Pioneer Ave, Homer

Narcotics Anonymous Meetings

Step Into Freedom NA Meeting

Thursdays, 7:00pm-8:00pm

Glacierview Baptist Church (outbuilding)
960 E. End Rd., Homer

Contact: (907) 756-3530

For Families & Friends

Nar-Anon Family Groups

Worldwide fellowship & 12-step program for those affected by someone else's addiction.

www.nar-anon.org

Parent-to-Parent Support Group

For those affected by their child's or grandchild's addiction. **Contact Pamela:** (907) 299-3606
or Jane: (907) 299-0608

Medication Assisted Treatment Services

MAT is available for adults experiencing **substance use disorders (including alcohol).**

Homer Medical Center MAT Program

Call or text (confidential): (907) 299-1264
4136 Bartlett Street, Homer

NTC Recovery Outreach

Contact Annette (confidential): (907) 740-3330
Offices in Homer and Ninilchik

All Things Recovery Coalition

Working together to address addiction issues and support recovery. **Anyone can participate!**

Email skpallthingsrecovery@gmail.com

or call (907) 756-3530 to get involved.

More info at allthingsrecovery.org

Homer Area Support Group & Resources Guide



Dial 988 for Suicide & Crisis Lifeline

24/7, free & confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals in the United States.

CALL 911 IN AN EMERGENCY

This pamphlet is created and distributed by the South Peninsula Hospital Health & Wellness Department. To request printed copies, add or change info contact: wellness@sphosp.org. Updated: 10/2023

12-Step Groups

Alcoholics Anonymous:

Kenai Peninsula AA Info: (907) 283-5722
aahomer.org - local meeting schedules & info

Anchor Point Alcoholics Anonymous

Contact: (907) 299-3317
Mon, Wed, & Fri, 7:00pm-8:00pm
Anchor Point Chamber of Commerce Visitors Center
34175 Sterling Hwy., Anchor Point

Homer End of the Road Group

Contact: (907) 235-6822
Meeting in person daily, noon-1pm and 8-9pm
126 W. Pioneer Ave. Suite 1, Homer

Homer Unity Group

Contact: (907) 299-6226
Tues, Thurs, & Fri, 6:30pm-7:30pm
On Zoom (info at aahomer.org)
and in person at Homer United Methodist Church
770 E. End Rd., Homer (Downstairs)

Living in the Solution Women's AA Meeting

Contact: (907) 299-4073
Wednesdays, 6:30pm-7:30pm
Homer United Methodist Church
770 E End Rd., Homer (Downstairs)

Ninilchik Group of AA

Contact: (907) 953-0273
Tues. & Thurs., 7:00pm-8:00pm
St. Peter the Fisherman Methodist Church
15811 Sterling Hwy., Ninilchik

Seldovia Group of AA

Contact for info: (907) 399-8223

Narcotics Anonymous:

Statewide Info/Helpline: (866) 258-6329
akna.org - statewide meeting schedule

Step Into Freedom Group of NA (Homer)

Contact: (907) 756-3530
Thursdays, 7:00pm-8:00pm
Glacierview Baptist Church (outbuilding)
960 E. End Rd., Homer

Co-Dependents Anonymous

(not currently meeting)

An anonymous fellowship whose common purpose is to develop healthy relationships.

More info and online meetings: coda.org

Local contact: (907) 235-5253

Overeaters Anonymous

(not currently meeting)

A community of people who are recovering from unhealthy relationships with food through shared experience, strength, and hope.

State & online meeting info: aa-alaska.org.

Local contact: (907) 235-5253

Sex and Love Addicts Anonymous

For anyone seeking help with an addictive compulsion to engage in or avoid sex, love, or emotional attachment.

Contact by phone: (907) 843-1290
or email: safehavenhomer@gmail.com

Thursdays, 7:00pm-8:00pm

Visit slaafws.org for more SLAA information, resources & online, in-person & phone meetings.

Substance Use Disorder Treatment Facilities & Services

(Medication Assisted Treatment & additional substance use-related resources located on back panel)

Set Free Alaska, Inc. - Homer

1130 Ocean Drive, Suite A Office: (907) 235-4732
Men's Residential Treatment Program: (907) 235-4733

Outpatient substance use disorder treatment services for men & women, and a men's only residential treatment facility located in Homer.

More info at setfreealaska.org

Cook Inlet Counseling (CICADA)

1230 Ocean Drive, Homer
Office Phone: (907) 235-8001

Outpatient treatment services including referrals for residential treatment, and substance use disorder counseling for adults and adolescents.

More info at cookinletcounseling.org

Non 12-Step Support Groups

Alaska Eating Disorders Alliance

Helping Alaskans address and overcome eating disorders. AKEDA Support Groups are online, **free & confidential**—registration and more info here:

akeatingdisordersalliance.org/support-groups

National Eating Disorder Association toll-free, confidential helpline:

1-800-931-2237

Caregiver Support Group

Guest speakers, training, & support for those involved in the care of loved ones.

Contact: (907) 299-7198

2nd & 4th Thursdays, monthly, 2:30pm-3:30pm

Homer Senior Citizens Center (back entrance)
3925 Svedlund St., Homer

Hospice of Homer Grief Support

For anyone suffering loss or experiencing bereavement. **One-on-one & correspondence support is also available.**

Hospice of Homer, E Pioneer Ave #3

Contact: (907) 235-6899

General Grief & Loss Group

If you have lost someone, this group is for you.
Thursdays, 3:00pm - 4:00pm

Widows/Widowers Support Group

For those who have lost their spouse or life partner.
Tuesdays, 1:30pm

Trauma Support Group

2nd and 4th Wednesdays, 5:30pm - 6:30pm

NAMI Alaska

Alaska Chapter of the National Alliance on Mental Illness. **Offering free online peer-led support groups for adults**—registration and more info here:

namialaska.org/support-and-education/support-groups/

Parent-to-Parent Support Group

For people affected by their child's or grandchild's addiction. **Contact Pamela:** (907) 299-3606
or Jane: (907) 299-0608

Parkinson's Support Group

For people diagnosed with Parkinson's and their caregivers. **Contact for info:** (907) 299-1413
Visit adpapakinson.org for more info & resources.